

## 2023 Kingston "First Capital" SCY Masters Swi - 10/8/2023

## Results - Session 1

**Event 1 Women 18-24 100 Yard IM**

Name	Age	Team	Seed Time	Finals Time
--- Roepke, Emma	24	Uc06	1:12.00	NS

**Event 1 Women 25-29 100 Yard IM**

1 Kane, Erin	27	Adirondack Masters-3	1:07.47	1:08.26
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**Event 1 Women 35-39 100 Yard IM**

1 Seckler, Rachel	35	New England Masters Swim Club-2	3:33.00	2:07.98
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**Event 1 Women 40-44 100 Yard IM**

--- Nowak, Halina	43	Mission Viejo Masters-33	1:50.53	NS
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**Event 1 Women 50-54 100 Yard IM**

1 Lather, Cindy	53	Adirondack Masters-3	1:50.00	1:39.86
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**Event 1 Women 55-59 100 Yard IM**

1 Towne, Suzanne	58	New England Masters Swim Club-2	1:19.77	1:20.49
2 Hassan, Marianne	59	Adirondack Masters-3	1:30.00	1:28.16
3 Gummersheimer, Tammy	59	Vent Fitness - Latham-3	NT	1:45.67

**Event 1 Women 60-64 100 Yard IM**

1 Sisk, Bridget	63	New England Masters Swim Club-2	2:25.00	2:08.03
--- Bergstrom, Jody	60	Mission Viejo Masters-33	1:15.33	NS

**Event 1 Women 70-74 100 Yard IM**

1 Atkinson, Fiona	73	New England Masters Swim Club-2	1:45.00	1:40.47
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**Event 1 Men 18-24 100 Yard IM**

1 Yan, Patrick	20	Uc06	57.63	55.87
2 Euyoque, Kevin	18	Pineapples-6	59.99	1:04.18
--- Bonnick, Zail	21	Pineapples-6	1:10.00	NS

**Event 1 Men 45-49 100 Yard IM**

1 Wehmann, Kurt	46	Team New York Aquatics-6	1:11.18	1:13.12
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**Event 1 Men 50-54 100 Yard IM**

1 Wright, Jason	54	Pineapples-6	1:15.00	1:27.80
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**Event 1 Men 65-69 100 Yard IM**

1 Henzler, David	66	Hudson Valley Dolphins-6	1:35.13	1:37.62
2 Hickey, Thomas	68	Metro Masters Swim Club-6	5:00.00	2:16.73

**Event 2 Women 18-24 50 Yard Freestyle**

1 Coolidge, Emily	21	New England Masters Swim Club-2	36.50	38.31
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**Event 2 Women 35-39 50 Yard Freestyle**

1 Seckler, Rachel	35	New England Masters Swim Club-2	1:11.00	51.20
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**Event 2 Women 40-44 50 Yard Freestyle**

--- Nowak, Halina	43	Mission Viejo Masters-33	47.07	NS
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**Event 2 Women 55-59 50 Yard Freestyle**

1 Hassan, Marianne	59	Adirondack Masters-3	38.00	35.10
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**Event 2 Women 60-64 50 Yard Freestyle**

1 Hickey, Marilyn	64	New England Masters Swim Club-2	1:00.00	49.92
2 Sisk, Bridget	63	New England Masters Swim Club-2	1:00.00	50.84

**Event 2 Women 65-69 50 Yard Freestyle**

--- Meany, Kathleen	67	Adirondack Masters-3	43.41	NS
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## 2023 Kingston "First Capital" SCY Masters Swi - 10/8/2023

## Results - Session 1

**Event 2 Men 18-24 50 Yard Freestyle**

1	Yan, Patrick	20	Uc06	24.00	23.79
2	Litovsky, Leo	24	Adirondack Masters-3	24.50	24.13
3	Sostre, Aaron	24	Pineapples-6	29.99	25.76
4	Powers, Andrew	22	Total Masters Swimming-6	27.18	29.14

**Event 2 Men 25-29 50 Yard Freestyle**

1	Serrano Laguna, Manuel	27	Uc03	25.00	22.98
2	Nguyen, Hao	29	Pineapples-6	23.99	23.86

**Event 2 Men 30-34 50 Yard Freestyle**

1	Strothenke, Luke	31	Adirondack Masters-3	21.66	22.43
2	Distler, Matthew	31	Adirondack Masters-3	22.90	23.13
3	Strothenke, Daniel	33	Adirondack Masters-3	23.50	23.53
---	Stilin, Joe	33	Uc06	26.50	NS

**Event 2 Men 35-39 50 Yard Freestyle**

1	Reynolds, Connor	38	Uc06	26.70	26.86
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**Event 2 Men 50-54 50 Yard Freestyle**

1	Wright, Jason	54	Pineapples-6	31.30	34.00
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**Event 2 Men 55-59 50 Yard Freestyle**

1	Dempsey, Brian	56	Uc06	31.00	29.93
2	Kilpert, Rob	59	Uc03	40.00	32.94
3	Shadlock, Steve	59	Adirondack Masters-3	33.20	33.65

**Event 2 Men 60-64 50 Yard Freestyle**

1	Hutchinson, David	63	New England Masters Swim Club-2	50.00	44.84
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**Event 3 Women 25-29 50 Yard Breaststroke**

1	Robibero, Nicki	26	Uc03	36.00	34.98
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**Event 3 Women 40-44 50 Yard Breaststroke**

---	Nowak, Halina	43	Mission Viejo Masters-33	56.93	NS
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**Event 3 Women 50-54 50 Yard Breaststroke**

1	Lather, Cindy	53	Adirondack Masters-3	53.00	51.43
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**Event 3 Women 55-59 50 Yard Breaststroke**

---	Gummersheimer, Tammy	59	Vent Fitness - Latham-3	NT	NS
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**Event 3 Women 60-64 50 Yard Breaststroke**

---	Bergstrom, Jody	60	Mission Viejo Masters-33	37.91	NS
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**Event 3 Women 65-69 50 Yard Breaststroke**

---	Meany, Kathleen	67	Adirondack Masters-3	55.99	NS
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**Event 3 Women 70-74 50 Yard Breaststroke**

1	Atkinson, Fiona	73	New England Masters Swim Club-2	46.09	48.56
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**Event 3 Men 18-24 50 Yard Breaststroke**

1	Montee, Dillon	20	Pineapples-6	28.82	30.10
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**Event 3 Men 25-29 50 Yard Breaststroke**

1	Serrano Laguna, Manuel	27	Uc03	29.00	27.90
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**Event 3 Men 45-49 50 Yard Breaststroke**

1	Lathrum, Ryan	46	Agua Masters-6	29.15	29.61
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## 2023 Kingston "First Capital" SCY Masters Swi - 10/8/2023

## Results - Session 1

**Event 3 Men 50-54 50 Yard Breaststroke**

1	Wright, Jason	54	Pineapples-6	42.00	44.41
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**Event 3 Men 55-59 50 Yard Breaststroke**

1	Bubel, Joseph	55	Adirondack Masters-3	32.02	33.11
2	Dempsey, Brian	56	Uc06	40.00	39.21

**Event 3 Men 60-64 50 Yard Breaststroke**

1	Hutchinson, David	63	New England Masters Swim Club-2	58.00	50.10
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**Event 4 Women 40-44 100 Yard Backstroke**

---	Nowak, Halina	43	Mission Viejo Masters-33	1:30.00	NS
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**Event 4 Women 55-59 100 Yard Backstroke**

1	Towne, Suzanne	58	New England Masters Swim Club-2	1:24.13	1:24.30
2	Gummersheimer, Tammy	59	Vent Fitness - Latham-3	NT	1:44.73

**Event 4 Women 60-64 100 Yard Backstroke**

---	Bergstrom, Jody	60	Mission Viejo Masters-33	1:20.00	NS
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**Event 4 Women 70-74 100 Yard Backstroke**

1	Gardner, Cynthia	72	New England Masters Swim Club-2	1:50.00	1:49.79
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**Event 4 Men 18-24 100 Yard Backstroke**

1	Chamak, Joshua	23	Pineapples-6	53.39	55.46
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**Event 4 Men 65-69 100 Yard Backstroke**

---	Henzler, David	66	Hudson Valley Dolphins-6	1:33.80	NS
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**Event 5 Men 25-29 100 Yard Butterfly**

1	Ordabayev, Dayan	27	Pineapples-6	57.57	56.53
2	Nguyen, Hao	29	Pineapples-6	57.99	59.28

**Event 5 Men 55-59 100 Yard Butterfly**

---	Kilpert, Rob	59	Uc03	1:45.00	DQ
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**Event 5 Men 65-69 100 Yard Butterfly**

1	Hickey, Thomas	68	Metro Masters Swim Club-6	2:56.00	2:36.41
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**Event 5 Men 75-79 100 Yard Butterfly**

1	Becker, Jim	77	Adirondack Masters-3	1:40.00	1:37.46
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**Event 6 Women 18-24 500 Yard Freestyle**

1	Coolidge, Emily	21	New England Masters Swim Club-2	8:49.16	8:05.10
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**Event 6 Women 60-64 500 Yard Freestyle**

---	Sisk, Bridget	63	New England Masters Swim Club-2	11:00.00	SCR
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**Event 6 Men 18-24 500 Yard Freestyle**

1	Litovsky, Leo	24	Adirondack Masters-3	6:10.00	6:00.70
2	Powers, Andrew	22	Total Masters Swimming-6	7:03.00	6:57.40

**Event 6 Men 25-29 500 Yard Freestyle**

1	Ordabayev, Dayan	27	Pineapples-6	5:45.45	5:34.31
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**Event 6 Men 30-34 500 Yard Freestyle**

1	Russell, Tim	34	Uc03	6:10.00	6:02.27
---	Stilin, Joe	33	Uc06	5:45.00	SCR

## 2023 Kingston "First Capital" SCY Masters Swi - 10/8/2023

## Results - Session 1

**Event 6 Men 65-69 500 Yard Freestyle**

1	Heidemann, Scott	66	New England Masters Swim Club-2	9:50.00	9:03.97
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**Event 6 Men 80-84 500 Yard Freestyle**

1	Koop, Douglas	82	Adirondack Masters-3	10:00.00	9:57.36
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**Event 7 Men 65-69 400 Yard IM**

1	Hickey, Thomas	68	Metro Masters Swim Club-6	15:00.00	10:58.47
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**Event 8 Mixed 18+ 400 Yard Medley Relay**

1	New England Masters Swim Club	A		NT	7:41.13
	1) Sisk, Bridget W63	2) Gardner, Cynthia W72	3) Towne, Suzanne W58	4) Hickey, Marilyn W64	

**Event 9 Women 25-29 200 Yard Breaststroke**

1	Kane, Erin	27	Adirondack Masters-3	2:50.00	2:50.12
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**Event 9 Women 40-44 200 Yard Breaststroke**

---	Nowak, Halina	43	Mission Viejo Masters-33	NT	NS
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**Event 9 Women 60-64 200 Yard Breaststroke**

---	Bergstrom, Jody	60	Mission Viejo Masters-33	3:04.82	NS
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**Event 9 Men 45-49 200 Yard Breaststroke**

1	Lathrum, Ryan	46	Agua Masters-6	2:20.50	2:24.19
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**Event 9 Men 60-64 200 Yard Breaststroke**

1	Hutchinson, David	63	New England Masters Swim Club-2	4:00.00	3:53.23
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**Event 9 Men 75-79 200 Yard Breaststroke**

1	Becker, Jim	77	Adirondack Masters-3	3:45.00	3:46.22
2	Quackenbush, Matthew	76	Adirondack Masters-3	NT	4:35.19

**Event 10 Women 18-24 50 Yard Butterfly**

---	Roepke, Emma	24	Uc06	29.00	NS
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**Event 10 Women 25-29 50 Yard Butterfly**

1	Robibero, Nicki	26	Uc03	38.00	33.60
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**Event 10 Women 35-39 50 Yard Butterfly**

1	Seckler, Rachel	35	New England Masters Swim Club-2	1:23.00	58.91
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**Event 10 Men 18-24 50 Yard Butterfly**

1	Chamak, Joshua	23	Pineapples-6	25.99	24.69
2	Euyoque, Kevin	18	Pineapples-6	24.99	27.33
3	Yan, Patrick	20	Uc06	25.00	29.14
---	Bonnick, Zail	21	Pineapples-6	27.00	NS

**Event 10 Men 30-34 50 Yard Butterfly**

1	Strothenke, Daniel	33	Adirondack Masters-3	27.50	27.31
---	Stilin, Joe	33	Uc06	28.00	NS

**Event 10 Men 35-39 50 Yard Butterfly**

1	Reynolds, Connor	38	Uc06	28.54	29.00
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**Event 10 Men 55-59 50 Yard Butterfly**

---	Bubel, Joseph	55	Adirondack Masters-3	28.60	NS
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**Event 10 Men 65-69 50 Yard Butterfly**

1	Henzler, David	66	Hudson Valley Dolphins-6	40.50	48.90
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## 2023 Kingston "First Capital" SCY Masters Swi - 10/8/2023

## Results - Session 1

**Event 12 Women 18-24 200 Yard IM**

---	Roepke, Emma	24	Uc06	2:26.00	NS
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**Event 12 Women 35-39 200 Yard IM**

1	Seckler, Rachel	35	New England Masters Swim Club-2	6:11.00	4:23.34
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**Event 12 Women 70-74 200 Yard IM**

1	Atkinson, Fiona	73	New England Masters Swim Club-2	3:45.00	3:45.98
2	Gardner, Cynthia	72	New England Masters Swim Club-2	4:08.00	4:02.12

**Event 12 Men 18-24 200 Yard IM**

1	Yan, Patrick	20	Uc06	2:07.89	2:05.55
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**Event 12 Men 30-34 200 Yard IM**

1	Distler, Matthew	31	Adirondack Masters-3	2:15.00	2:14.78
---	Stilin, Joe	33	Uc06	2:20.00	NS

**Event 12 Men 65-69 200 Yard IM**

1	Hickey, Thomas	68	Metro Masters Swim Club-6	8:45.00	5:00.20
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**Event 13 Women 18-24 50 Yard Backstroke**

1	Coolidge, Emily	21	New England Masters Swim Club-2	46.00	45.10
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**Event 13 Women 50-54 50 Yard Backstroke**

1	Lather, Cindy	53	Adirondack Masters-3	53.00	43.90
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**Event 13 Women 55-59 50 Yard Backstroke**

1	Hassan, Marianne	59	Adirondack Masters-3	45.00	43.86
2	Gummersheimer, Tammy	59	Vent Fitness - Latham-3	NT	48.08

**Event 13 Men 50-54 50 Yard Backstroke**

1	Wright, Jason	54	Pineapples-6	43.00	43.52
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**Event 13 Men 55-59 50 Yard Backstroke**

1	Dempsey, Brian	56	Uc06	38.00	39.32
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**Event 13 Men 65-69 50 Yard Backstroke**

1	Henzler, David	66	Hudson Valley Dolphins-6	44.27	45.72
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**Event 14 Mixed 18+ 200 Yard Freestyle Relay**

1	Pineapples-6	A	1:35.00	1:45.37
	1) Montee, Dillon M20	2) Chamak, Joshua M23	3) Wright, Jason M54	4) Euyoque, Kevin M18
2	New England Masters Swim Club	A	NT	2:18.29
	1) Seckler, Rachel W35	2) Hutchinson, David M63	3) Heidemann, Scott M66	4) Towne, Suzanne W58

**Event 15 Women 50-54 200 Yard Freestyle**

1	Lather, Cindy	53	Adirondack Masters-3	3:00.00	3:06.55
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**Event 15 Women 55-59 200 Yard Freestyle**

1	Gummersheimer, Tammy	59	Vent Fitness - Latham-3	NT	3:21.47
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**Event 15 Women 65-69 200 Yard Freestyle**

1	Meany, Kathleen	67	Adirondack Masters-3	3:35.00	3:46.88
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**Event 15 Men 18-24 200 Yard Freestyle**

1	Euyoque, Kevin	18	Pineapples-6	1:50.00	2:05.98
2	Litovsky, Leo	24	Adirondack Masters-3	2:08.00	2:10.71
3	Powers, Andrew	22	Total Masters Swimming-6	2:24.93	2:29.76

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## Results - Session 1

**Event 15 Men 25-29 200 Yard Freestyle**

1	Ordabayev, Dayan	27	Pineapples-6	1:55.55	1:56.98
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**Event 15 Men 30-34 200 Yard Freestyle**

---	Stilin, Joe	33	Uc06	2:12.00	NS
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**Event 15 Men 65-69 200 Yard Freestyle**

1	Heidemann, Scott	66	New England Masters Swim Club-2	3:45.00	3:33.88
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**Event 15 Men 80-84 200 Yard Freestyle**

1	Koop, Douglas	82	Adirondack Masters-3	3:19.93	3:47.53
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**Event 16 Women 18-24 200 Yard Backstroke**

1	Coolidge, Emily	21	New England Masters Swim Club-2	4:16.00	3:45.93
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**Event 16 Women 55-59 200 Yard Backstroke**

1	Towne, Suzanne	58	New England Masters Swim Club-2	2:55.59	3:07.52
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**Event 17 Mixed 18+ 200 Yard Medley Relay**

1	New England Masters Swim Club	A		NT	3:09.81
	1) Seckler, Rachel W35	2) Hutchinson, David M63	3) Towne, Suzanne W58	4) Heidemann, Scott M66	

**Event 18 Women 25-29 100 Yard Freestyle**

1	Kane, Erin	27	Adirondack Masters-3	1:00.92	1:00.56
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**Event 18 Women 35-39 100 Yard Freestyle**

1	Seckler, Rachel	35	New England Masters Swim Club-2	2:17.00	1:52.09
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**Event 18 Women 50-54 100 Yard Freestyle**

---	Lather, Cindy	53	Adirondack Masters-3	1:43.00	DQ
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**Event 18 Women 55-59 100 Yard Freestyle**

1	Hassan, Marianne	59	Adirondack Masters-3	1:20.00	1:17.81
2	Gummersheimer, Tammy	59	Vent Fitness - Latham-3	NT	1:29.90

**Event 18 Women 60-64 100 Yard Freestyle**

1	Sisk, Bridget	63	New England Masters Swim Club-2	2:00.00	1:44.77
2	Hickey, Marilyn	64	New England Masters Swim Club-2	2:15.00	1:52.82

**Event 18 Women 65-69 100 Yard Freestyle**

1	Meany, Kathleen	67	Adirondack Masters-3	1:39.00	1:44.17
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**Event 18 Men 18-24 100 Yard Freestyle**

1	Sostre, Aaron	24	Pineapples-6	59.99	57.47
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**Event 18 Men 25-29 100 Yard Freestyle**

1	Nguyen, Hao	29	Pineapples-6	53.99	52.87
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**Event 18 Men 30-34 100 Yard Freestyle**

1	Strothenke, Luke	31	Adirondack Masters-3	47.36	49.31
2	Distler, Matthew	31	Adirondack Masters-3	50.00	51.28
3	Strothenke, Daniel	33	Adirondack Masters-3	54.00	53.14

**Event 18 Men 35-39 100 Yard Freestyle**

1	Reynolds, Connor	38	Uc06	58.74	59.47
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**Event 18 Men 45-49 100 Yard Freestyle**

1	Wehmann, Kurt	46	Team New York Aquatics-6	58.48	1:00.53
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## 2023 Kingston "First Capital" SCY Masters Swi - 10/8/2023

## Results - Session 1

**Event 18 Men 55-59 100 Yard Freestyle**

1	Kilpert, Rob	59	Uc03	1:15.00	1:15.75
---	Bubel, Joseph	55	Adirondack Masters-3	1:03.89	NS

**Event 18 Men 60-64 100 Yard Freestyle**

---	Hutchinson, David	63	New England Masters Swim Club-2	1:50.00	NS
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**Event 18 Men 65-69 100 Yard Freestyle**

1	Heidemann, Scott	66	New England Masters Swim Club-2	1:40.00	1:35.22
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**Event 18 Men 75-79 100 Yard Freestyle**

1	Quackenbush, Matthew	76	Adirondack Masters-3	NT	1:31.31
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**Event 18 Men 80-84 100 Yard Freestyle**

---	Koop, Douglas	82	Adirondack Masters-3	1:44.12	NS
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**Event 19 Men 65-69 200 Yard Butterfly**

1	Hickey, Thomas	68	Metro Masters Swim Club-6	6:00.00	5:43.12
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**Event 19 Men 75-79 200 Yard Butterfly**

1	Becker, Jim	77	Adirondack Masters-3	3:45.00	3:41.65
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**Event 20 Mixed 18+ 800 Yard Freestyle Relay**

1	New England Masters Swim Club	A	NT	14:23.59
	1) Gardner, Cynthia W72	2) Seckler, Rachel W35	3) Hickey, Marilyn W64	4) Sisk, Bridget W63

**Event 21 Women 18-24 100 Yard Breaststroke**

---	Roepke, Emma	24	Uc06	1:23.00	NS
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**Event 21 Women 25-29 100 Yard Breaststroke**

1	Robibero, Nicki	26	Uc03	1:18.00	1:17.69
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**Event 21 Women 50-54 100 Yard Breaststroke**

---	Lather, Cindy	53	Adirondack Masters-3	1:58.00	NS
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**Event 21 Women 70-74 100 Yard Breaststroke**

1	Atkinson, Fiona	73	New England Masters Swim Club-2	1:46.27	1:50.60
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**Event 21 Men 18-24 100 Yard Breaststroke**

1	Yan, Patrick	20	Uc06	1:05.65	1:03.56
2	Montee, Dillon	20	Pineapples-6	1:07.19	1:09.66

**Event 21 Men 25-29 100 Yard Breaststroke**

1	Serrano Laguna, Manuel	27	Uc03	1:05.00	59.69
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**Event 21 Men 45-49 100 Yard Breaststroke**

---	Lathrum, Ryan	46	Agua Masters-6	1:04.50	NS
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**Event 21 Men 55-59 100 Yard Breaststroke**

1	Shadlock, Steve	59	Adirondack Masters-3	1:38.43	1:39.87
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**Event 21 Men 65-69 100 Yard Breaststroke**

1	Henzler, David	66	Hudson Valley Dolphins-6	1:44.05	1:46.99
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**Event 21 Men 75-79 100 Yard Breaststroke**

1	Becker, Jim	77	Adirondack Masters-3	1:45.00	1:41.30
2	Quackenbush, Matthew	76	Adirondack Masters-3	NT	1:59.13

**Event 22 Women 35-39 1000 Yard Freestyle**

1	Seckler, Rachel	35	New England Masters Swim Club-2	24:42.00	19:50.00
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## 2023 Kingston "First Capital" SCY Masters Swi - 10/8/2023

## Results - Session 1

**Event 22 Women 55-59 1000 Yard Freestyle**

1	Towne, Suzanne	58	New England Masters Swim Club-2	13:56.68	13:13.69
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**Event 22 Women 60-64 1000 Yard Freestyle**

1	Hickey, Marilyn	64	New England Masters Swim Club-2	22:00.00	21:53.46
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**Event 22 Women 70-74 1000 Yard Freestyle**

1	Gardner, Cynthia	72	New England Masters Swim Club-2	23:00.00	19:48.94
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**Event 22 Men 30-34 1000 Yard Freestyle**

1	Russell, Tim	34	Uc03	12:40.00	12:30.93
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**Event 22 Men 60-64 1000 Yard Freestyle**

1	Koran, Kevin	64	Adirondack Masters-3	20:00.00	15:13.53
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**Event 22 Men 65-69 1000 Yard Freestyle**

1	Hickey, Thomas	68	Metro Masters Swim Club-6	NT	25:04.51
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**Event 22 Men 75-79 1000 Yard Freestyle**

1	Quackenbush, Matthew	76	Adirondack Masters-3	NT	19:07.59
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**Event 22 Men 80-84 1000 Yard Freestyle**

---	Koop, Douglas	82	Adirondack Masters-3	20:00.00	SCR
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**Combined Team Scores**


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 Combined Team Scores - Through Event 22
 

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1. New England Masters Swim Club	805	2. Adirondack Masters	727
3. Pineapples	401	4. Uc06	213
5. Uc03	197	6. Metro Masters Swim Club	117
7. Vent Fitness - Latham	87	8. Hudson Valley Dolphins	80
9. Total Masters Swimming	48	10. Agua Masters	40
10. Team New York Aquatics	40		