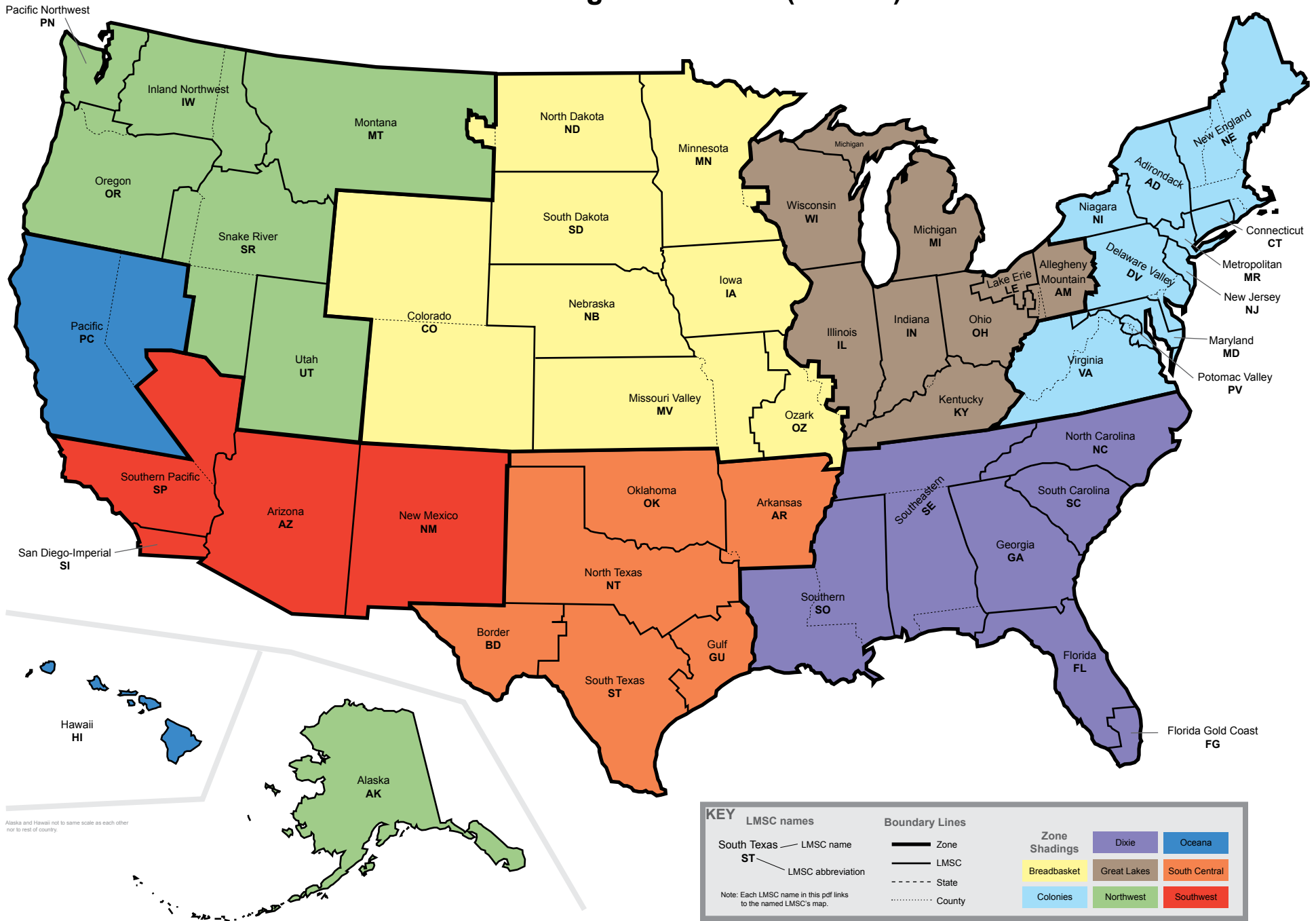


# U.S. Masters Swimming

## Local Masters Swimming Committees (LMSCs) and Zones



# Adirondack (AD / 03)

Local Masters Swimming Committee

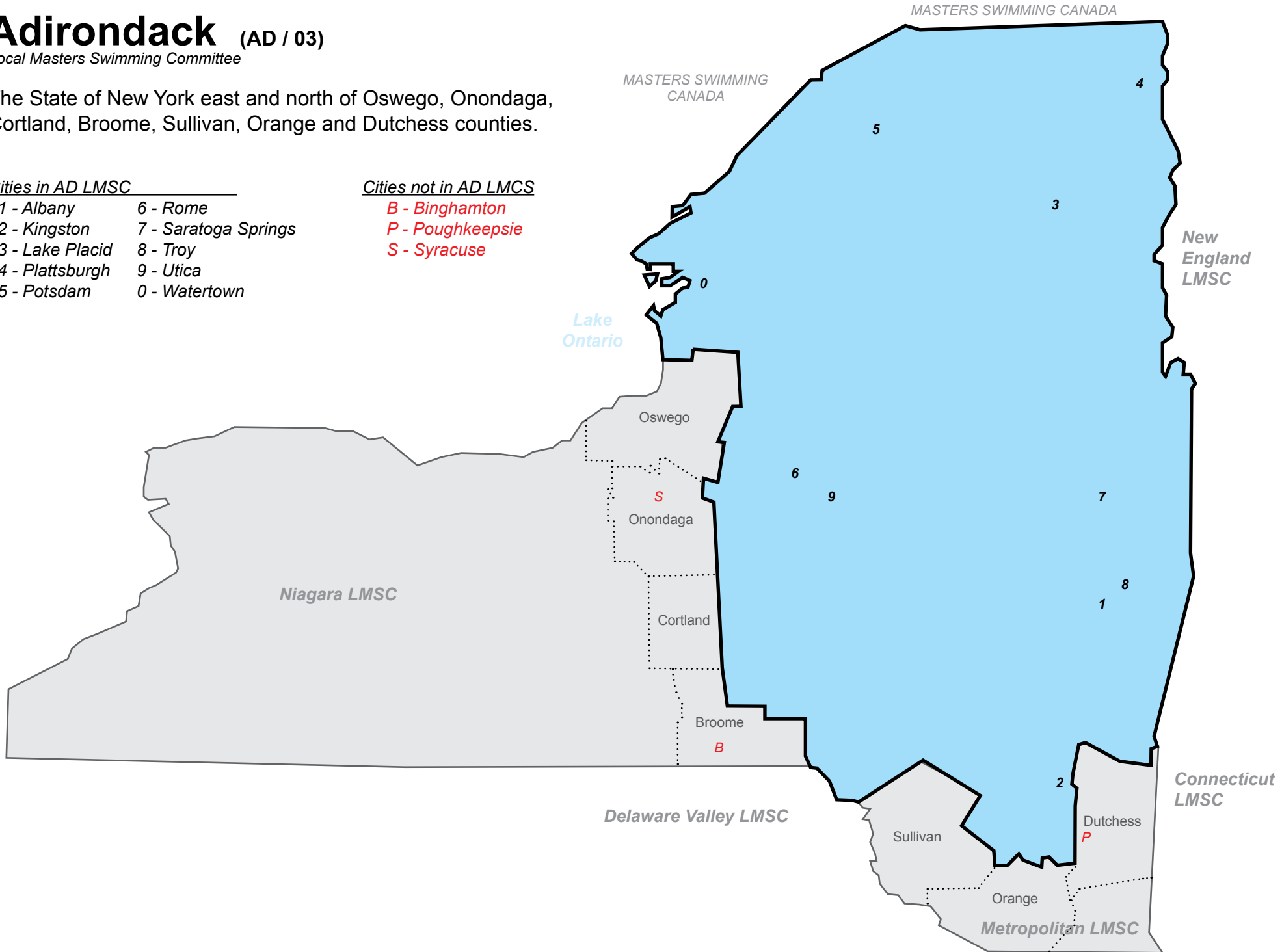
The State of New York east and north of Oswego, Onondaga, Cortland, Broome, Sullivan, Orange and Dutchess counties.

Cities in AD LMSC

- |                 |                      |
|-----------------|----------------------|
| 1 - Albany      | 6 - Rome             |
| 2 - Kingston    | 7 - Saratoga Springs |
| 3 - Lake Placid | 8 - Troy             |
| 4 - Plattsburgh | 9 - Utica            |
| 5 - Potsdam     | 0 - Watertown        |

Cities not in AD LMSC

- B - Binghamton*
- P - Poughkeepsie*
- S - Syracuse*



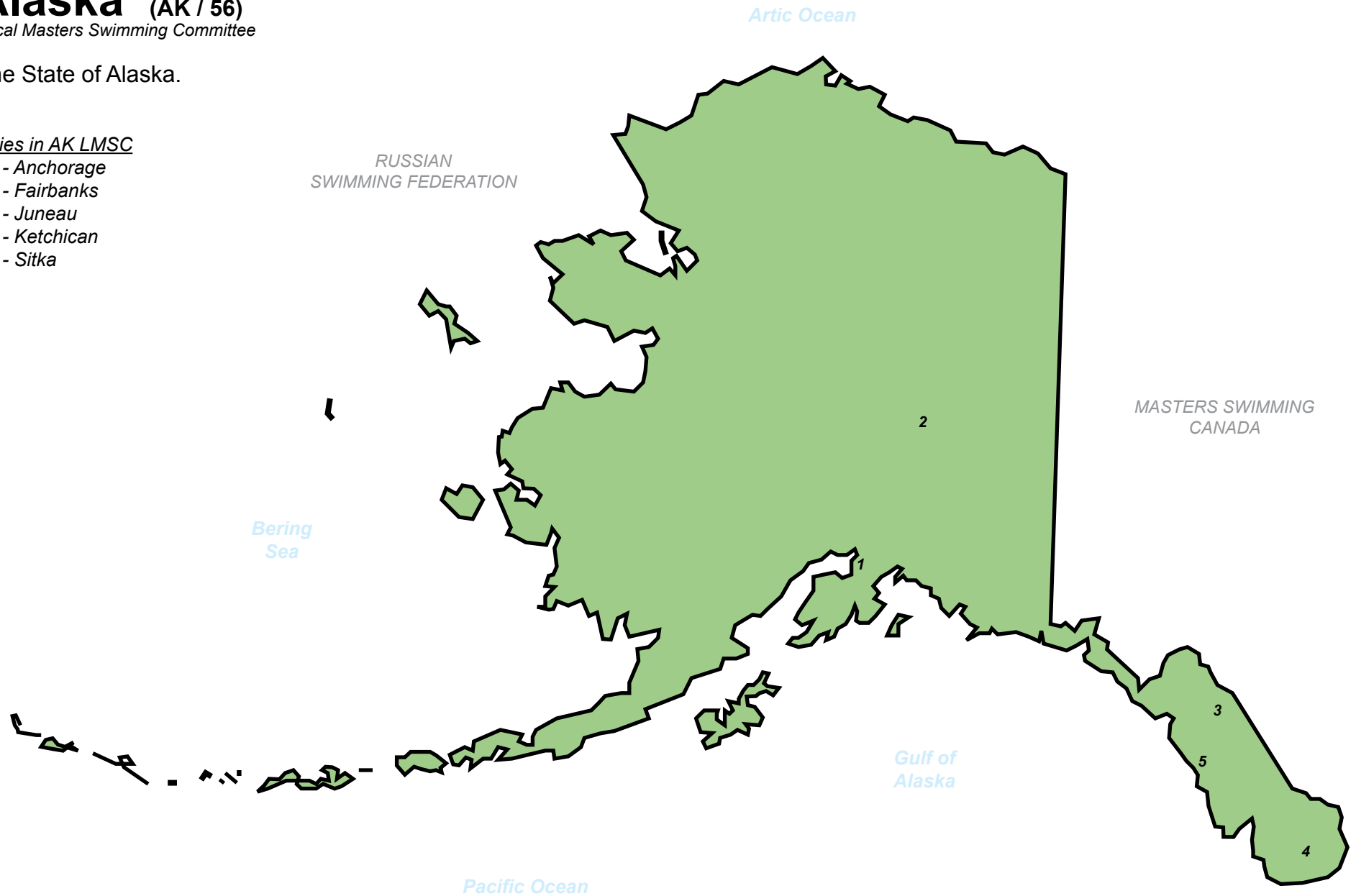
# Alaska (AK / 56)

Local Masters Swimming Committee

The State of Alaska.

## Cities in AK LMSC

- 1 - Anchorage
- 2 - Fairbanks
- 3 - Juneau
- 4 - Ketchikan
- 5 - Sitka



# Allegheny Mountain (AM / 11)

Local Masters Swimming Committee

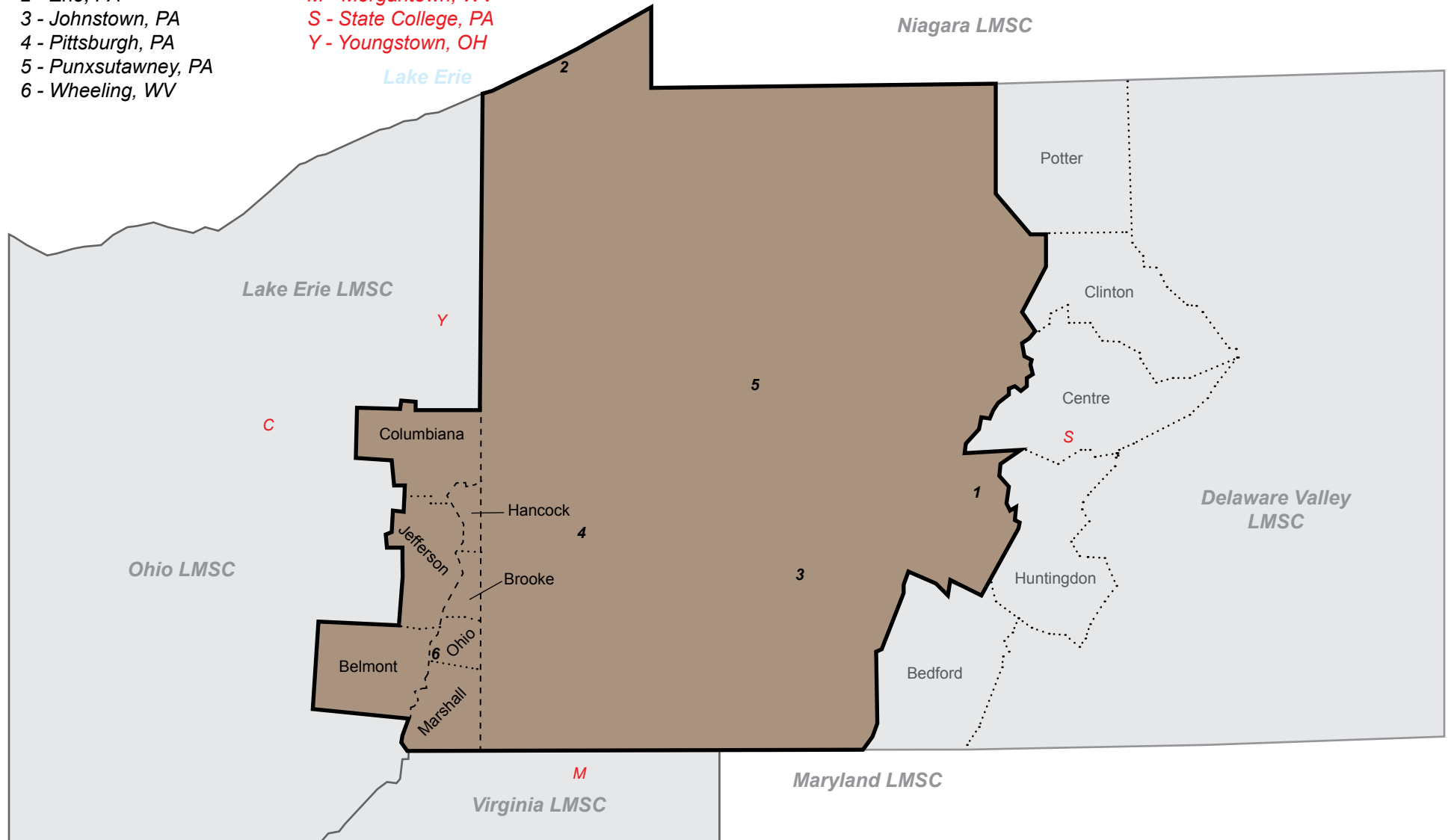
The Commonwealth of Pennsylvania west of Potter, Clinton, Centre, Huntingdon and Bedford counties; in the State of West Virginia, the counties of Marshall, Brooke, Ohio and Hancock; and in the State of Ohio the counties of Columbiana, Belmont and Jefferson.

Cities in AM LMSC

- 1 - Altoona, PA
- 2 - Erie, PA
- 3 - Johnstown, PA
- 4 - Pittsburgh, PA
- 5 - Punxsutawney, PA
- 6 - Wheeling, WV

Cities not in AM LMSC

- C - Canton, OH
- M - Morgantown, WV
- S - State College, PA
- Y - Youngstown, OH



# Arizona (AZ / 48)

Local Masters Swimming Committee

Utah LMSC

Colorado LMSC

The State of Arizona.

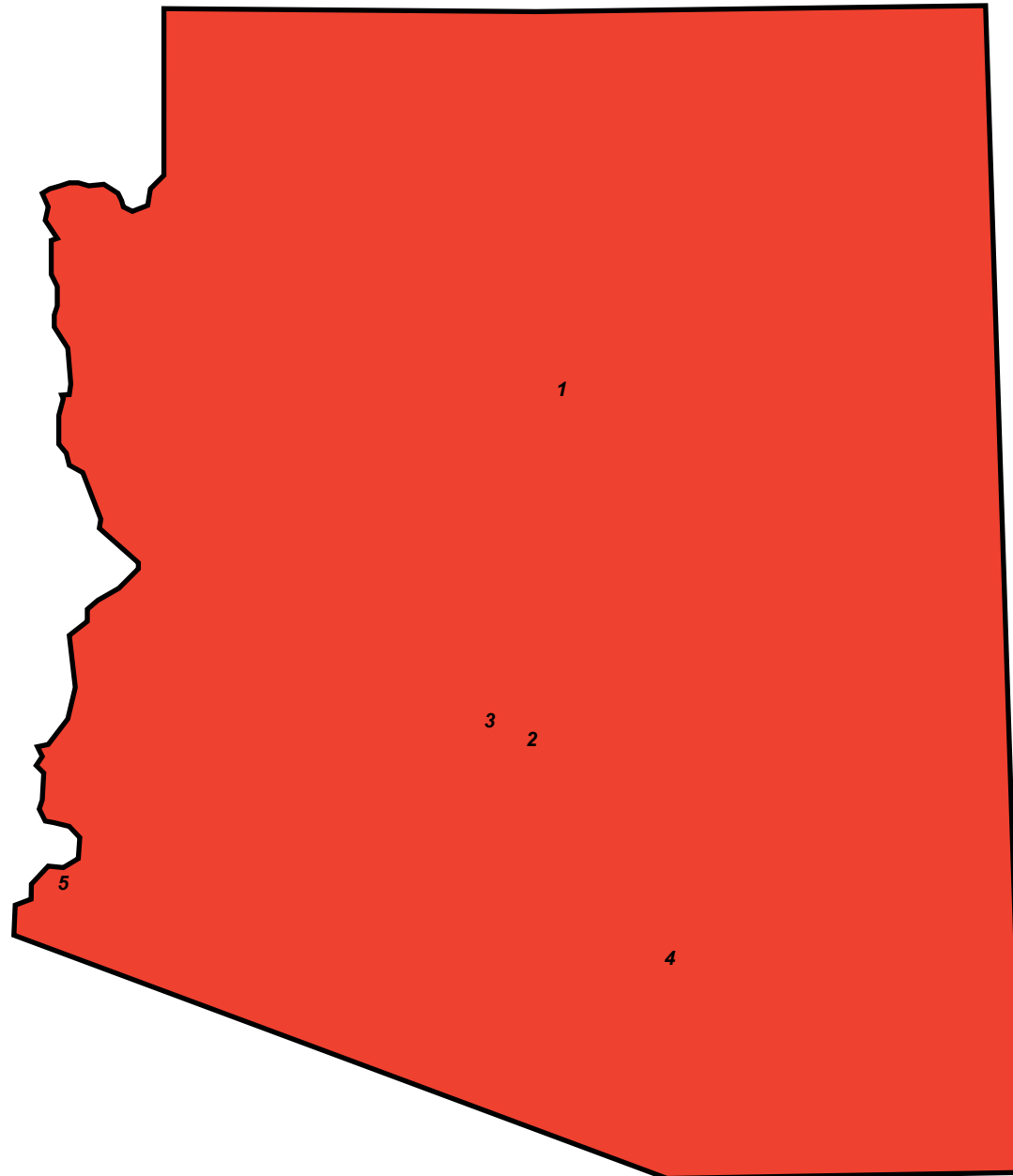
## Cities in AZ LMSC

- 1 - Flagstaff
- 2 - Mesa
- 3 - Phoenix
- 4 - Tucson
- 5 - Yuma

Southern  
Pacific  
LMSC

San Diego-Imperial  
LMSC

New  
Mexico  
LMSC



MEXICAN SWIMMING FEDERATION

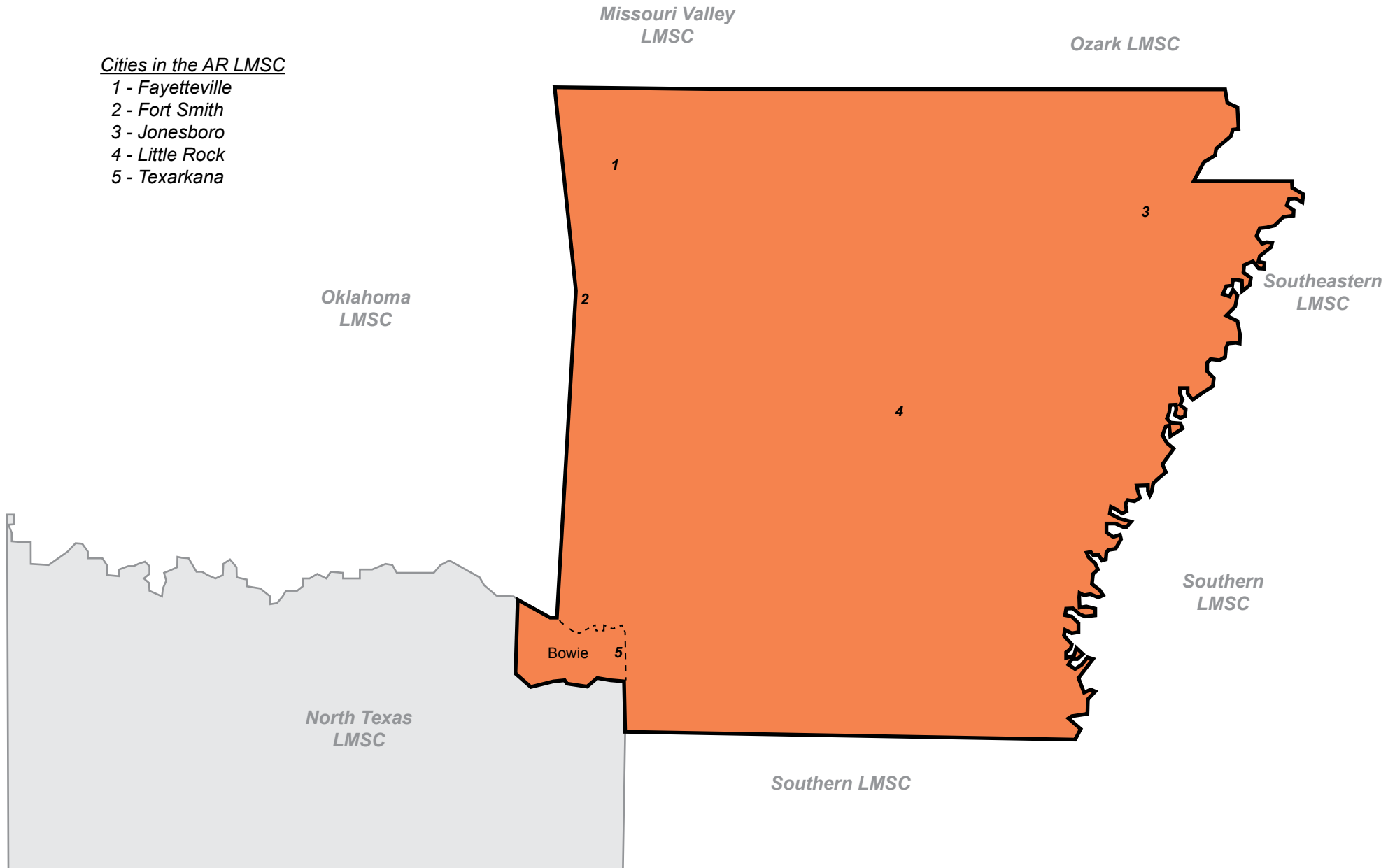
# Arkansas (AR / 23)

Local Masters Swimming Committee

The State of Arkansas. In the State of Texas, Bowie County.

## Cities in the AR LMSC

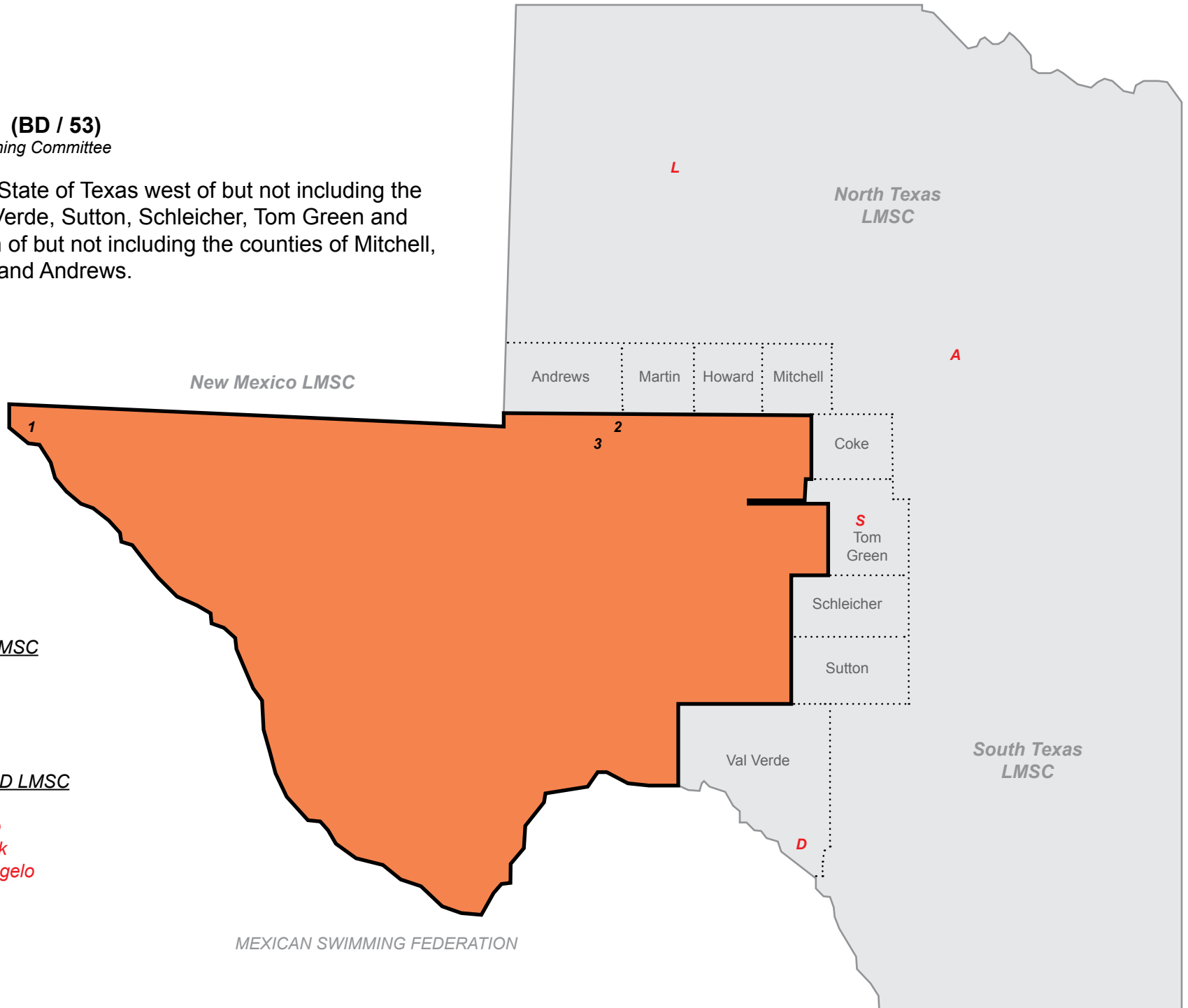
- 1 - Fayetteville
- 2 - Fort Smith
- 3 - Jonesboro
- 4 - Little Rock
- 5 - Texarkana



# Border (BD / 53)

Local Masters Swimming Committee

That part of the State of Texas west of but not including the counties of Val Verde, Sutton, Schleicher, Tom Green and Coke, and south of but not including the counties of Mitchell, Howard, Martin and Andrews.



Cities in BD LMSC

- 1 - El Paso
- 2 - Midland
- 3 - Odessa

Cities not in BD LMSC

- A - Abilene
- D - Del Rio
- L - Lubbock
- S - San Angelo

MEXICAN SWIMMING FEDERATION

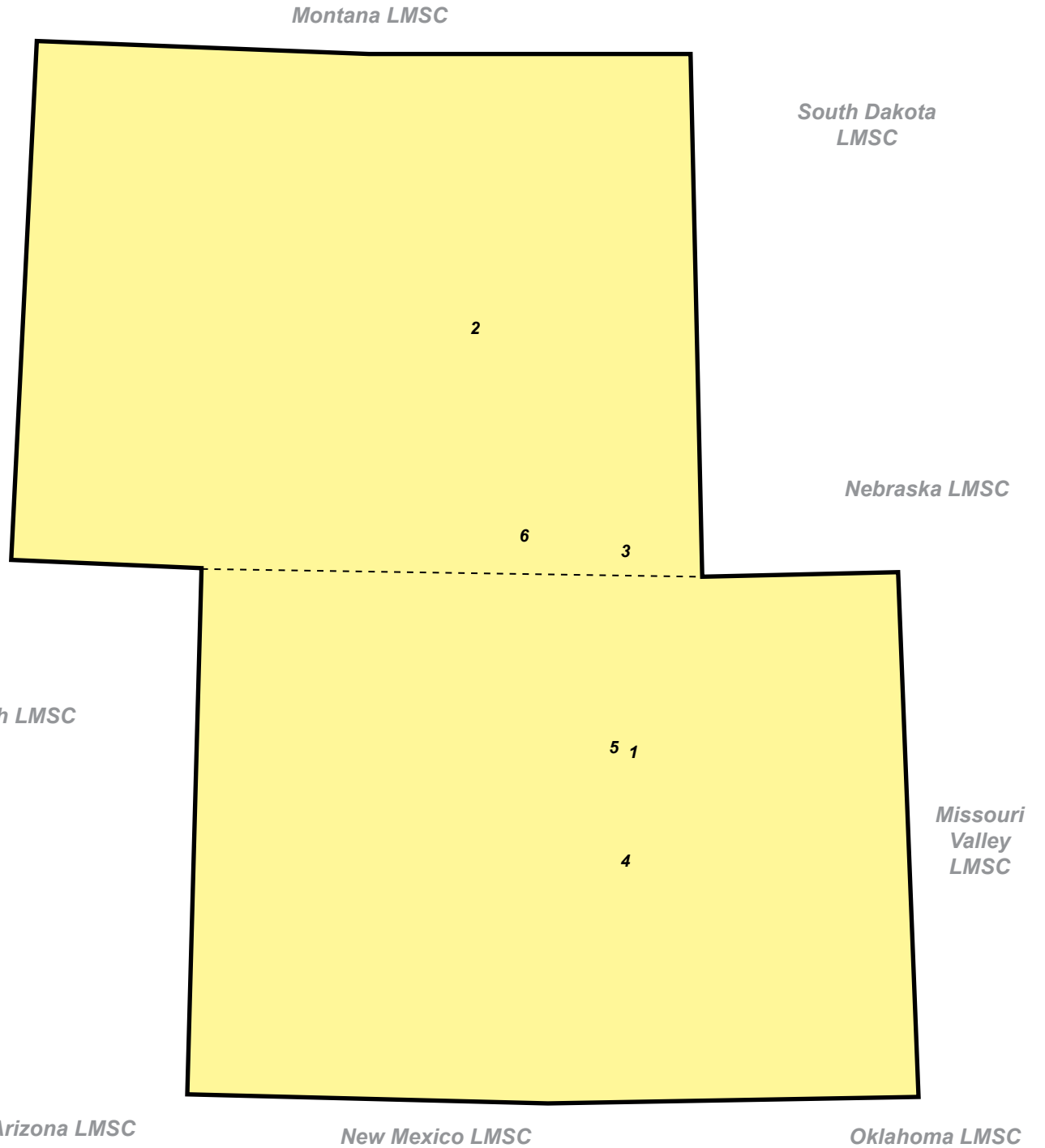
# Colorado (CO / 32)

Local Masters Swimming Committee

The states of Colorado and Wyoming.

## Cities in CO LMSC

- 1 - Aurora, CO
- 2 - Casper, WY
- 3 - Cheyenne, WY
- 4 - Colorado Springs, CO
- 5 - Denver, CO
- 6 - Laramie, WY





# Connecticut (CT / 05)

Local Masters Swimming Committee

The State of Connecticut.

## Cities in CT LMSC

- 1 - Bridgeport
- 2 - Hartford
- 3 - New Haven
- 4 - Stamford
- 5 - Waterbury

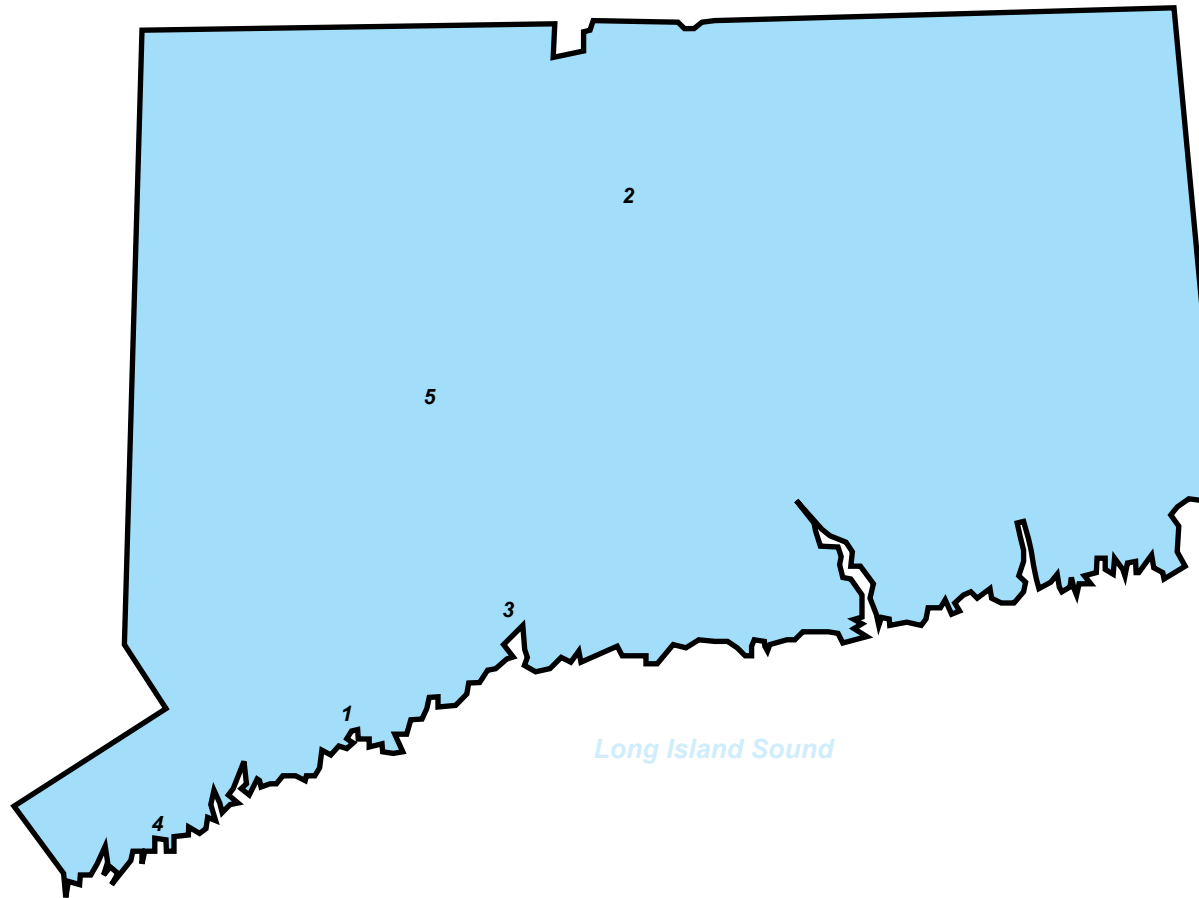
*Adirondack  
LMSC*

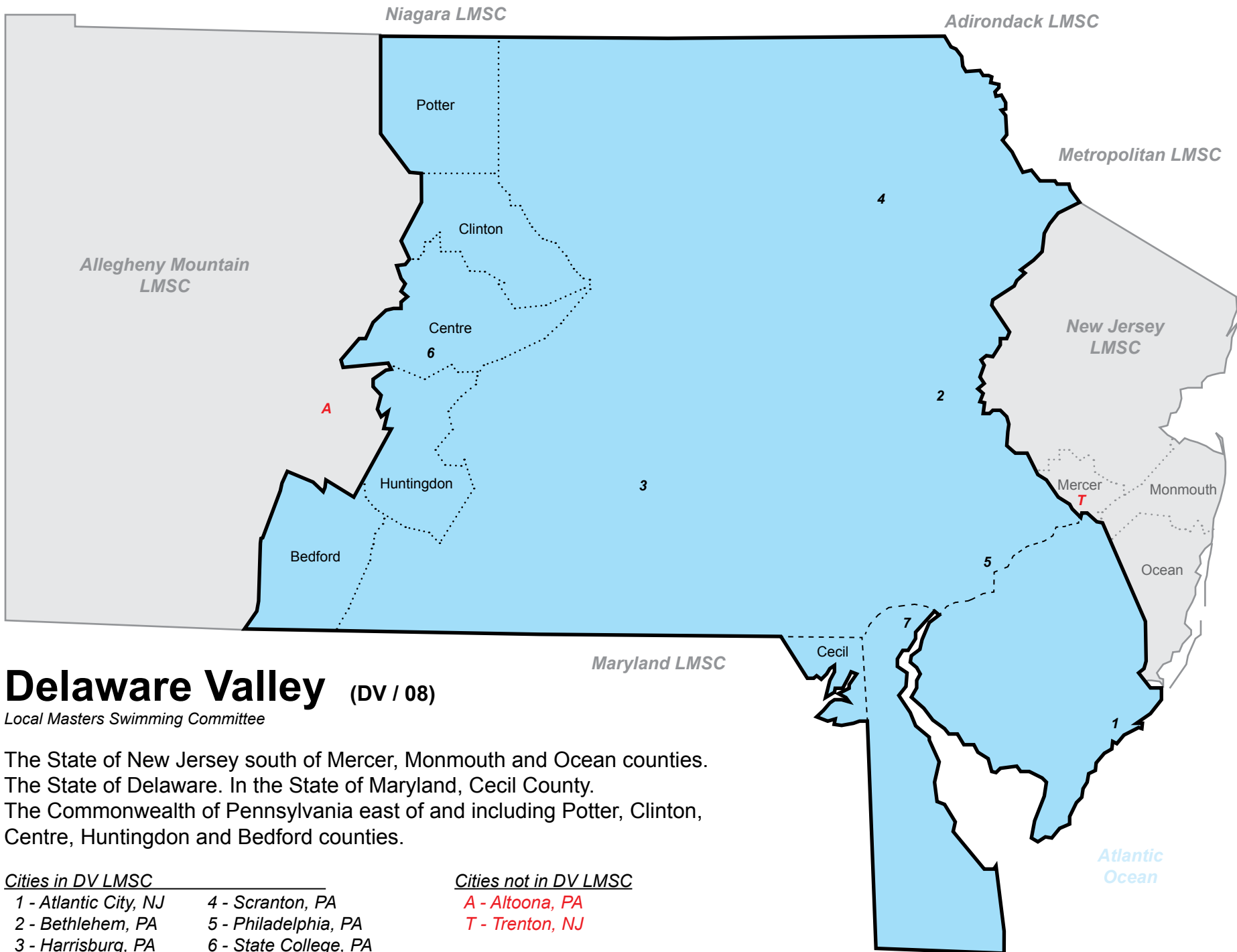
*New England LMSC*

*Metropolitan  
LMSC*

*New  
England  
LMSC*

*Long Island Sound*





# Delaware Valley (DV / 08)

Local Masters Swimming Committee

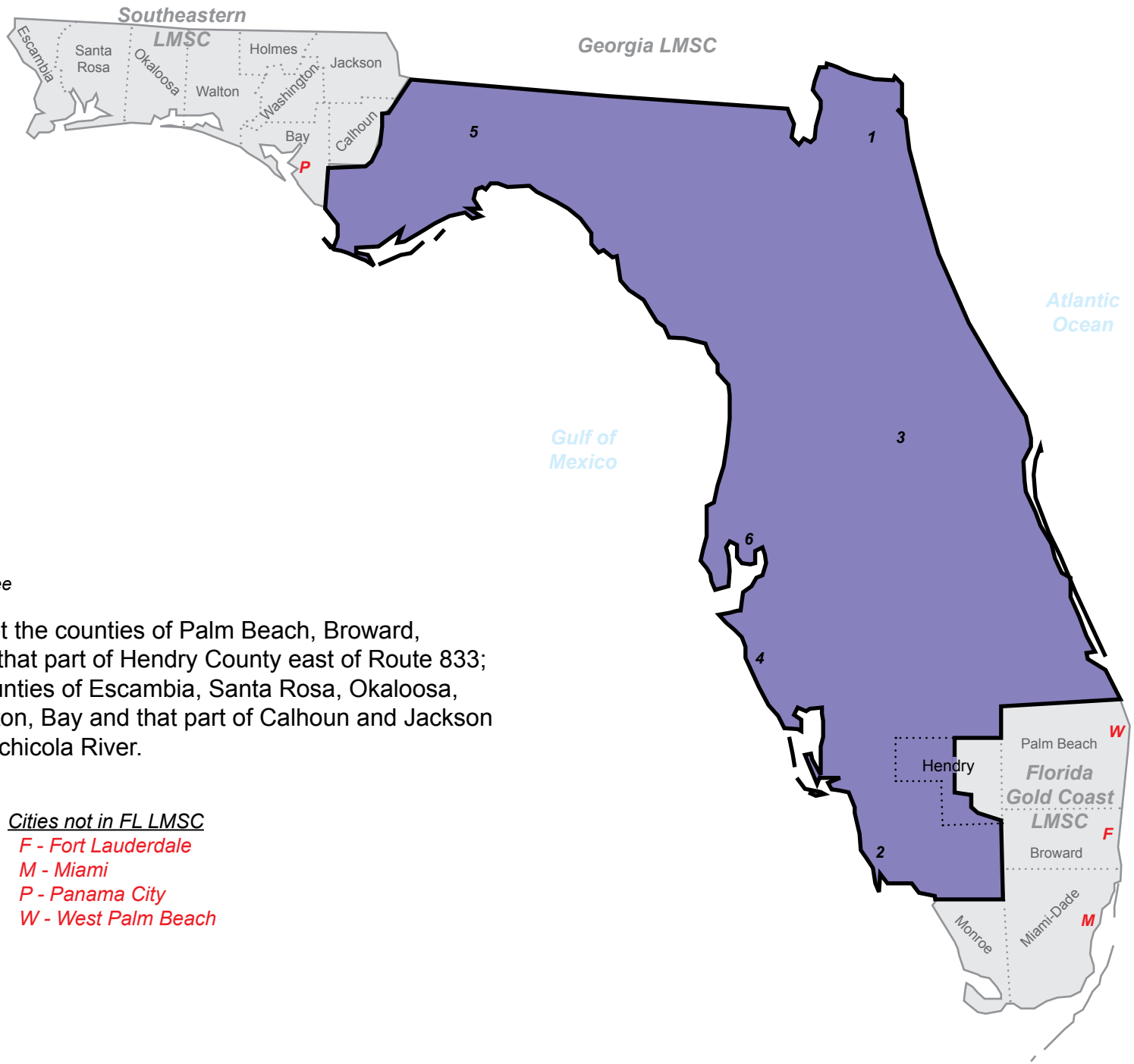
The State of New Jersey south of Mercer, Monmouth and Ocean counties.  
 The State of Delaware. In the State of Maryland, Cecil County.  
 The Commonwealth of Pennsylvania east of and including Potter, Clinton, Centre, Huntingdon and Bedford counties.

Cities in DV LMSC

- |                       |                       |
|-----------------------|-----------------------|
| 1 - Atlantic City, NJ | 4 - Scranton, PA      |
| 2 - Bethlehem, PA     | 5 - Philadelphia, PA  |
| 3 - Harrisburg, PA    | 6 - State College, PA |
|                       | 7 - Wilmington, DE    |

Cities not in DV LMSC

- A - Altoona, PA
- T - Trenton, NJ



# Florida (FL / 14)

Local Masters Swimming Committee

The State of Florida except the counties of Palm Beach, Broward, Miami-Dade, Monroe and that part of Hendry County east of Route 833; and also excluding the counties of Escambia, Santa Rosa, Okaloosa, Walton, Holmes, Washington, Bay and that part of Calhoun and Jackson counties west of the Apalachicola River.

Cities in FL LMSC

- 1 - Jacksonville
- 2 - Naples
- 3 - Orlando
- 4 - Sarasota
- 5 - Tallahassee
- 6 - Tampa

Cities not in FL LMSC

- F - Fort Lauderdale*
- M - Miami*
- P - Panama City*
- W - West Palm Beach*

# Florida Gold Coast (FG / 50)

Local Masters Swimming Committee

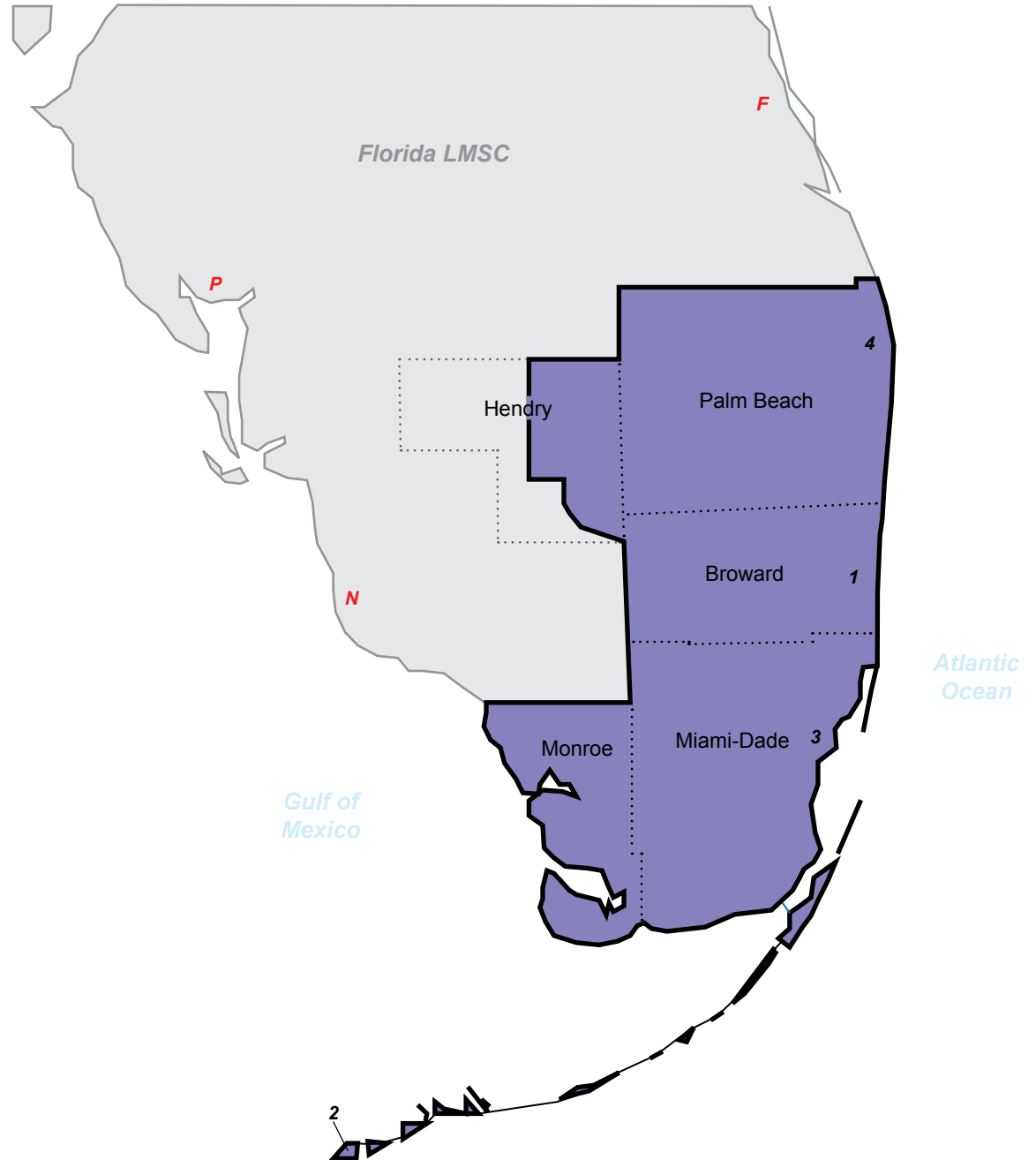
In the State of Florida, the counties of Palm Beach, Broward, Miami-Dade and Monroe, and that part of Hendry County east of Route 833.

## Cities in FG LMSC

- 1 - Fort Lauderdale
- 2 - Key West
- 3 - Miami
- 4 - West Palm Beach

## Cities not in FG LMSC

- F - Fort Pierce
- N - Naples
- P - Port Charlotte



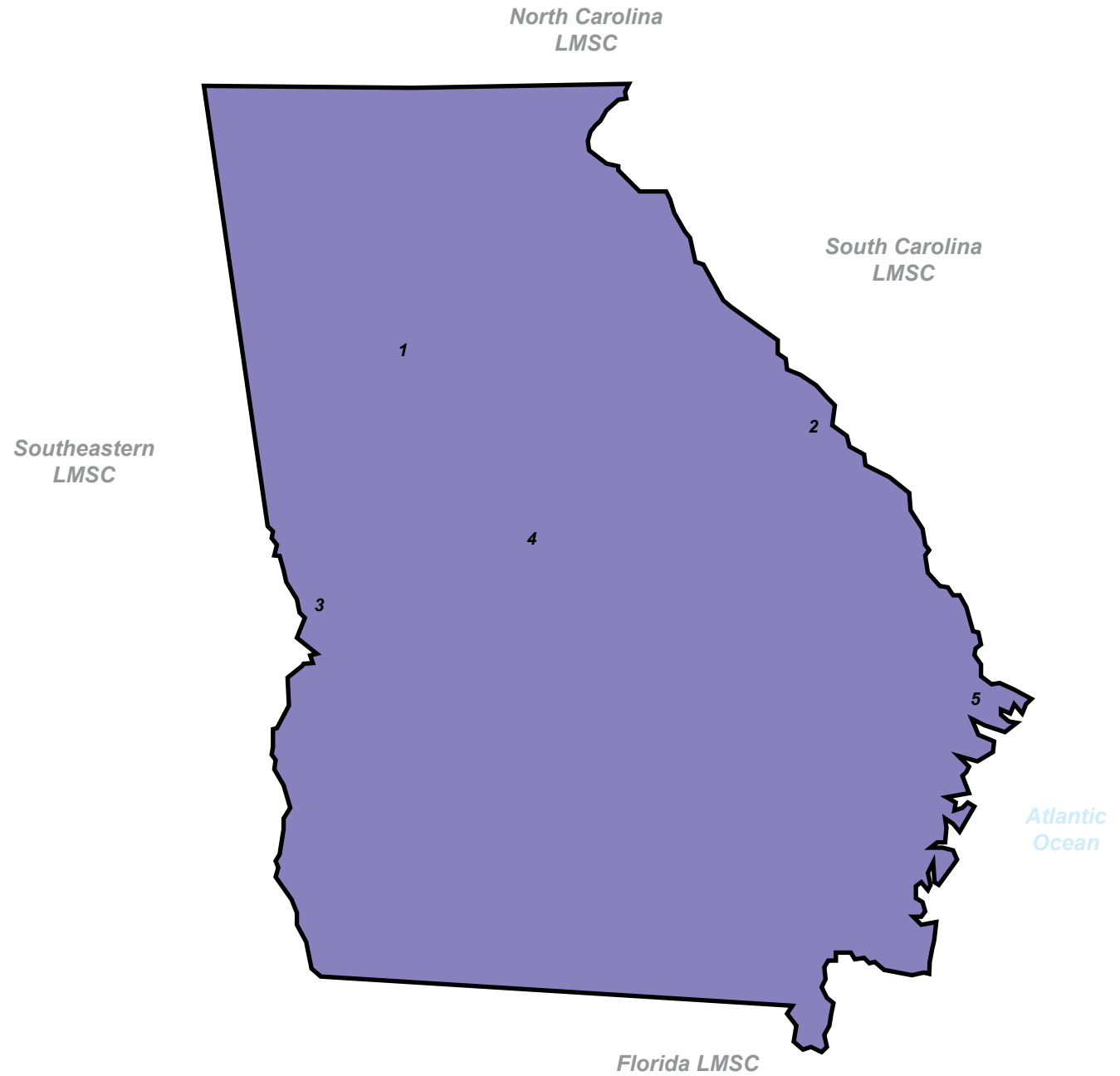
# Georgia (GA / 45)

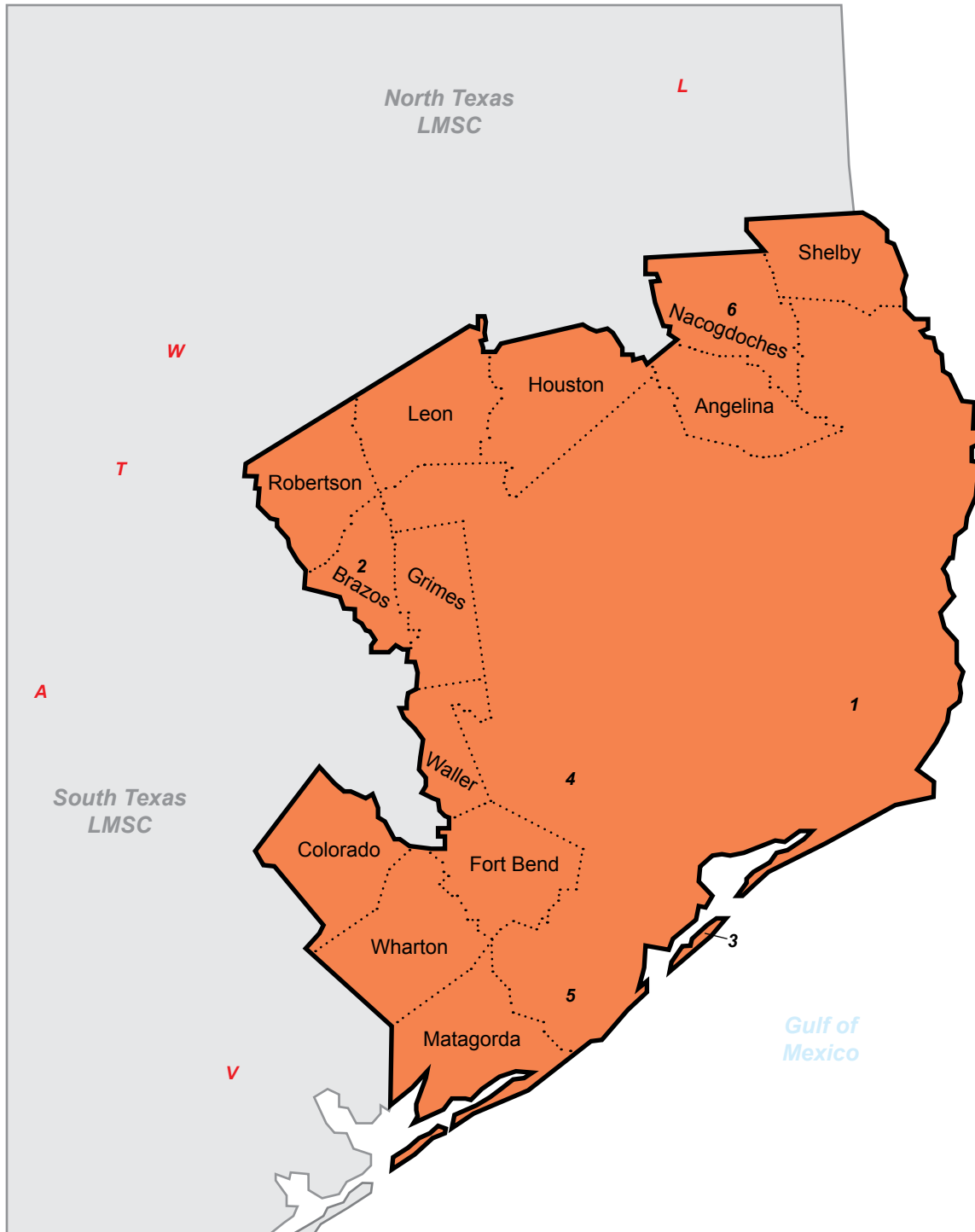
Local Masters Swimming Committee

The State of Georgia.

## Cities in GA LMSC

- 1 - Atlanta
- 2 - Augusta
- 3 - Columbus
- 4 - Macon
- 5 - Savannah





Southern  
LMSC

## Gulf (GU / 25)

Local Masters Swimming Committee

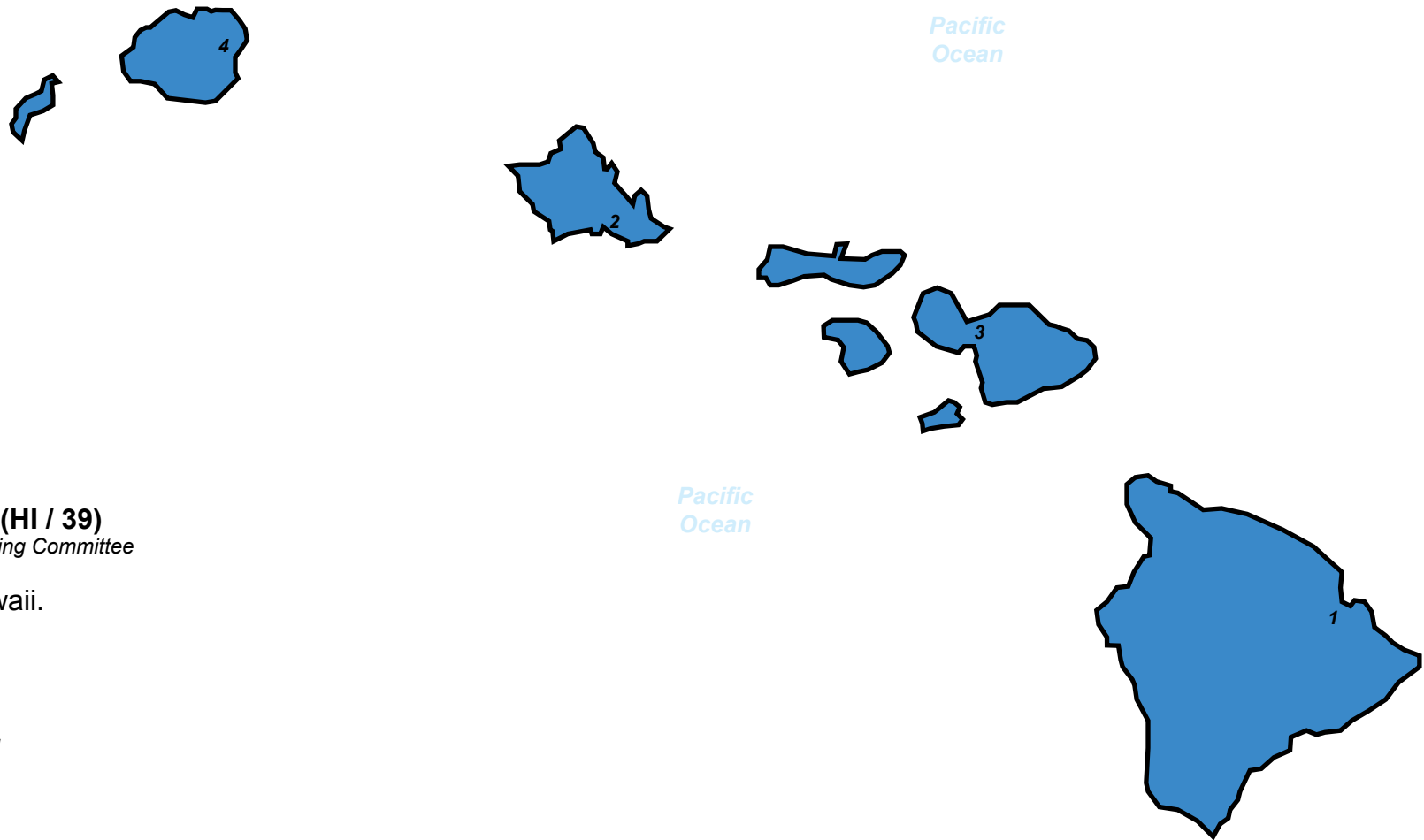
That part of the State of Texas bounded on the north by and including the counties of Robertson, Leon, Houston, Angelina, Nacogdoches and Shelby; and on the west by and including the counties of Robertson, Brazos, Grimes, Waller, Fort Bend, Wharton, Colorado and Matagorda.

### Cities in GU LMSC

- 1 - Beaumont
- 2 - College Station
- 3 - Galveston
- 4 - Houston
- 5 - Lake Jackson
- 6 - Nacogdoches

### Cities not in GU LMSC

- A - Austin
- L - Longview
- T - Temple
- W - Waco
- V - Victoria



# Hawaii (HI / 39)

Local Masters Swimming Committee

The State of Hawaii.

Cities in HI LMSC

- 1 - Hilo, Hawaii
- 2 - Honolulu, Oahu
- 3 - Kahului, Maui
- 4 - Kapaa, Kauai

# Illinois (IL / 21)

Local Masters Swimming Committee

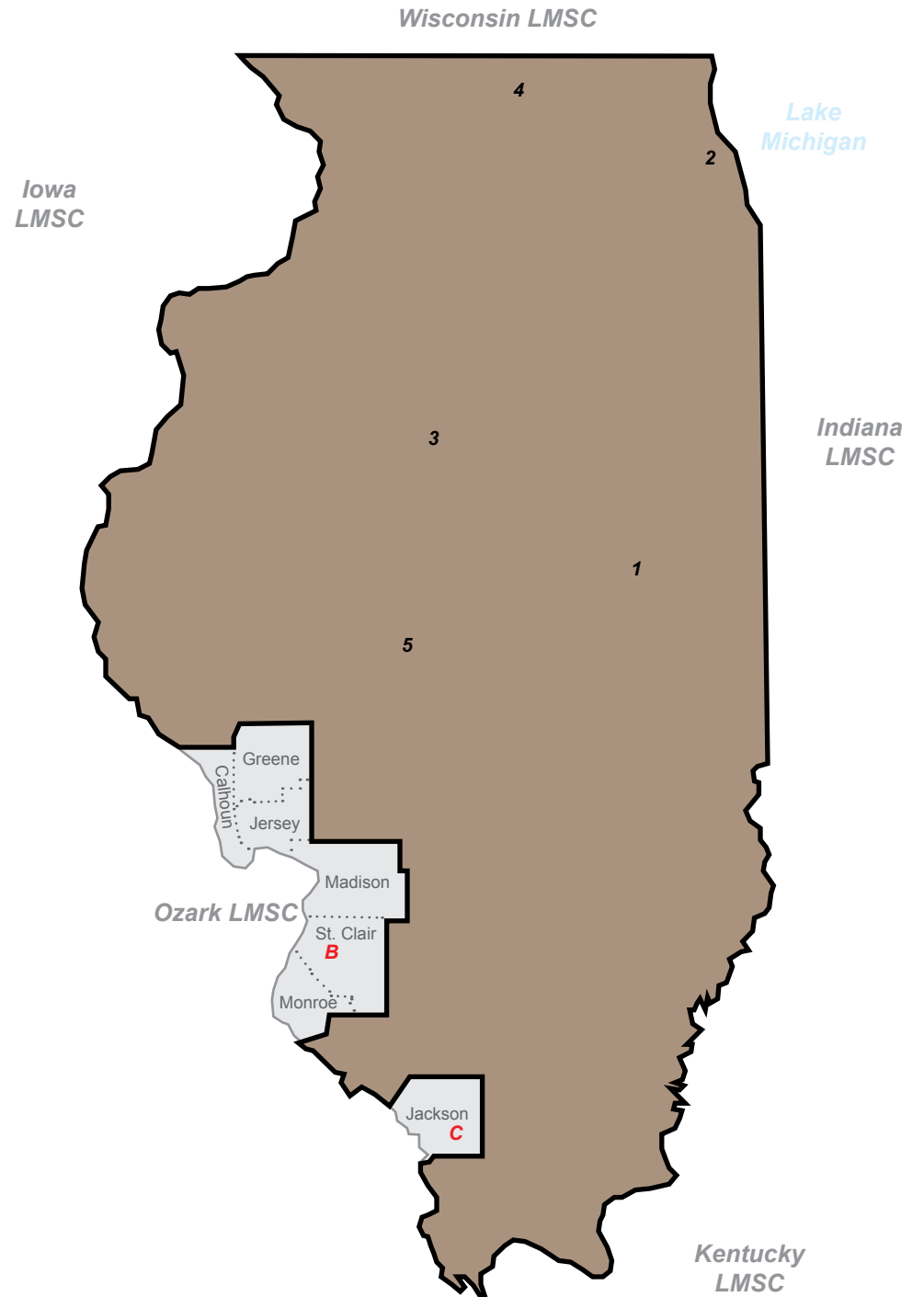
The State of Illinois except the counties of Greene, Calhoun, Jersey, Madison, St. Clair, Monroe and Jackson.

## Cities in IL LMSC

- 1 - Champaign
- 2 - Chicago
- 3 - Peoria
- 4 - Rockford
- 5 - Springfield

## Cities not in IL LMSC

- B** - Belleville
- C** - Carbondale





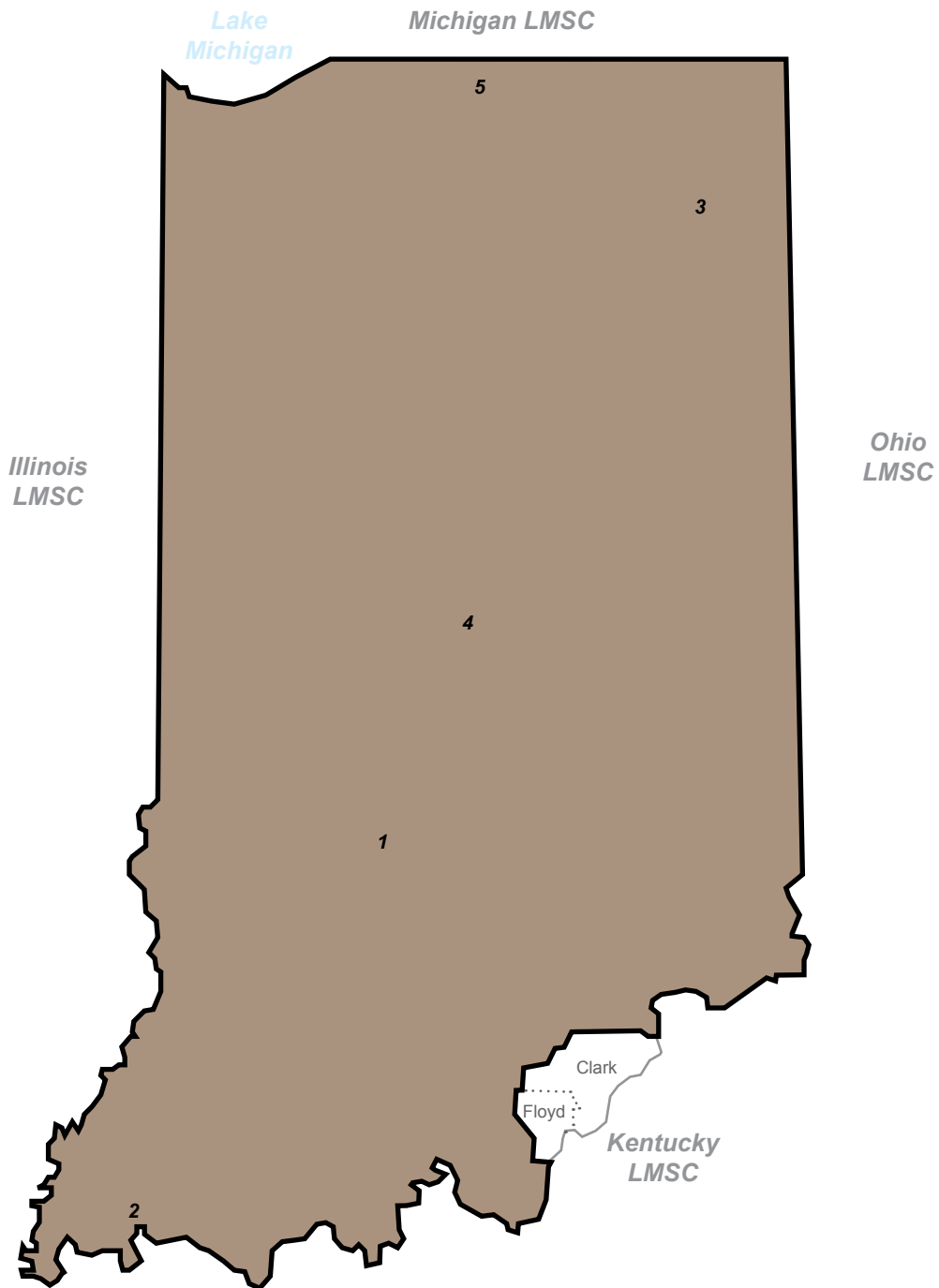
# Indiana (IN / 16)

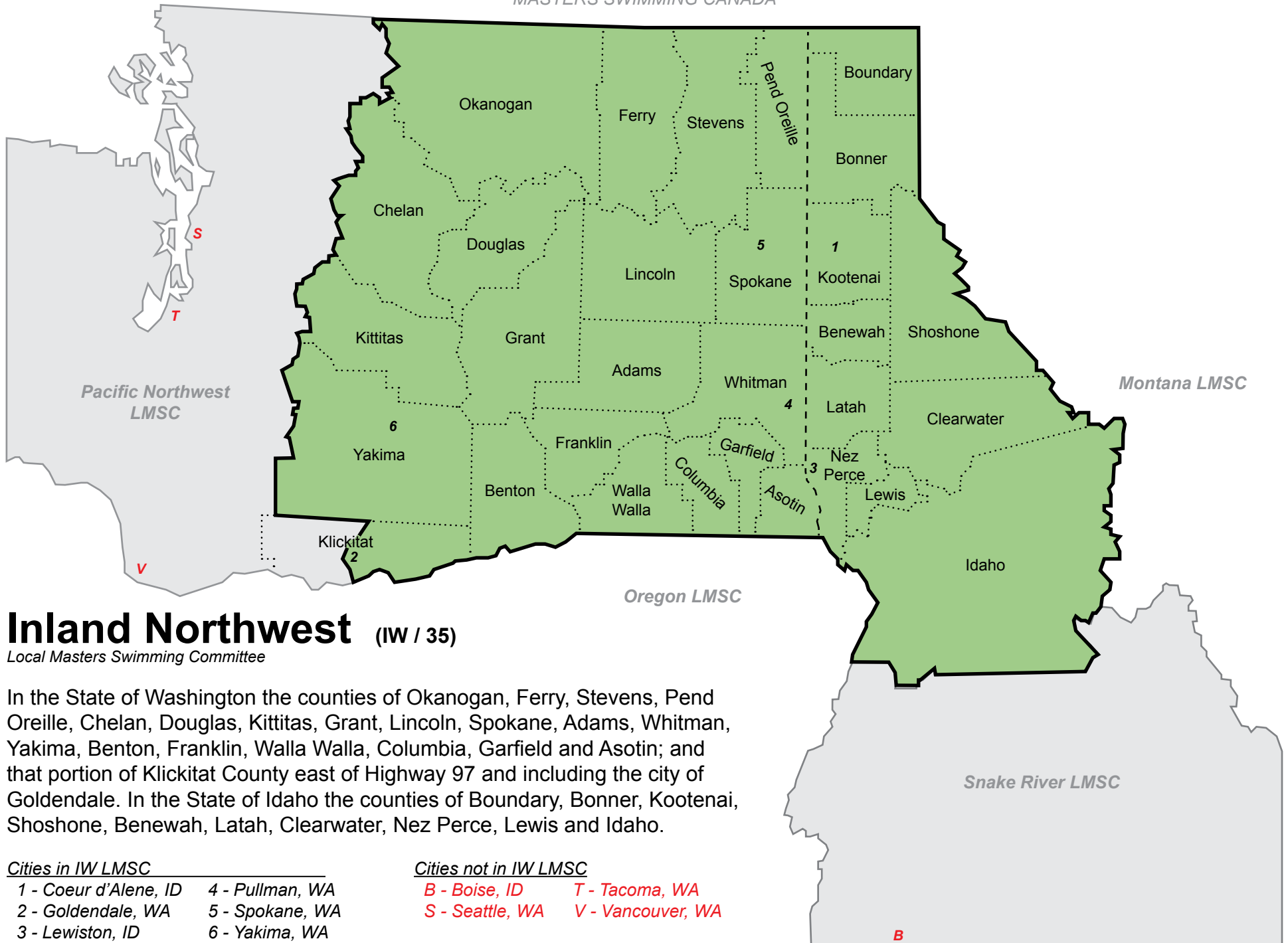
Local Masters Swimming Committee

The State of Indiana except the counties of  
Floyd and Clark.

## Cities in IN LMSC

- 1 - Bloomington
- 2 - Evansville
- 3 - Fort Wayne
- 4 - Indianapolis
- 5 - South Bend





# Inland Northwest (IW / 35)

Local Masters Swimming Committee

In the State of Washington the counties of Okanogan, Ferry, Stevens, Pend Oreille, Chelan, Douglas, Kittitas, Grant, Lincoln, Spokane, Adams, Whitman, Yakima, Benton, Franklin, Walla Walla, Columbia, Garfield and Asotin; and that portion of Klickitat County east of Highway 97 and including the city of Goldendale. In the State of Idaho the counties of Boundary, Bonner, Kootenai, Shoshone, Benewah, Latah, Clearwater, Nez Perce, Lewis and Idaho.

Cities in IW LMSC

- |                       |                 |
|-----------------------|-----------------|
| 1 - Coeur d'Alene, ID | 4 - Pullman, WA |
| 2 - Goldendale, WA    | 5 - Spokane, WA |
| 3 - Lewiston, ID      | 6 - Yakima, WA  |

Cities not in IW LMSC

- |                 |                   |
|-----------------|-------------------|
| B - Boise, ID   | T - Tacoma, WA    |
| S - Seattle, WA | V - Vancouver, WA |

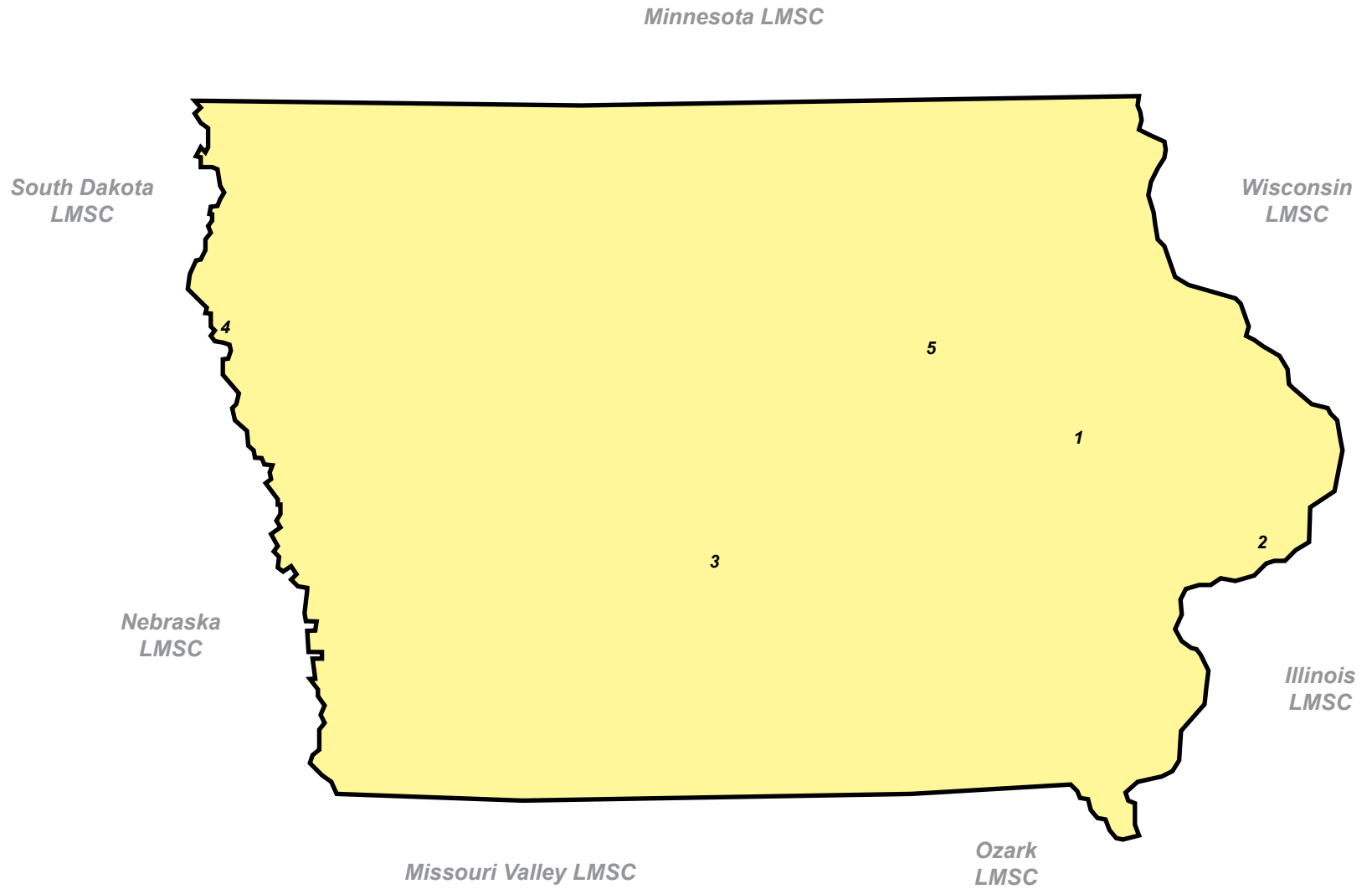
# Iowa (IA / 40)

Local Masters Swimming Committee

The State of Iowa.

## Cities in IA LMSC

- 1 - Cedar Rapids
- 2 - Davenport
- 3 - Des Moines
- 4 - Sioux City
- 5 - Waterloo



# Kentucky (KY / 41)

Local Masters Swimming Committee

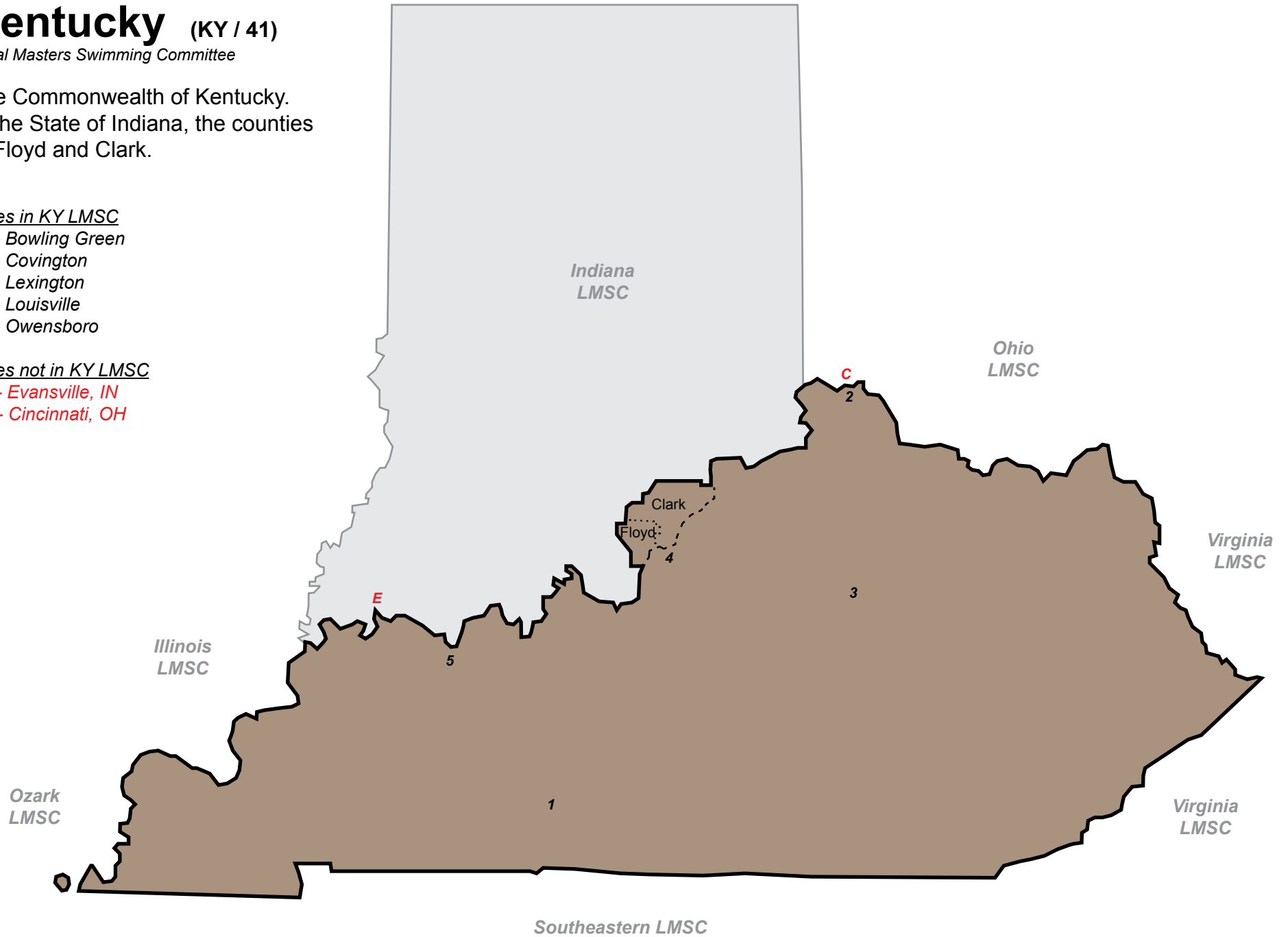
The Commonwealth of Kentucky.  
In the State of Indiana, the counties  
of Floyd and Clark.

## Cities in KY LMSC

- 1 - Bowling Green
- 2 - Covington
- 3 - Lexington
- 4 - Louisville
- 5 - Owensboro

## Cities not in KY LMSC

- E - Evansville, IN
- C - Cincinnati, OH





# Maryland (MD / 09)

Local Masters Swimming Committee

The State of Maryland, except the counties of Cecil, Montgomery and Prince George's.

Cities in MD LMSC

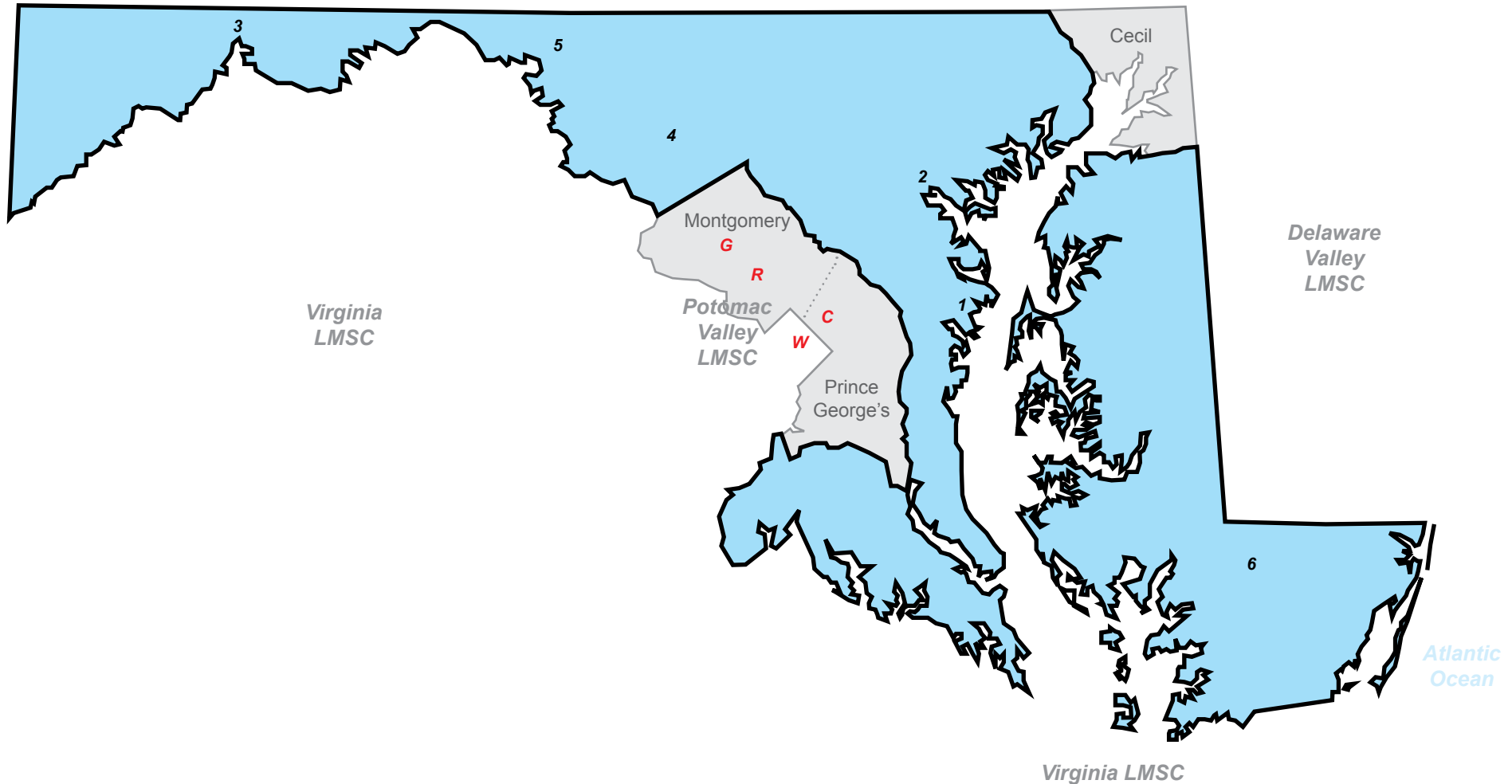
- |                |                |
|----------------|----------------|
| 1 - Annapolis  | 4 - Frederick  |
| 2 - Baltimore  | 5 - Hagerstown |
| 3 - Cumberland | 6 - Salisbury  |

Cities not in MD LMSC

- |                  |                    |
|------------------|--------------------|
| C - College Park | R - Rockville      |
| G - Gaithersburg | W - Washington, DC |

Allegheny Mountain LMSC

Delaware Valley LMSC



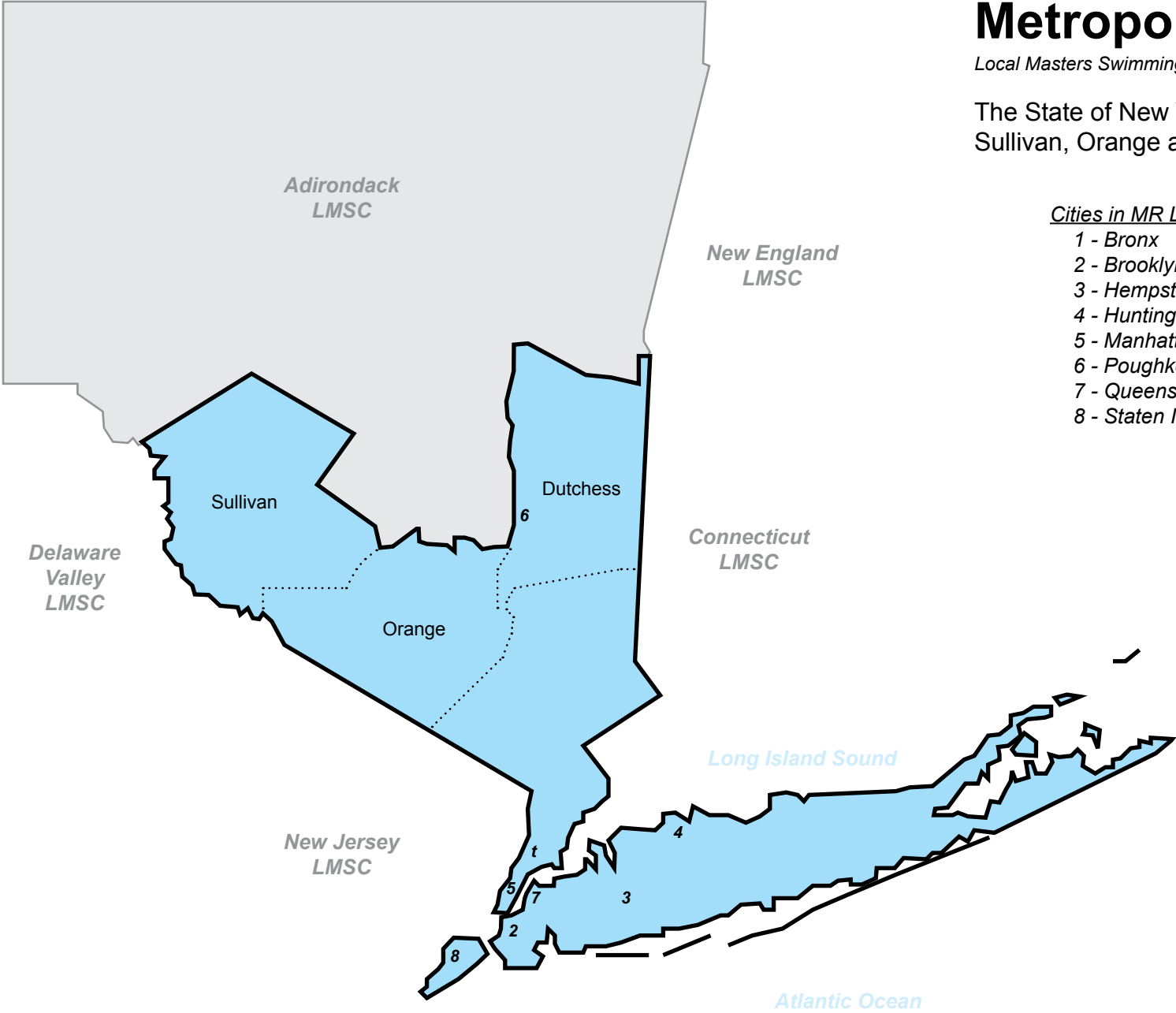
# Metropolitan (MR / 06)

Local Masters Swimming Committee

The State of New York south of and including Sullivan, Orange and Dutchess counties.

Cities in MR LMSC

- 1 - Bronx
- 2 - Brooklyn
- 3 - Hempstead
- 4 - Huntington
- 5 - Manhattan
- 6 - Poughkeepsie
- 7 - Queens
- 8 - Staten Island



# Michigan (MI / 19)

Local Masters Swimming Committee

The State of Michigan.

## Cities in MI LMSC

- 1 - Ann Arbor
- 2 - Flint
- 3 - Detroit
- 4 - Grand Rapids
- 5 - Lansing
- 6 - Sault Ste. Marie
- 7 - Traverse City
- 8 - Warren

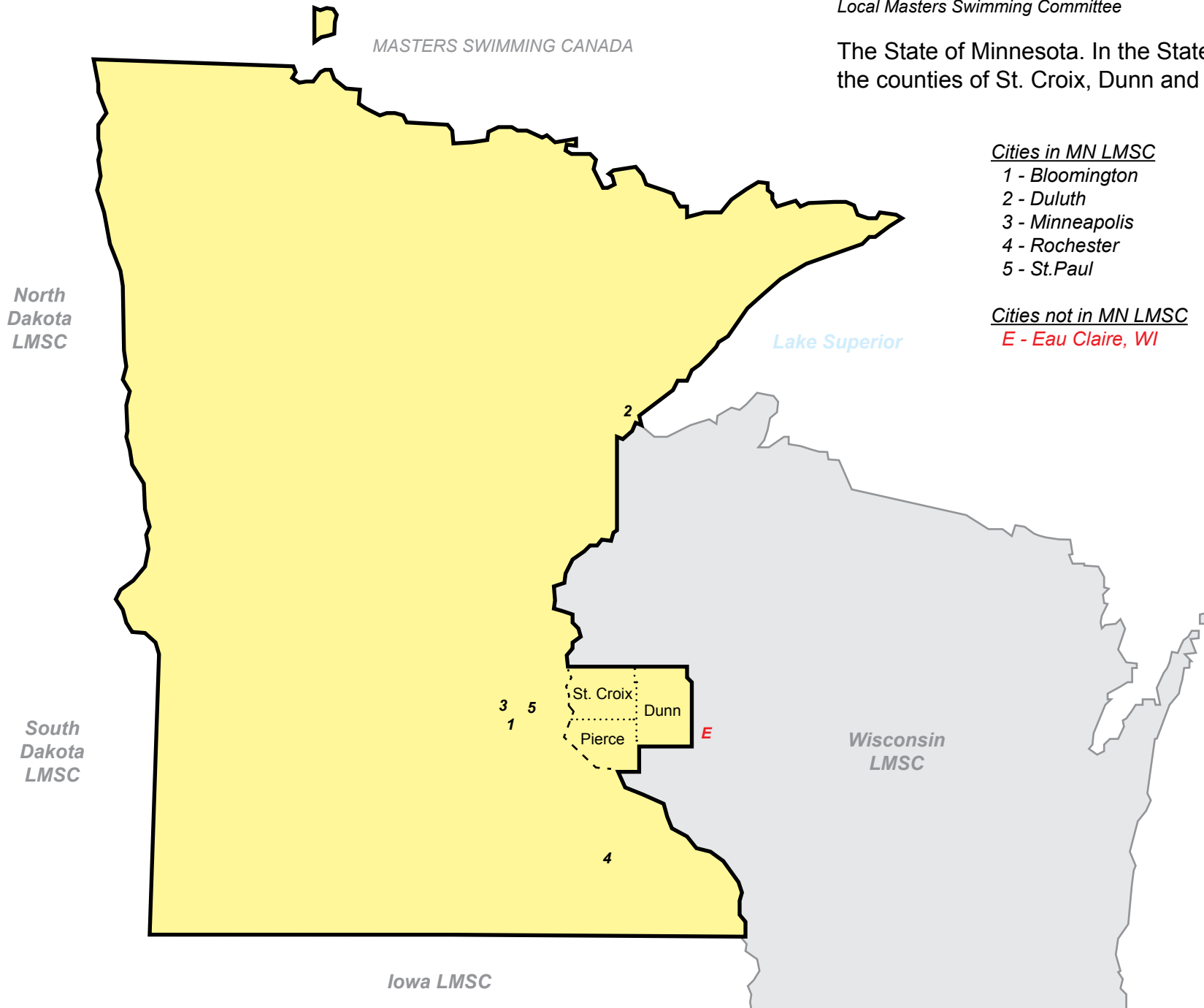




# Minnesota (MN / 30)

Local Masters Swimming Committee

The State of Minnesota. In the State of Wisconsin, the counties of St. Croix, Dunn and Pierce.



### Cities in MN LMSC

- 1 - Bloomington
- 2 - Duluth
- 3 - Minneapolis
- 4 - Rochester
- 5 - St. Paul

### Cities not in MN LMSC

- E - Eau Claire, WI

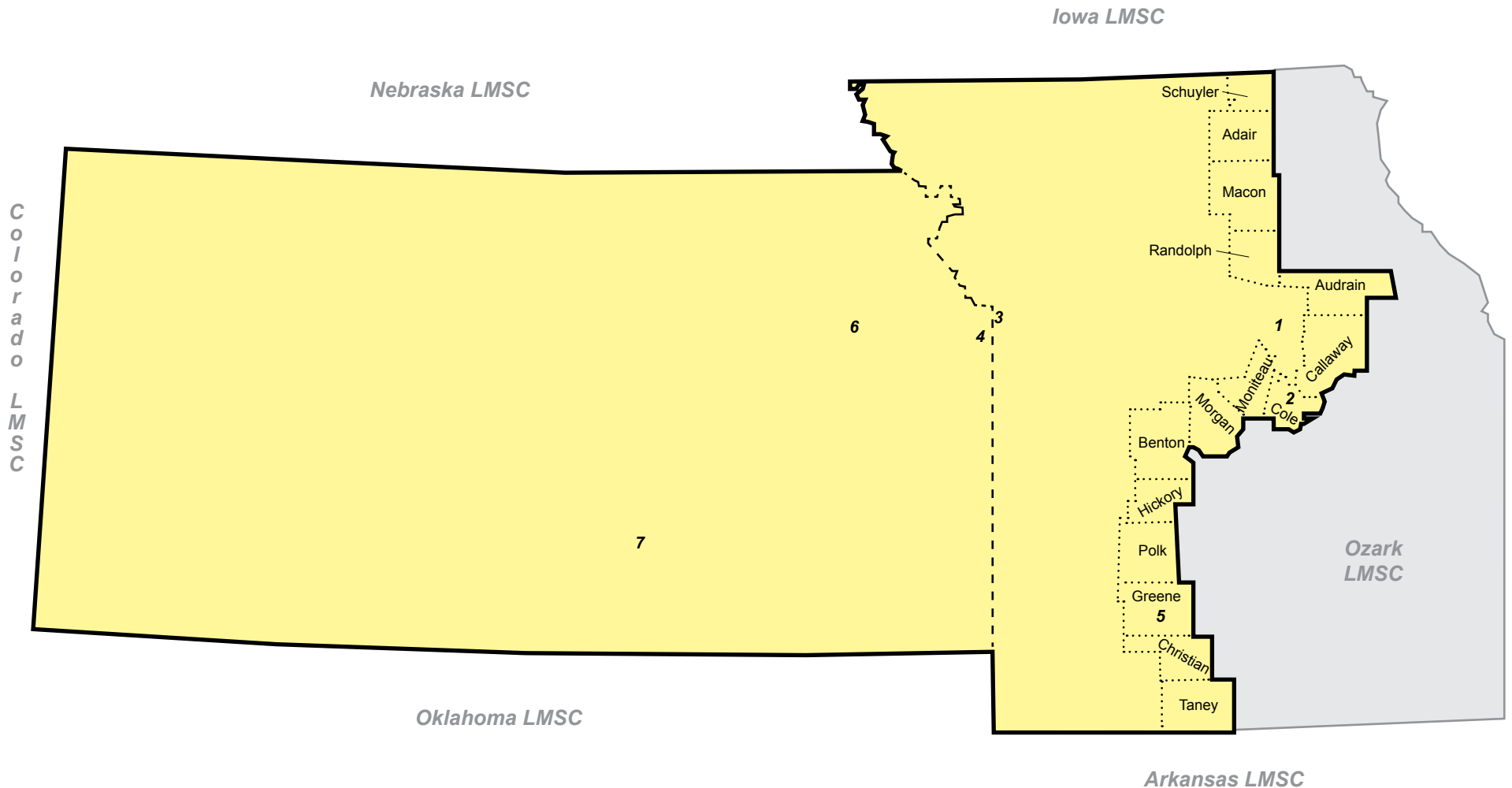
# Missouri Valley (MV / 28)

Local Masters Swimming Committee

The State of Kansas. The State of Missouri including and bounded by the counties of Schuyler, Adair, Macon, Randolph, Audrain, Callaway, Cole, Moniteau, Morgan, Benton, Hickory, Polk, Greene, Christian and Taney.

## Cities in MV LMSC

- 1 - Columbia, MO
- 2 - Jefferson City, MO
- 3 - Kansas City
- 4 - Overland Park, KS
- 5 - Springfield, MO
- 6 - Topeka, KS
- 7 - Wichita, KS



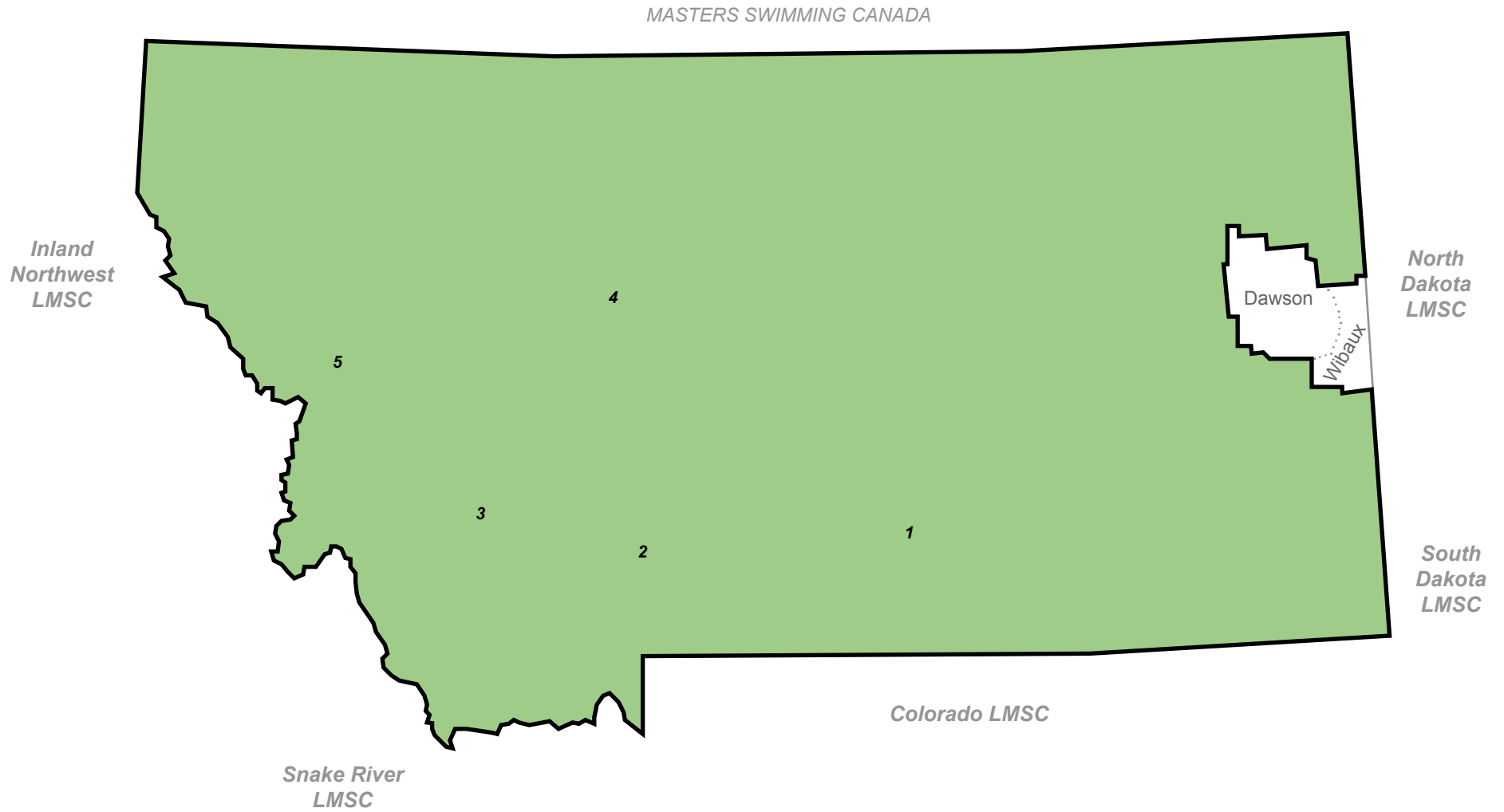
# Montana (MT / 31)

Local Masters Swimming Committee

The State of Montana except the counties of Dawson and Wibaux.

## Cities in MT LMSC

- 1 - Billings
- 2 - Bozeman
- 3 - Butte
- 4 - Great Falls
- 5 - Missoula



# Nebraska (NB / 29)

Local Masters Swimming Committee

The State of Nebraska.

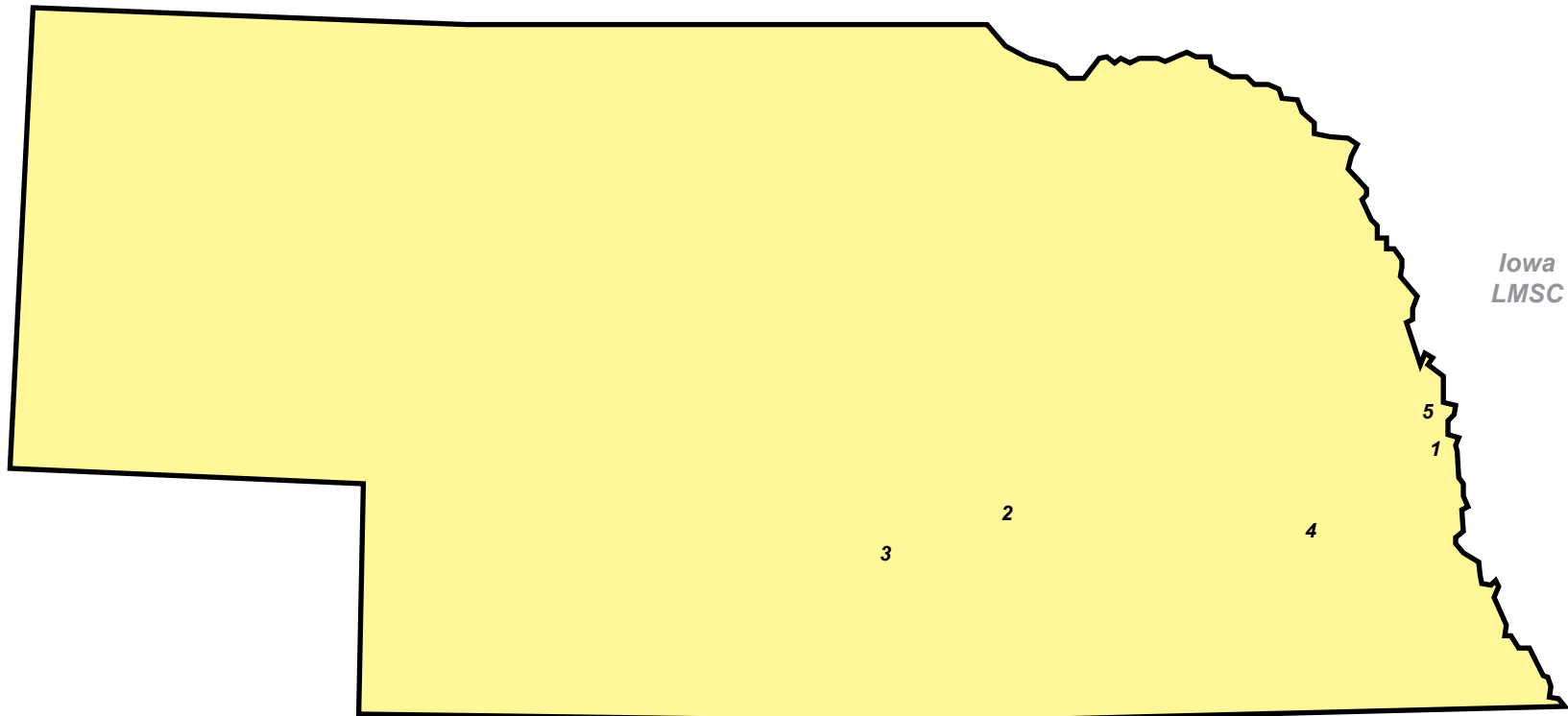
## Cities in NB LMSC

- 1 - Bellevue
- 2 - Grand Island
- 3 - Kearney
- 4 - Lincoln
- 5 - Omaha

South Dakota LMSC

Iowa LMSC

Colorado LMSC



Missouri Valley LMSC

Missouri Valley LMSC

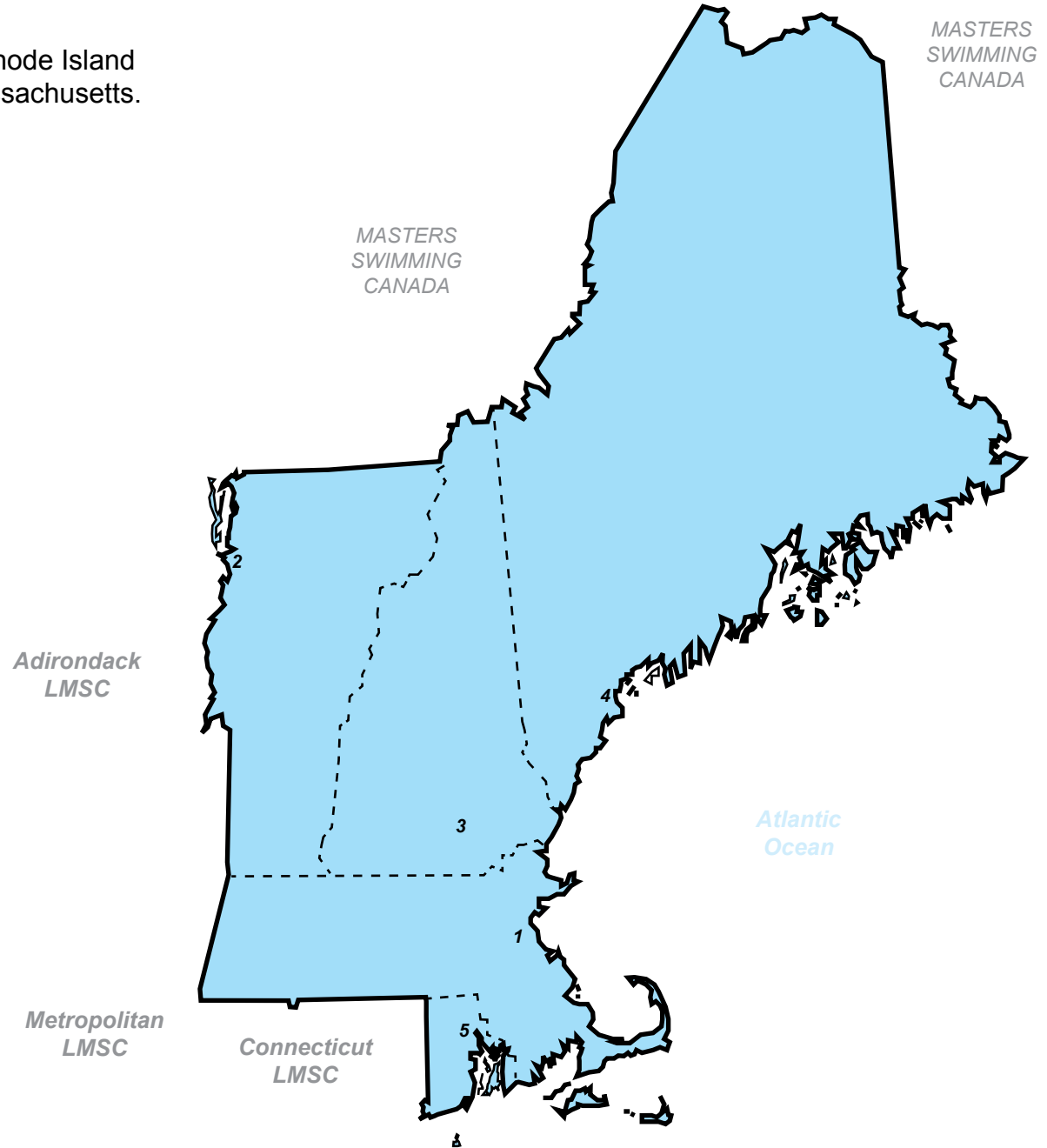
# New England (NE / 02)

Local Masters Swimming Committee

The states of New Hampshire, Vermont, Rhode Island and Maine, and the Commonwealth of Massachusetts.

## Cities in NE LMSC

- 1 - Boston, MA
- 2 - Burlington, VT
- 3 - Manchester, NH
- 4 - Portland, ME
- 5 - Providence, RI



# New Jersey (NJ / 07)

Local Masters Swimming Committee

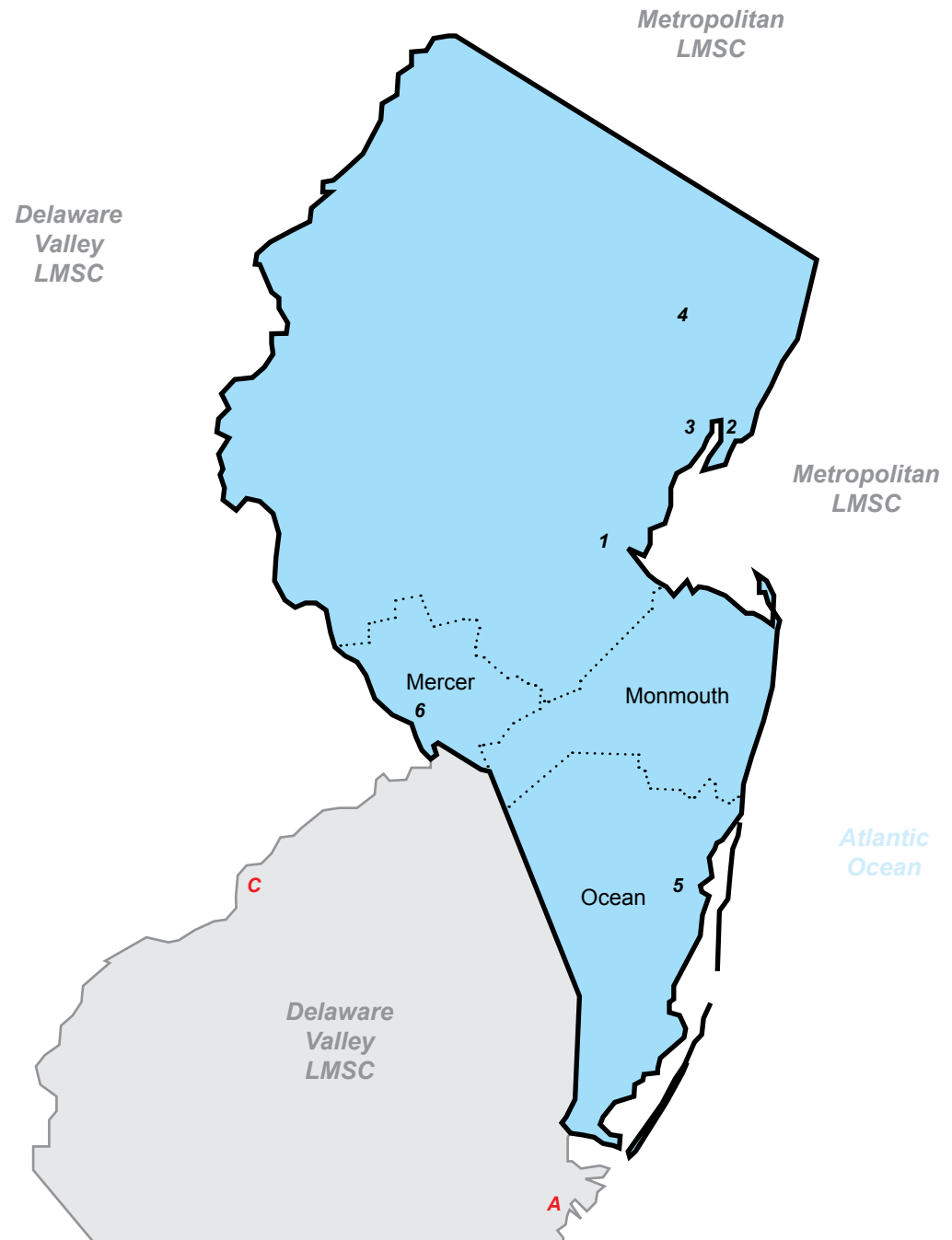
The State of New Jersey north of and including the counties of Mercer, Monmouth and Ocean.

## Cities in NJ LMSC

- 1 - Edison
- 2 - Jersey City
- 3 - Newark
- 4 - Paterson
- 5 - Toms River
- 6 - Trenton

## Cities not in NJ LMSC

- A - Atlantic City
- C - Camden



# New Mexico (NM / 42)

Local Masters Swimming Committee

The State of New Mexico.

## Cities in NM LMSC

- 1 - Albuquerque
- 2 - Farmington
- 3 - Las Cruces
- 4 - Rio Rancho
- 5 - Roswell
- 6 - Sante Fe

## Cities not in NM LMSC

- E - El Paso, TX

Utah  
LMSC

Colorado LMSC

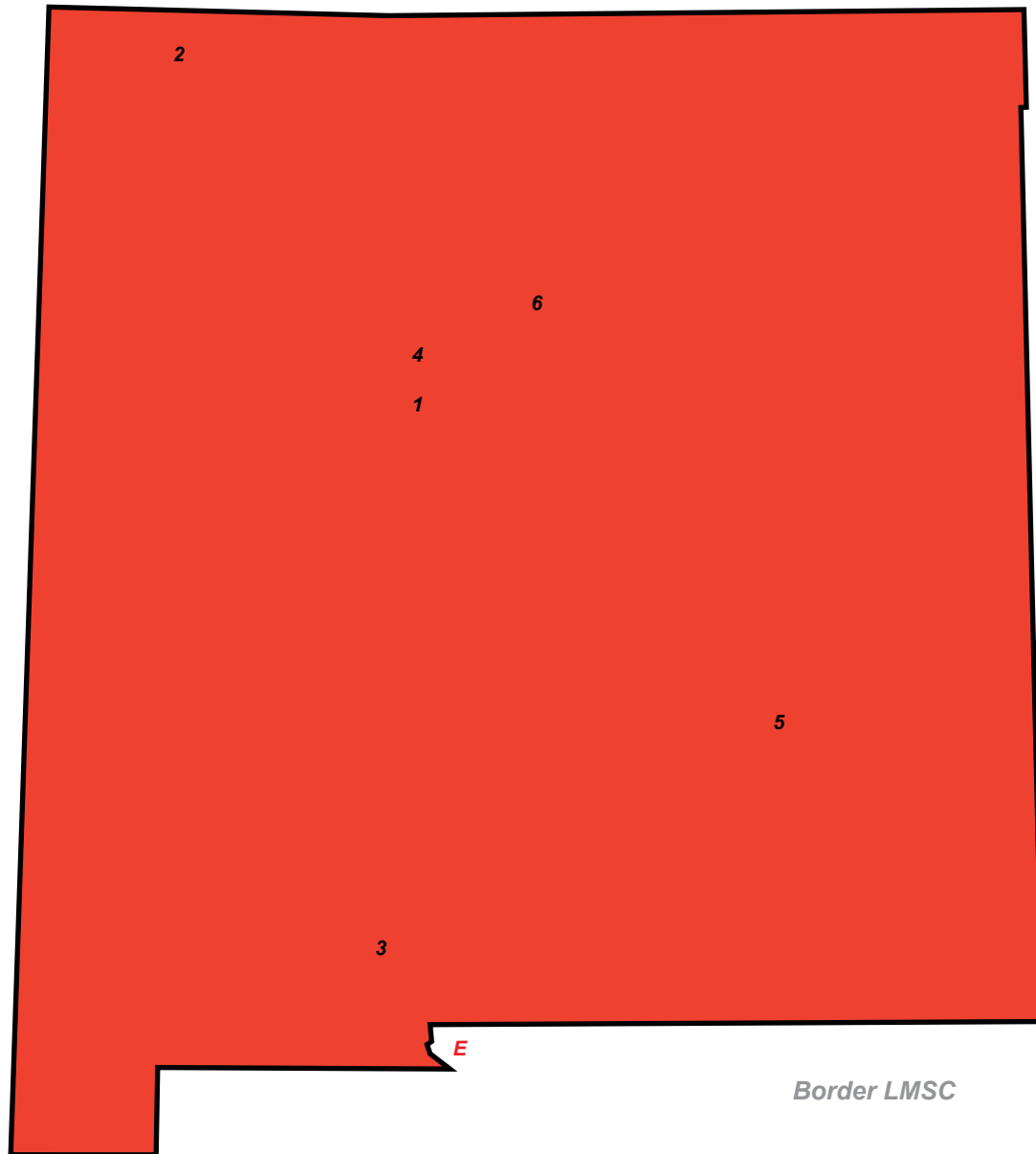
Oklahoma  
LMSC

North  
Texas  
LMSC

Arizona  
LMSC

Border LMSC

MEXICAN SWIMMING FEDERATION



# Niagara (NI / 04)

Local Masters Swimming Committee

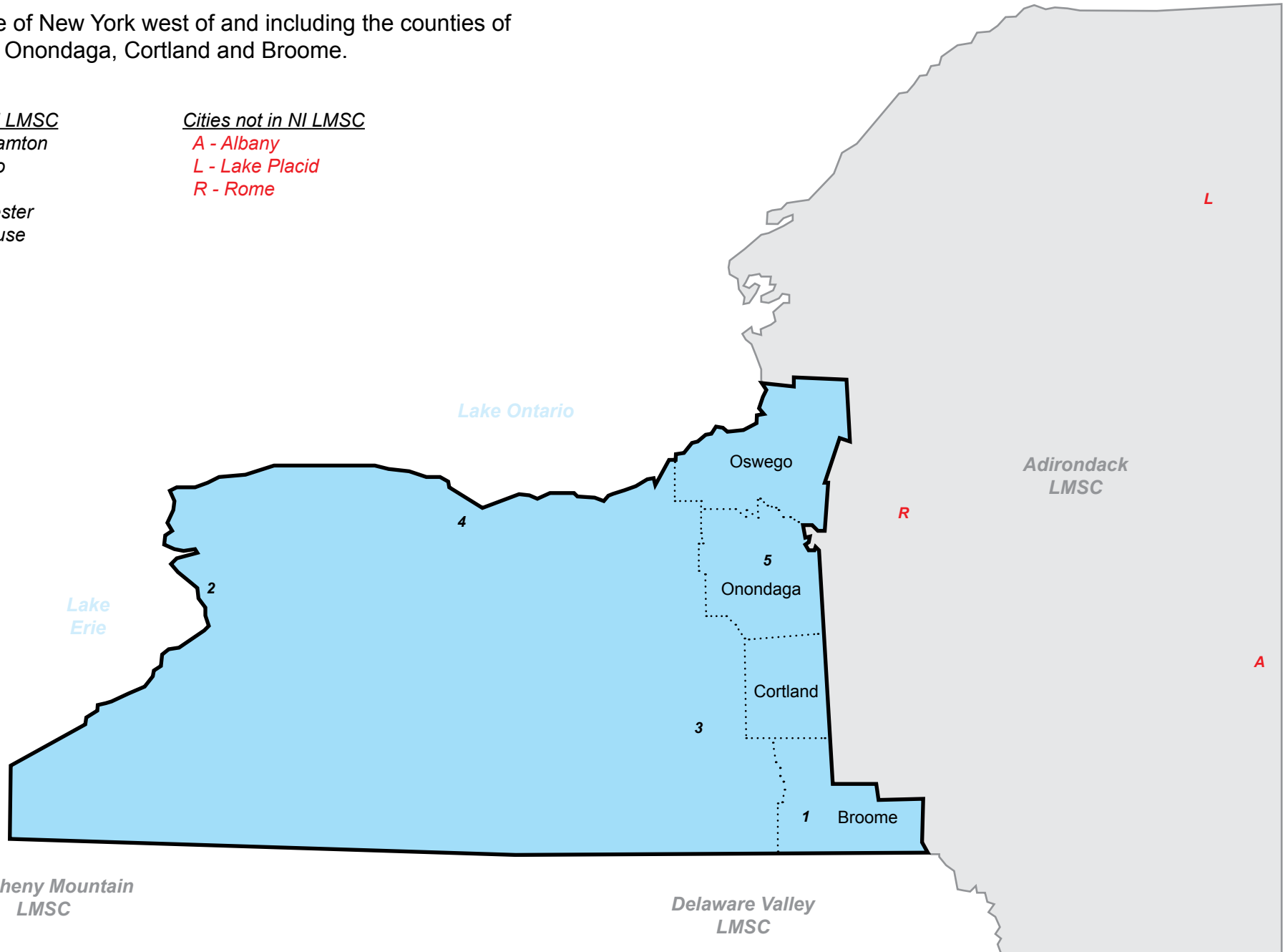
The State of New York west of and including the counties of Oswego, Onondaga, Cortland and Broome.

Cities in NI LMSC

- 1 - Binghamton
- 2 - Buffalo
- 3 - Ithaca
- 4 - Rochester
- 5 - Syracuse

Cities not in NI LMSC

- A - Albany
- L - Lake Placid
- R - Rome





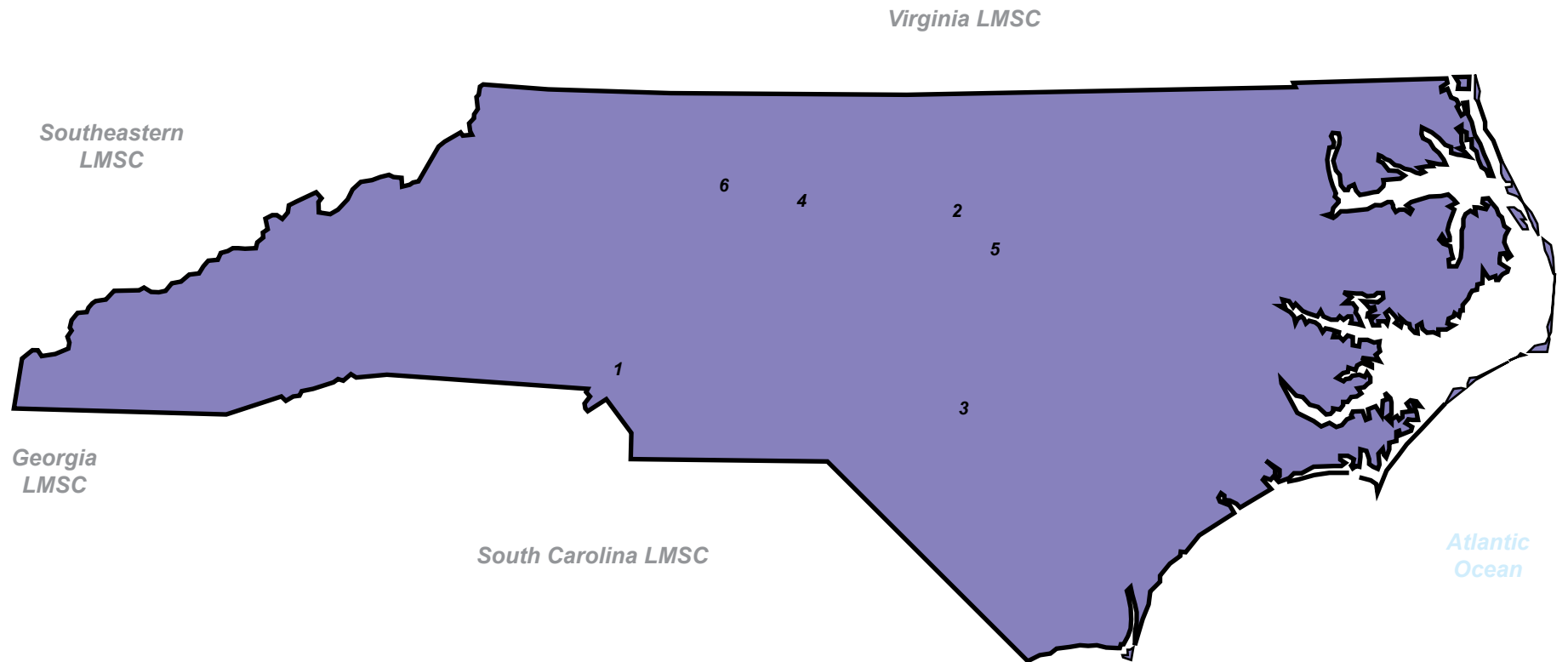
# North Carolina (NC / 13)

Local Masters Swimming Committee

The State of North Carolina.

## Cities in NC LMSC

- 1 - Charlotte
- 2 - Durham
- 3 - Fayetteville
- 4 - Greensboro
- 5 - Raleigh
- 6 - Winston-Salem



# North Dakota (ND / 52)

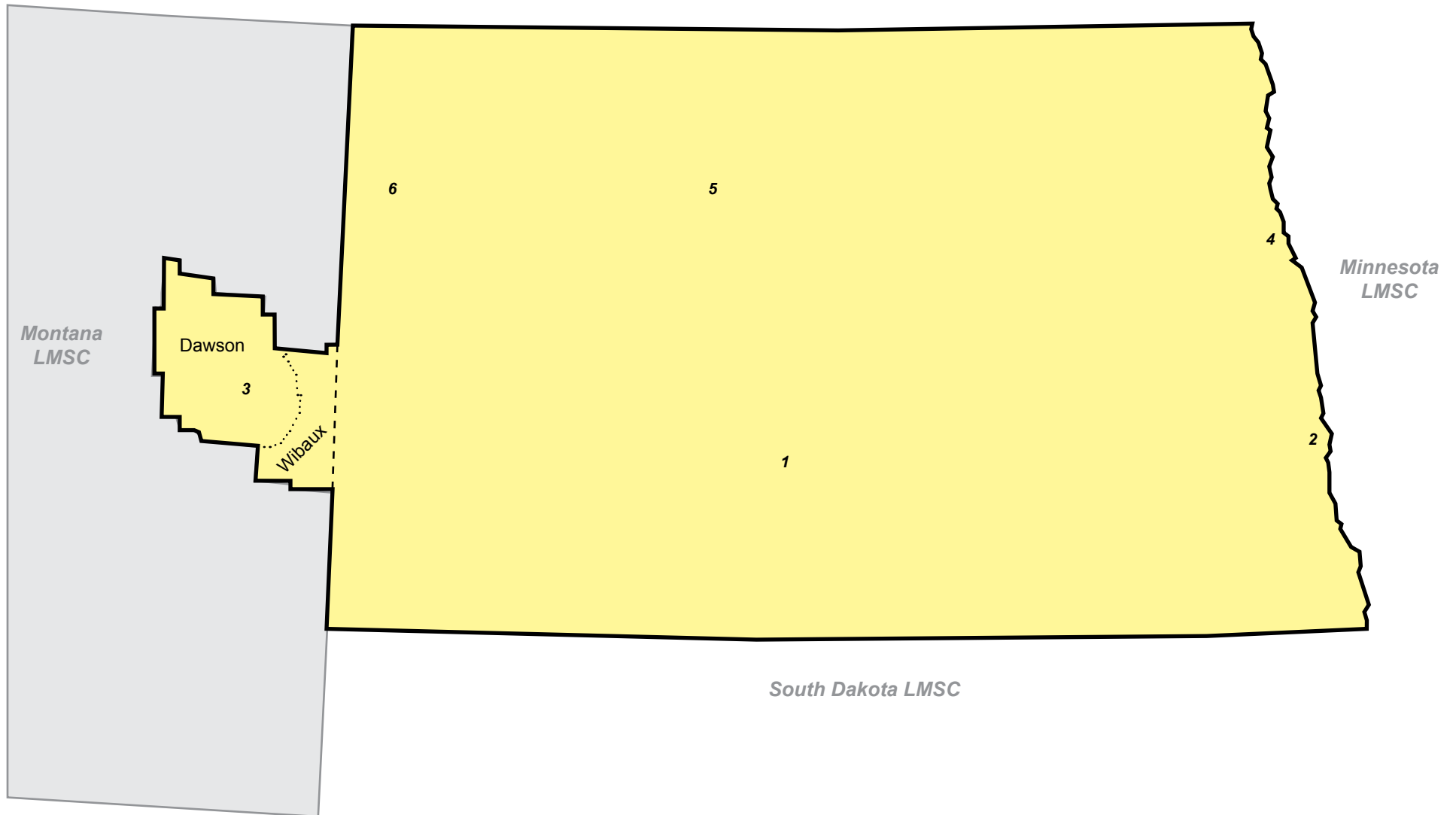
Local Masters Swimming Committee

The State of North Dakota. In the State of Montana, the counties of Dawson and Wibaux.

## Cities in ND LMSC

- 1 - Bismark
- 2 - Fargo
- 3 - Glendive, MT
- 4 - Grand Forks
- 5 - Minot
- 6 - Williston

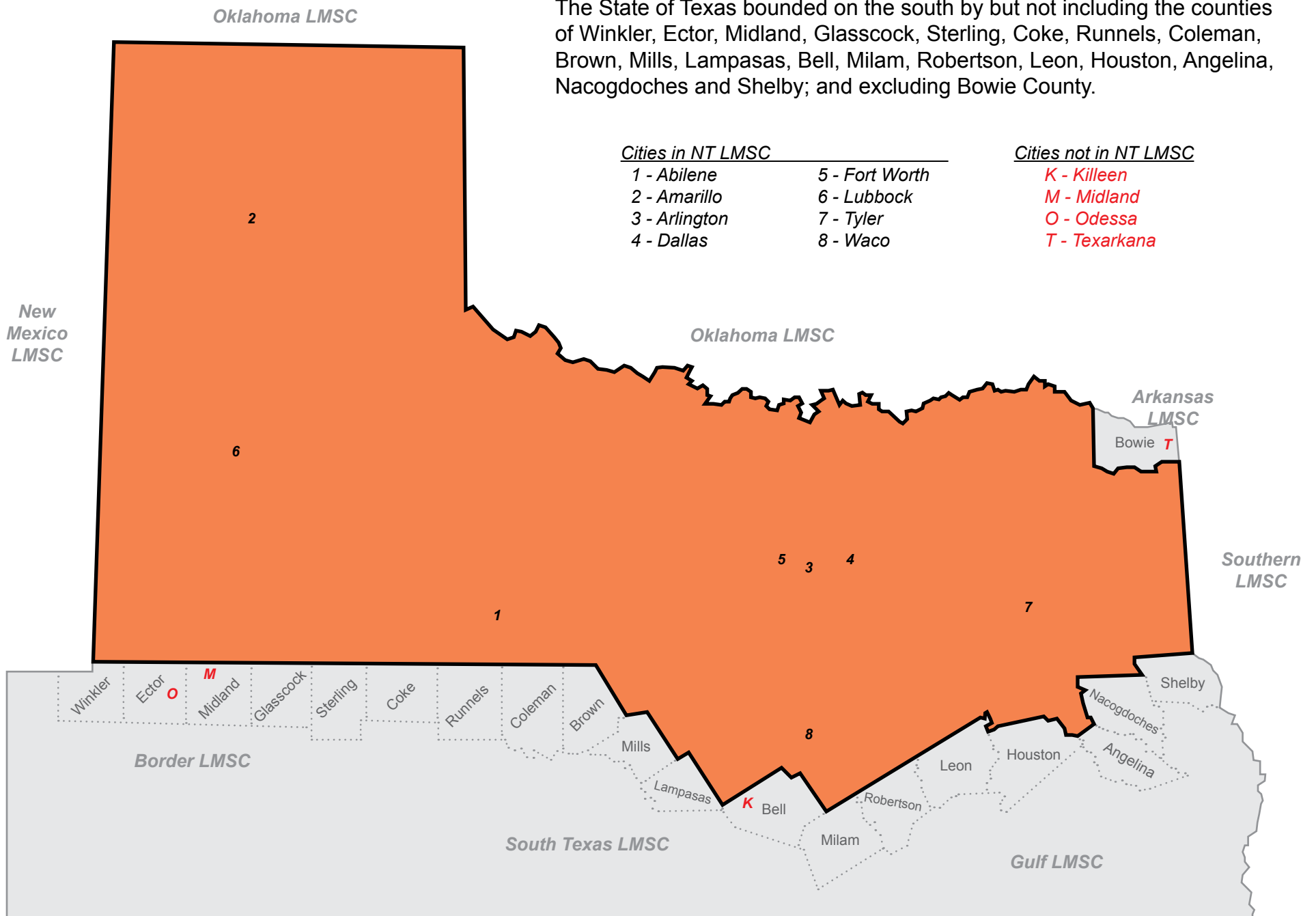
MASTERS SWIMMING CANADA



# North Texas (NT / 26)

Local Masters Swimming Committee

The State of Texas bounded on the south by but not including the counties of Winkler, Ector, Midland, Glasscock, Sterling, Coke, Runnels, Coleman, Brown, Mills, Lamparas, Bell, Milam, Robertson, Leon, Houston, Angelina, Nacogdoches and Shelby; and excluding Bowie County.



# Ohio (OH / 17) *Local Masters Swimming Committee*

The State of Ohio except the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull, Mahoning, Columbiana, Jefferson and Belmont.

Cities in OH LMSC

- 1 - Cincinnati
- 2 - Columbus
- 3 - Dayton
- 4 - Findlay
- 5 - Toledo

Cities not in OH LMSC

- A - Akron
- C - Canton
- V - Cleveland
- M - Mansfield
- Y - Youngstown



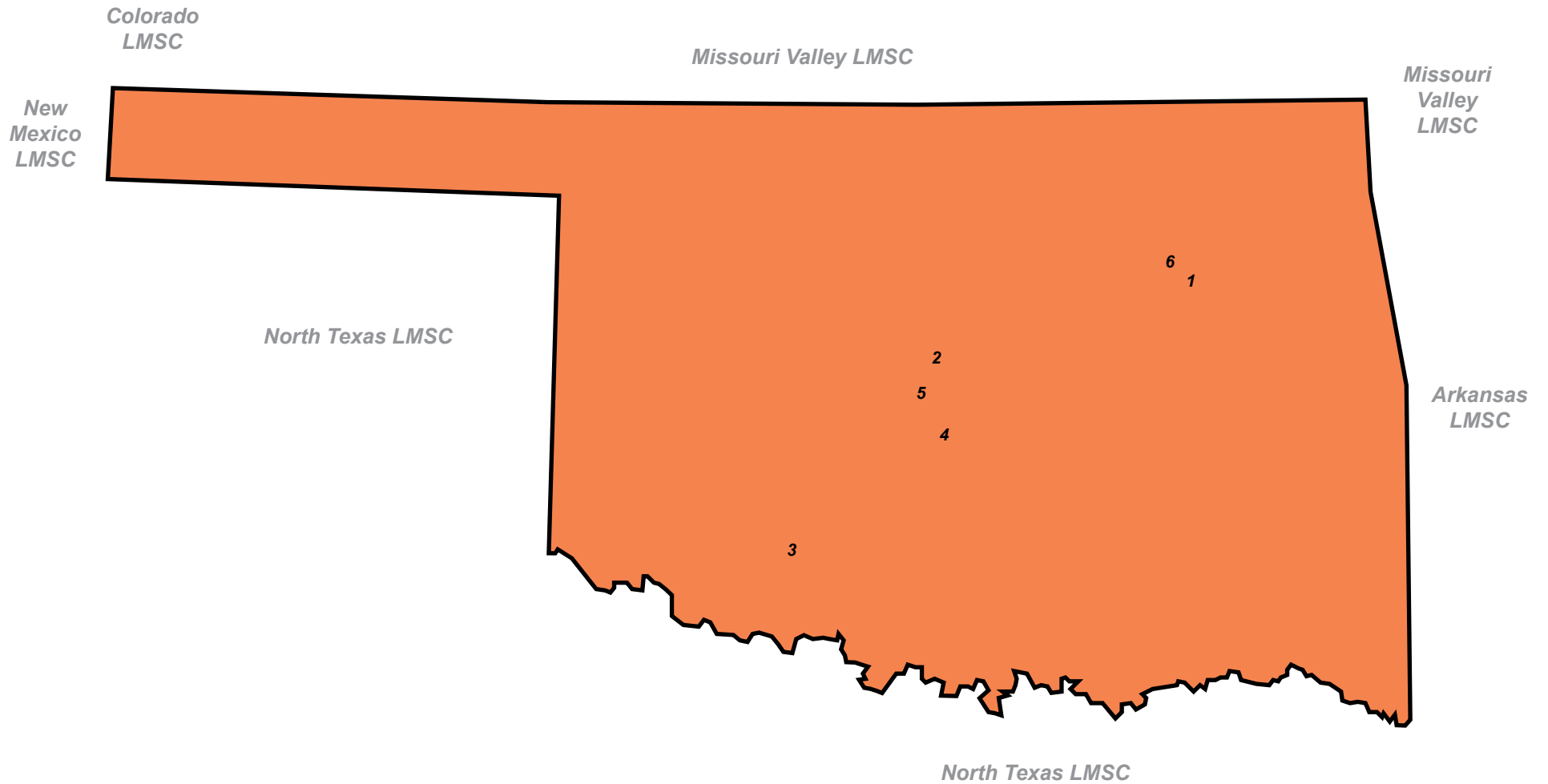
# Oklahoma (OK / 27)

Local Masters Swimming Committee

The State of Oklahoma.

## Cities in OK LMSC

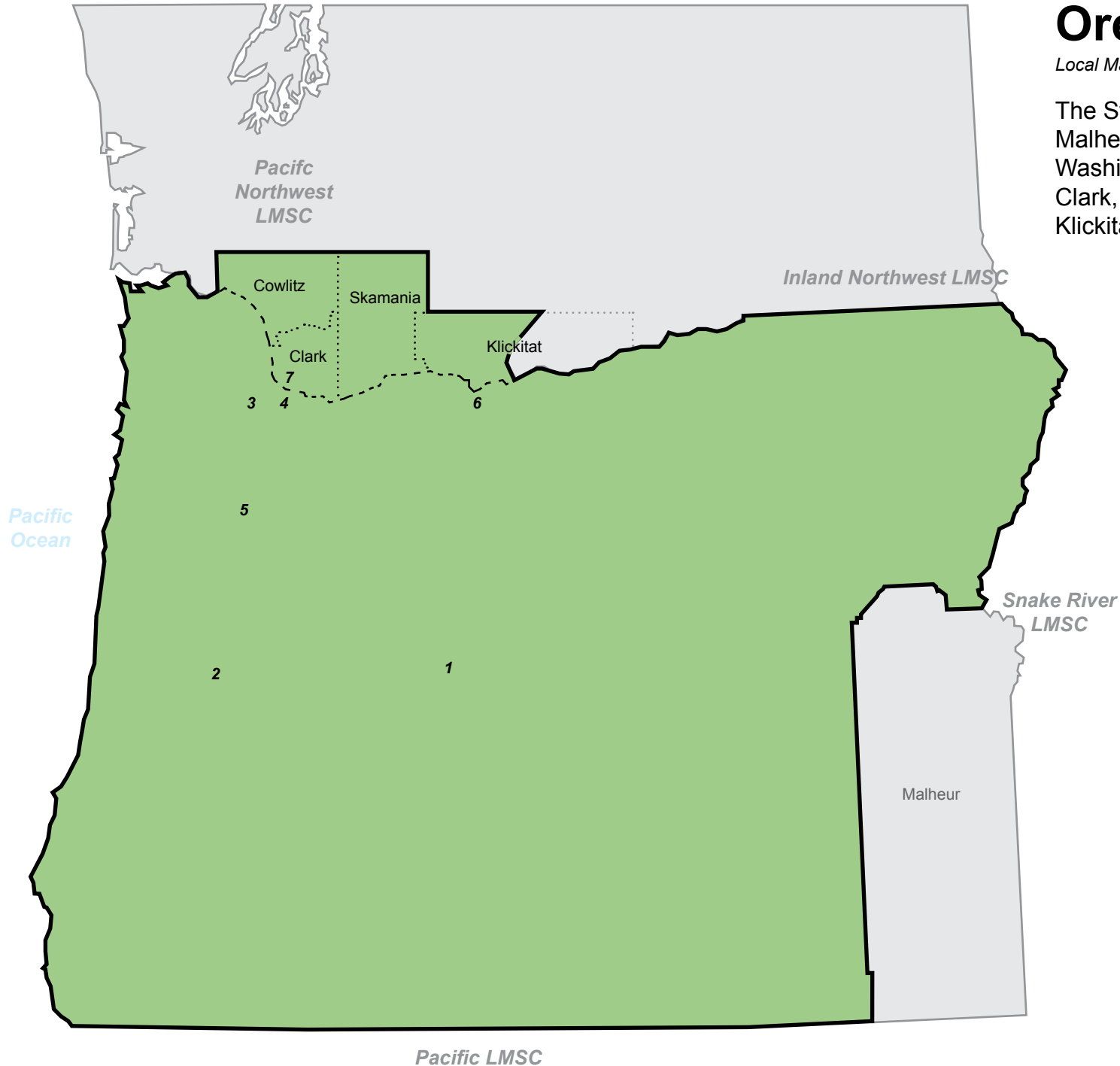
- 1 - Broken Arrow
- 2 - Edmond
- 3 - Lawton
- 4 - Norman
- 5 - Oklahoma City
- 6 - Tulsa



# Oregon (OR / 37)

Local Masters Swimming Committee

The State of Oregon except Malheur County; and in the State of Washington, the counties of Cowlitz, Clark, Skamania and that portion of Klickitat County west of Highway 97.



## Cities in OR LMSC

- 1 - Bend
- 2 - Eugene
- 3 - Hillsboro
- 4 - Portland
- 5 - Salem
- 6 - The Dalles
- 7 - Vancouver, WA

# Ozark (oz / 22)

Local Masters Swimming Committee

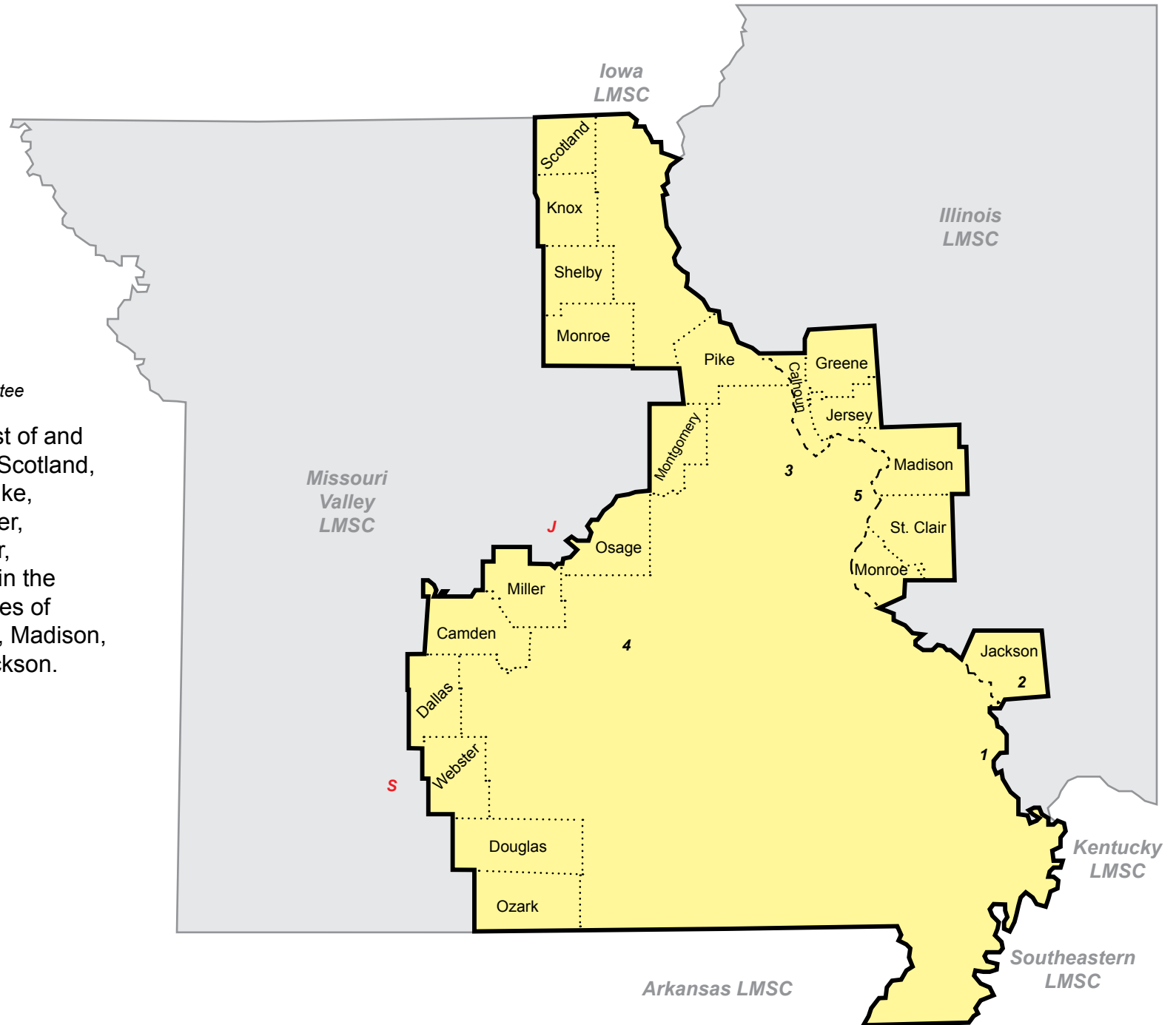
The State of Missouri east of and including the counties of Scotland, Knox, Shelby, Monroe, Pike, Montgomery, Osage, Miller, Camden, Dallas, Webster, Douglas and Ozark; and in the State of Illinois the counties of Calhoun, Greene, Jersey, Madison, St. Clair, Monroe and Jackson.

## Cities in OZ LMSC

- 1 - Cape Girardeau
- 2 - Carbondale, IL
- 3 - O'Fallon
- 4 - Rolla
- 5 - St. Louis

## Cities not in OZ LMSC

- J - Jefferson City
- S - Springfield



Oregon LMSC

Snake River LMSC

Cities in PC LMSC

- 1 - Carson City, NV
- 2 - Fresno, CA
- 3 - Reno, NV
- 4 - Sacramento, CA
- 5 - San Francisco, CA
- 6 - San Jose, CA
- 7 - Winnemucca, NV

Cities not in PC LMSC

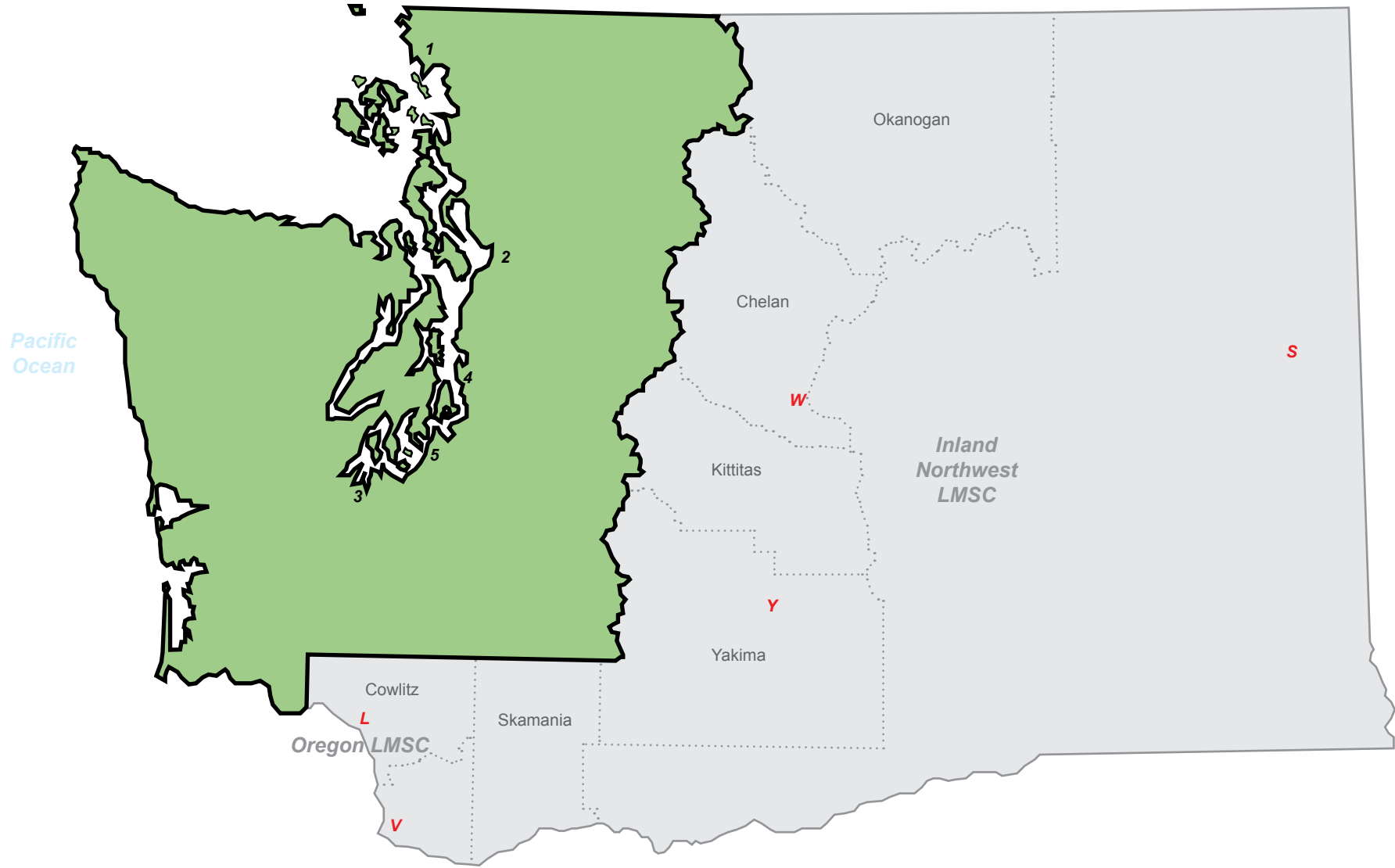
- B - Bakersfield, CA
- A - Los Angeles, CA
- V - Las Vegas, NV



**Pacific (PC / 38)**  
 Local Masters Swimming Committee

The State of California north of but not including the counties of San Luis Obispo, Kern and San Bernardino; and in the State of Nevada the counties of Washoe, Humboldt, Pershing, Lander, Churchill, Storey, Carson City, Douglas, Lyon and Mineral.





# Pacific Northwest (PN / 36)

Local Masters Swimming Committee

The State of Washington west of but not including the counties of Okanogan, Chelan, Kittitas and Yakima, and north of but not including the counties of Cowlitz and Skamania.

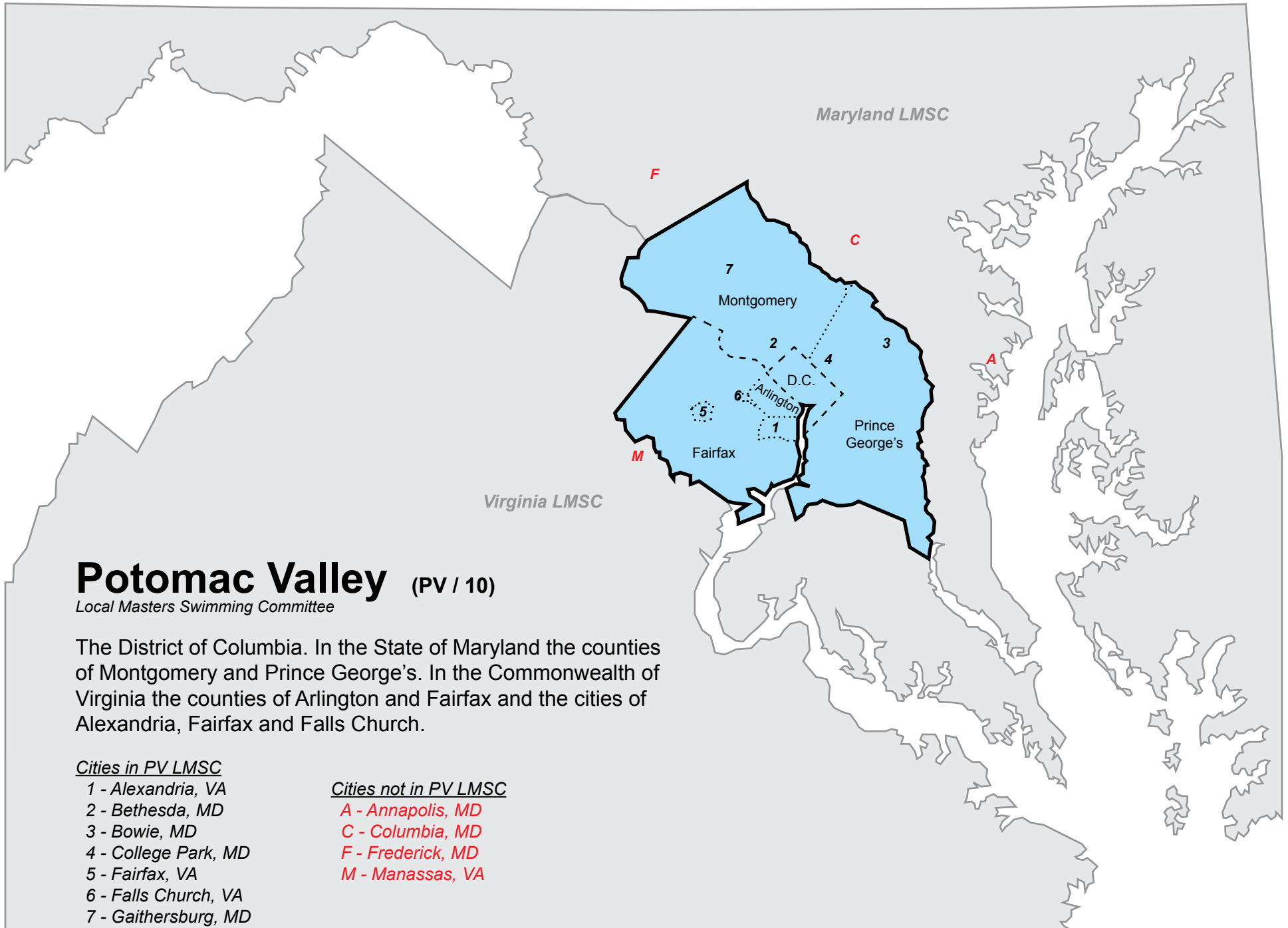
Northwest Zone

### Cities in PN LMSC

- 1 - Bellingham
- 2 - Everett
- 3 - Olympia
- 4 - Seattle
- 5 - Tacoma

### Cities not in PN LMSC

- L - Longview
- S - Spokane
- W - Wenatchee
- V - Vancouver
- Y - Yakima



# Potomac Valley (PV / 10)

Local Masters Swimming Committee

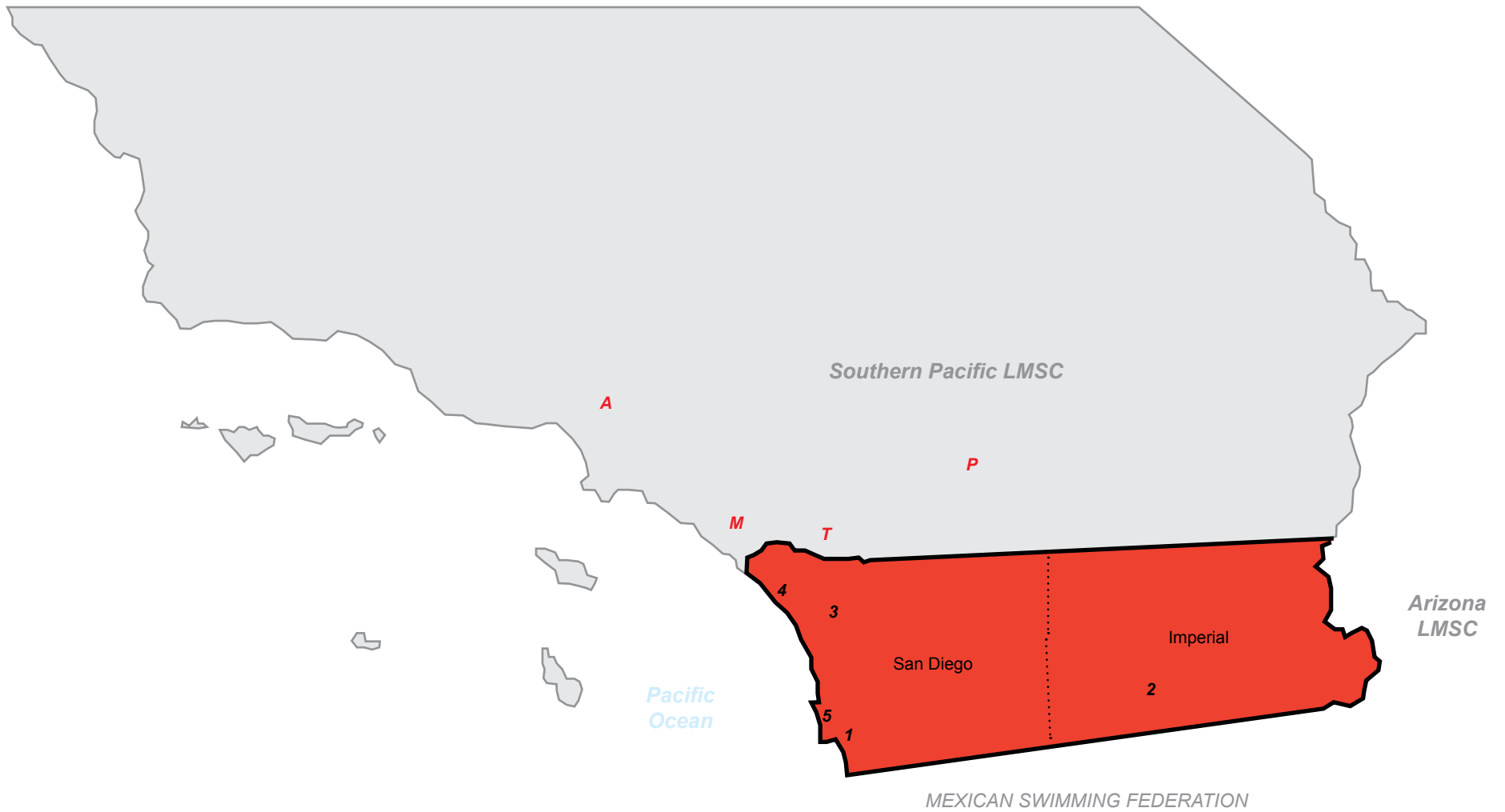
The District of Columbia. In the State of Maryland the counties of Montgomery and Prince George's. In the Commonwealth of Virginia the counties of Arlington and Fairfax and the cities of Alexandria, Fairfax and Falls Church.

Cities in PV LMSC

- 1 - Alexandria, VA
- 2 - Bethesda, MD
- 3 - Bowie, MD
- 4 - College Park, MD
- 5 - Fairfax, VA
- 6 - Falls Church, VA
- 7 - Gaithersburg, MD

Cities not in PV LMSC

- A - Annapolis, MD
- C - Columbia, MD
- F - Frederick, MD
- M - Manassas, VA



# San Diego-Imperial (SI / 44)

Local Masters Swimming Committee

In the State of California the counties of San Diego and Imperial.

Cities in SI LMSC

- 1 - Chula Vista
- 2 - El Centro
- 3 - Escondido
- 4 - Oceanside
- 5 - San Diego

Cities not in SI LMSC

- A - Los Angeles
- M - Mission Viejo
- P - Palm Springs
- T - Temecula



Cities in SR LMSC

- 1 - Boise, ID
- 2 - Elko, NV
- 3 - Nampa, ID
- 4 - Idaho Falls, ID
- 5 - Pocatello, ID
- 6 - Twin Falls, ID

Cities not in SR LMSC

- B - Baker City, OR*
- L - Lewiston, ID*

## Snake River (SR / 59)

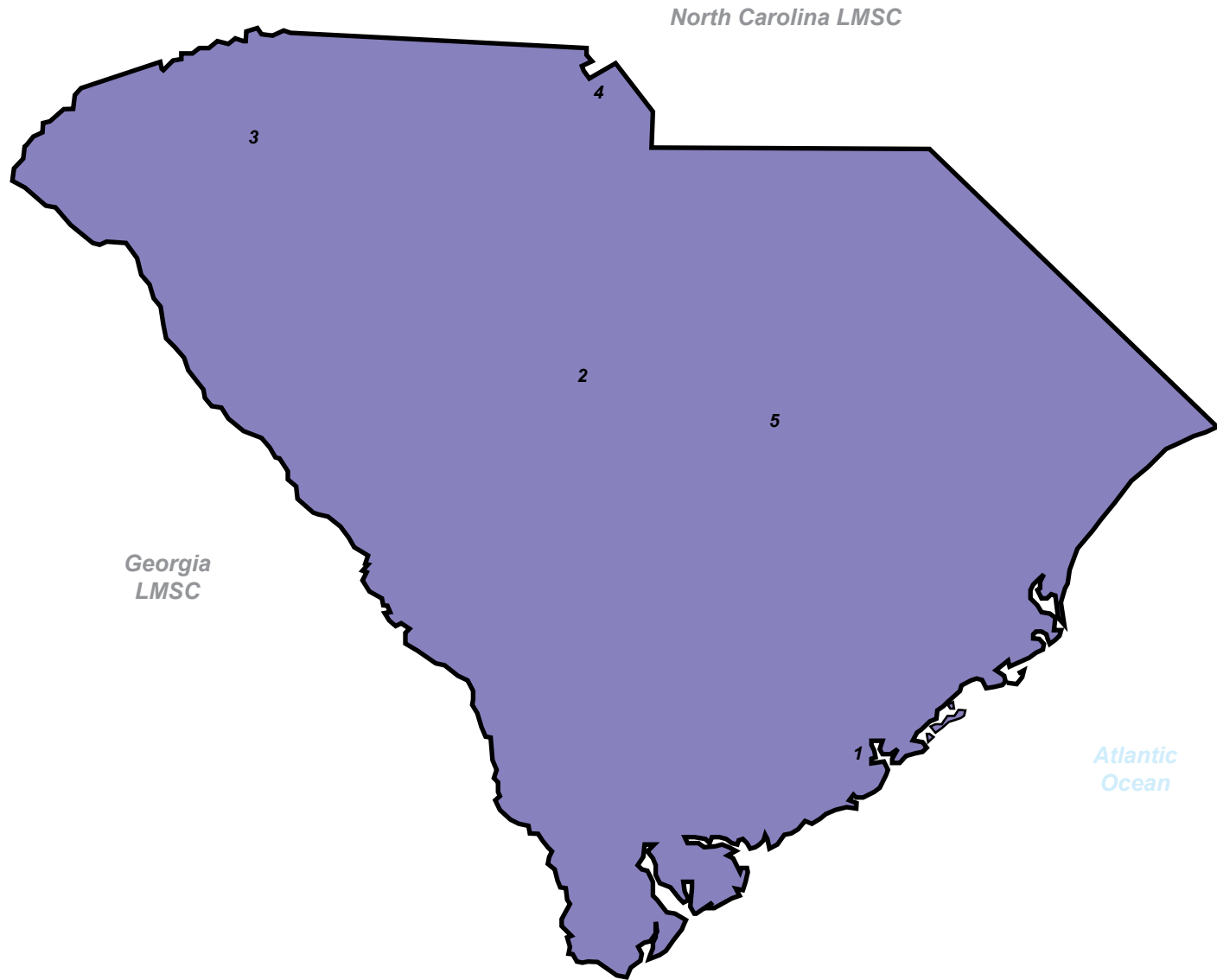
Local Masters Swimming Committee

The State of Idaho south of Idaho County. In the State of Nevada the counties of Elko, Eureka and White Pine. In the State of Oregon, Malheur County.

# South Carolina (SC / 55)

Local Masters Swimming Committee

The State of South Carolina.



Cities in SC LMSC

- 1 - Charleston
- 2 - Columbia
- 3 - Greenville
- 4 - Rock Hill
- 5 - Sumter

# South Dakota (SD / 54)

Local Masters Swimming Committee

The State of South Dakota.

## Cities in SD LMSC

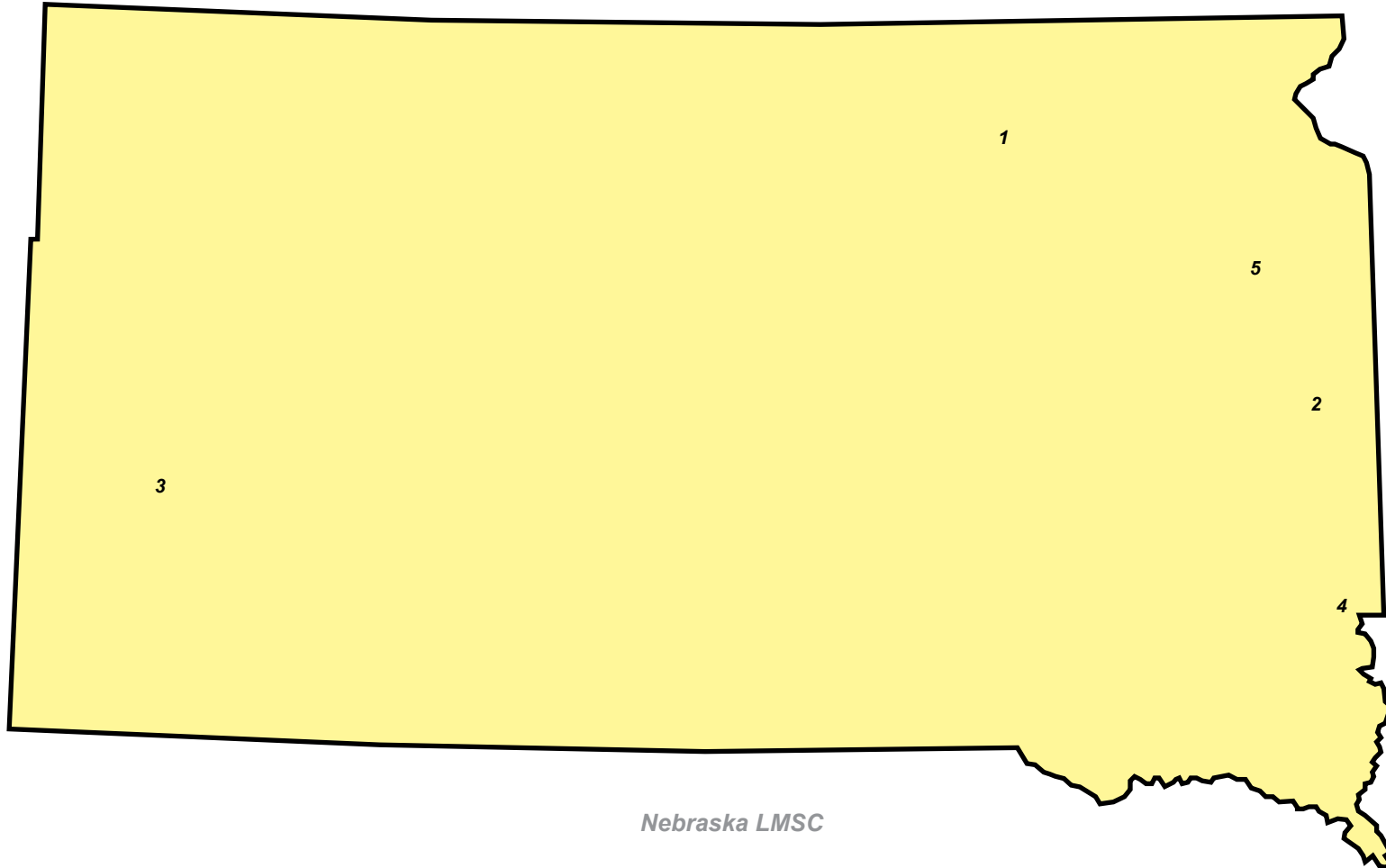
- 1 - Aberdeen
- 2 - Brookings
- 3 - Rapid City
- 4 - Sioux Falls
- 5 - Watertown

North Dakota LMSC

Montana  
LMSC

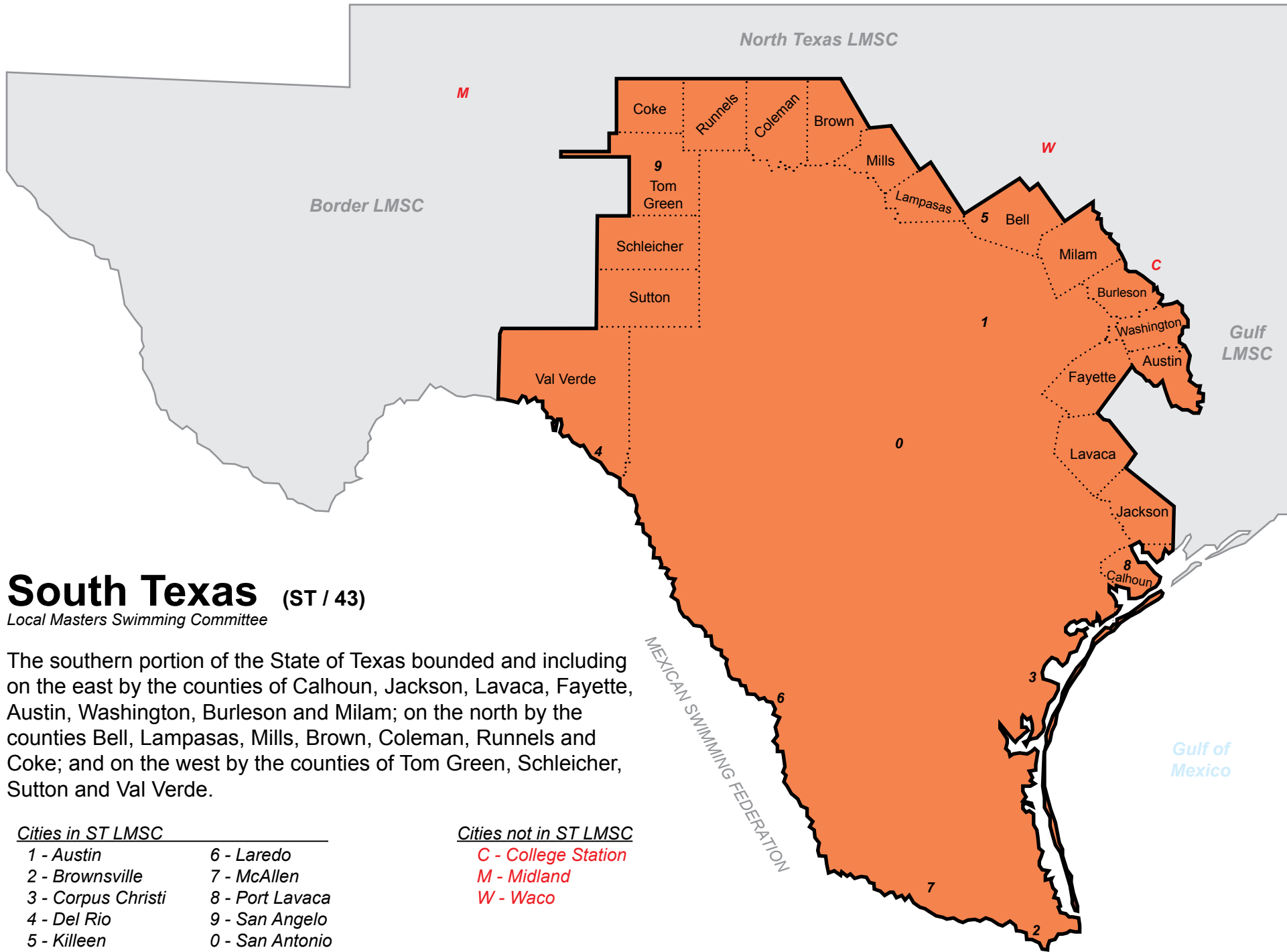
Minnesota  
LMSC

Colorado  
LMSC



Nebraska LMSC

Iowa  
LMSC



# South Texas (ST / 43)

Local Masters Swimming Committee

The southern portion of the State of Texas bounded and including on the east by the counties of Calhoun, Jackson, Lavaca, Fayette, Austin, Washington, Burleson and Milam; on the north by the counties Bell, Lampasas, Mills, Brown, Coleman, Runnels and Coke; and on the west by the counties of Tom Green, Schleicher, Sutton and Val Verde.

Cities in ST LMSC

- |                    |                 |
|--------------------|-----------------|
| 1 - Austin         | 6 - Laredo      |
| 2 - Brownsville    | 7 - McAllen     |
| 3 - Corpus Christi | 8 - Port Lavaca |
| 4 - Del Rio        | 9 - San Angelo  |
| 5 - Killeen        | 0 - San Antonio |

Cities not in ST LMSC

- C - College Station
- M - Midland
- W - Waco

# Southeastern (SE / 15)

Local Masters Swimming Committee

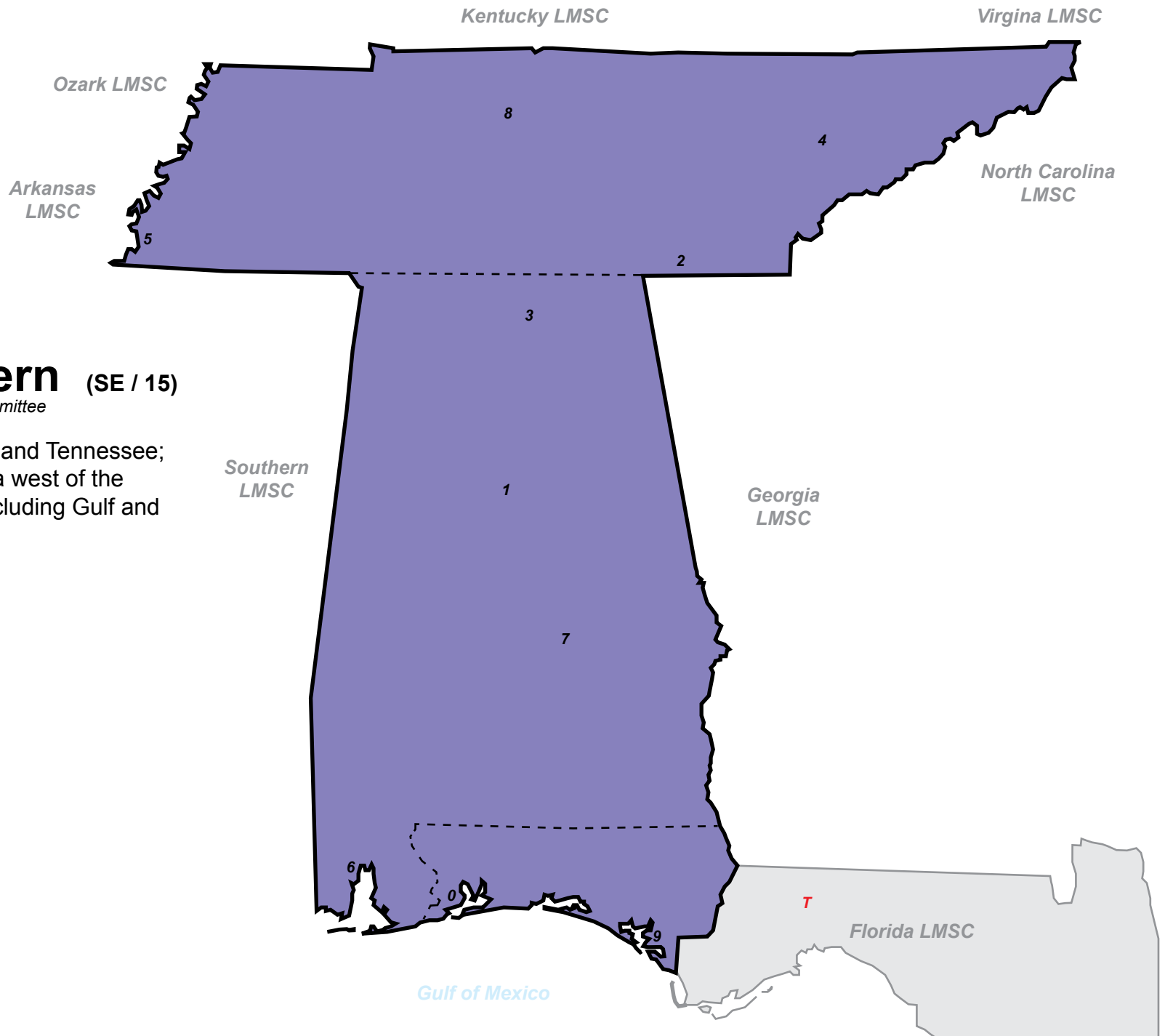
The states of Alabama and Tennessee; and the State of Florida west of the Apalachicola River, excluding Gulf and Franklin counties.

## Cities in SE LMSC

- 1 - Birmingham, AL
- 2 - Chattanooga, TN
- 3 - Huntsville, AL
- 4 - Knoxville, TN
- 5 - Memphis, TN
- 6 - Mobile, AL
- 7 - Montgomery, AL
- 8 - Nashville, TN
- 9 - Panama City, FL
- 0 - Pensacola, FL

## Cities not in SE LMSC

- T - Tallahassee, FL





# Southern (SO / 24)

Local Masters Swimming Committee

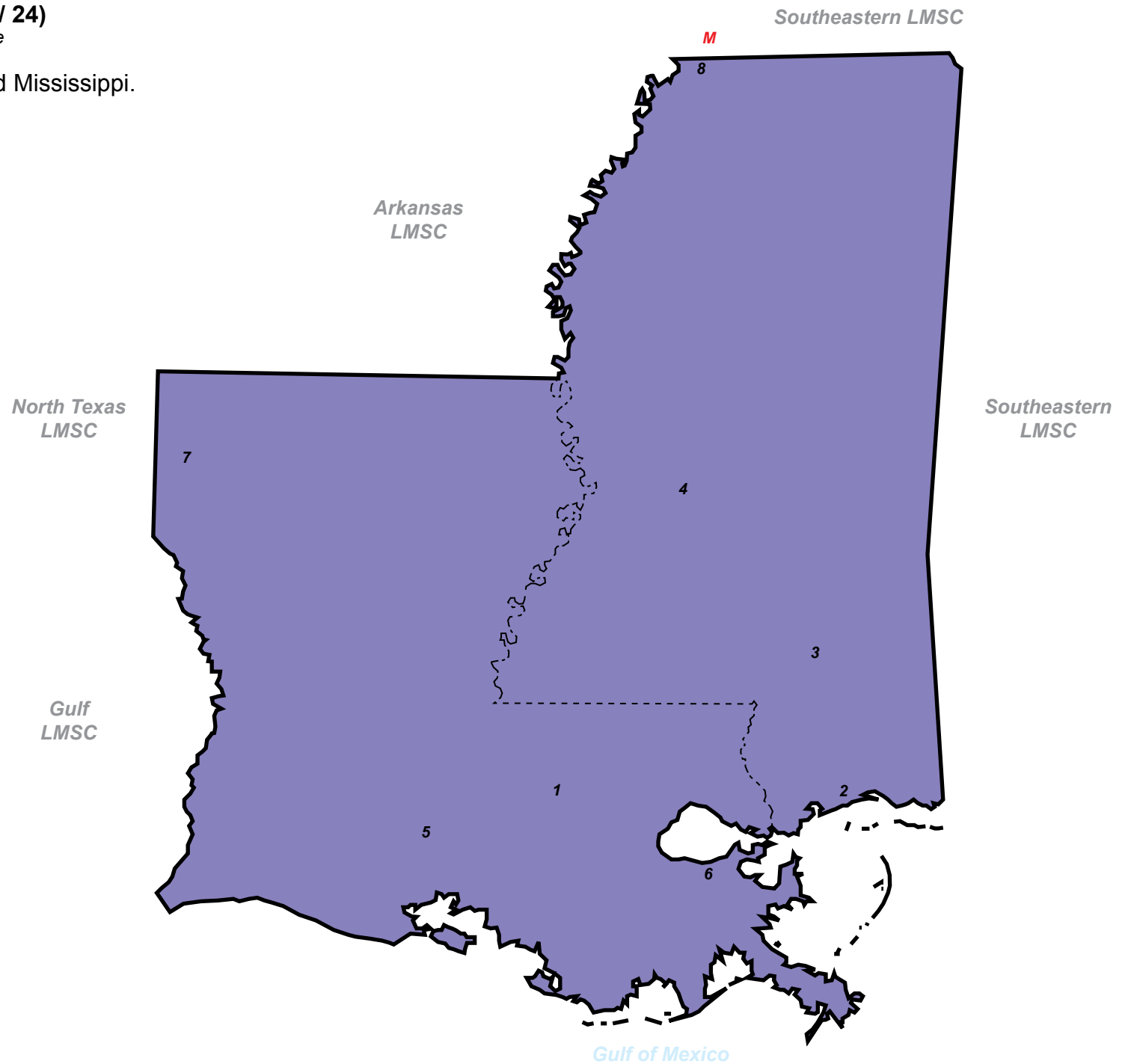
The states of Louisiana and Mississippi.

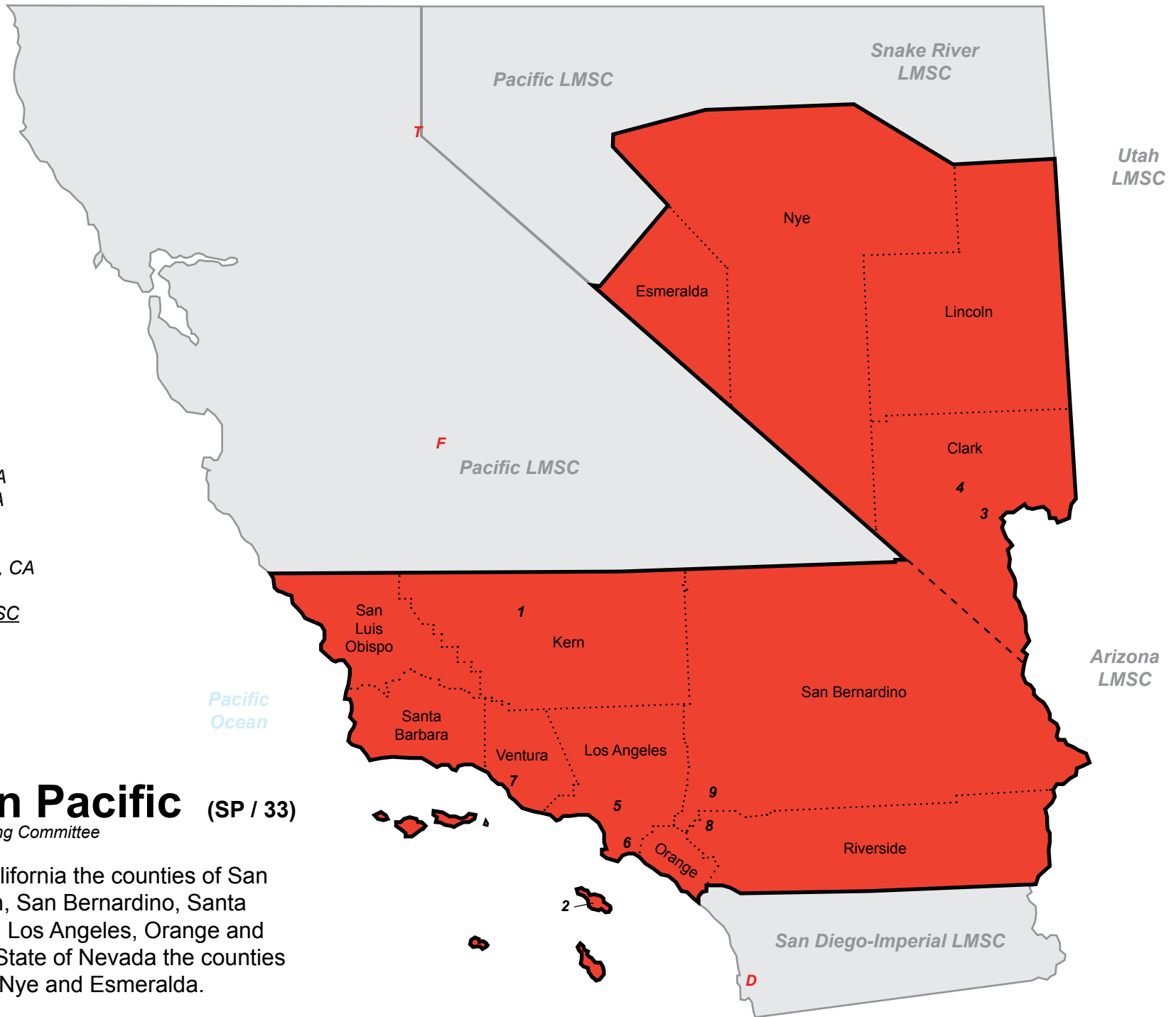
## Cities in SO LMSC

- 1 - Baton Rouge, LA
- 2 - Gulfport, MS
- 3 - Hattiesburg, MS
- 4 - Jackson, MS
- 5 - Lafayette, LA
- 6 - New Orleans, LA
- 7 - Shreveport, LA
- 8 - Southaven, MS

## Cities not in SO LMSC

- M - Memphis, TN*





Places in SP LMSC

- 1 - Bakersfield, CA
- 2 - Catalina island
- 3 - Henderson, NV
- 4 - Las Vegas, NV
- 5 - Los Angeles, CA
- 6 - Long Beach, CA
- 7 - Oxnard, CA
- 8 - Riverside, CA
- 9 - San Bernardino, CA

Places not in SP LMSC

- F - Fresno, CA
- D - San Diego, CA
- T - Lake Tahoe

# Southern Pacific (SP / 33)

Local Masters Swimming Committee

In the State of California the counties of San Luis Obispo, Kern, San Bernardino, Santa Barbara, Ventura, Los Angeles, Orange and Riverside. In the State of Nevada the counties of Clark, Lincoln, Nye and Esmeralda.

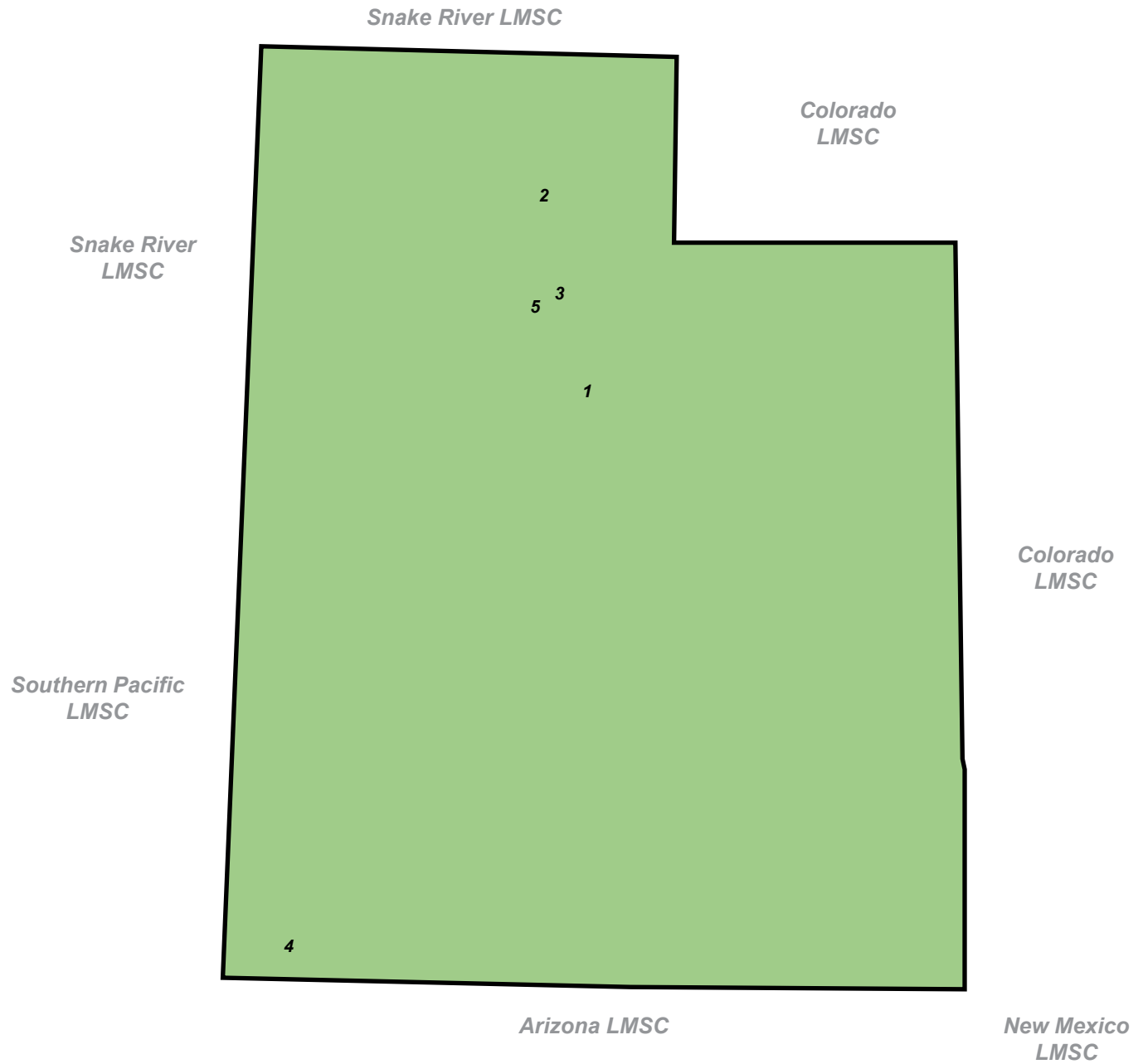
# Utah (UT / 34)

Local Masters Swimming Committee

The State of Utah.

## Cities in UT LMSC

- 1 - Provo
- 2 - Ogden
- 3 - Salt Lake City
- 4 - St. George
- 5 - West Valley City



# Virginia (VA / 12)

Local Masters Swimming Committee

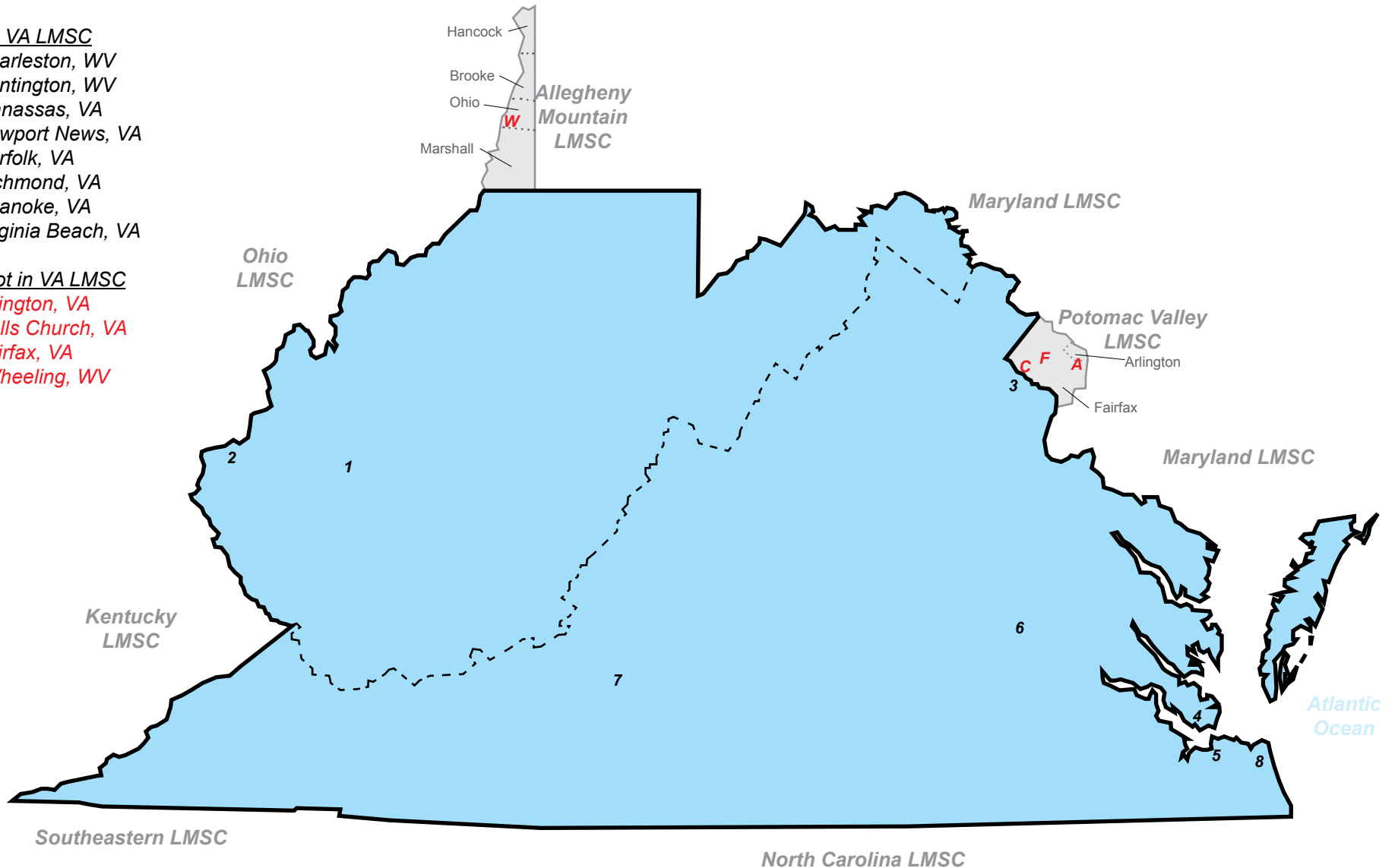
The Commonwealth of Virginia except the counties of Arlington and Fairfax and the cities of Alexandria, Fairfax and Falls Church. The State of West Virginia except the counties of Hancock, Brooke, Ohio and Marshall.

## Cities in VA LMSC

- 1 - Charleston, WV
- 2 - Huntington, WV
- 3 - Manassas, VA
- 4 - Newport News, VA
- 5 - Norfolk, VA
- 6 - Richmond, VA
- 7 - Roanoke, VA
- 8 - Virginia Beach, VA

## Cities not in VA LMSC

- A - Arlington, VA
- C - Falls Church, VA
- F - Fairfax, VA
- W - Wheeling, WV



# Wisconsin (WI / 20)

Local Masters Swimming Committee

The State of Wisconsin except the counties of St. Croix, Dunn and Pierce.

## Cities in WI LMSC

- 1 - Eau Claire
- 2 - Green Bay
- 3 - Kenosha
- 4 - Madison
- 5 - Milwaukee
- 6 - Racine

